

June 26-28 | Hilton Sedona Resort at Bell Rock

2026

PIRR

Pediatrics in the Red Rocks



Course Description and Intended Audience

[Pediatrics in the Red Rocks](#), a continuing medical education (CME) activity provided by the Arizona Chapter of the American Academy of Pediatrics (AzaAP), is a well-respected educational event attended by Arizona's pediatric community. The conference is a three-day post-graduate course held in beautiful Sedona, AZ, which combines lectures, case presentations, question and answer sessions, and workshops with time for informal interaction with the guest faculty and peers. The conference has been designed with the goal to develop, maintain, and increase the knowledge, skills, and professional performance of pediatric healthcare professionals (including general pediatricians, pediatric subspecialists, residents/fellows, nurses, and physician assistants) by providing them with the highest quality, most relevant and accessible educational experiences possible.

Register Now

Need assistance registering? Contact us – we are here to help!

pirr@azaap.org 602-532-0137 ext. 406

Arizona Chapter

INCORPORATED IN ARIZONA

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®





Course Credit

AMA PRA Category 1 Credits™

The Arizona Chapter of the American Academy of Pediatrics is accredited by the Arizona Medical Association to provide continuing medical education for physicians.

The Arizona Chapter of the American Academy of Pediatrics designates this live course educational activity for a maximum of 15.25 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

MOC Part 2 Points

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of and feedback to the learner, enables the participant to earn 10.75 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

Meet the Experts

The 2026 Pediatrics in the Red Rocks Conference features distinguished faculty presenting topics that highlight the most recent advances and current issues in pediatrics. This year's conference features a wide array of interesting clinical topics to help you gain extensive insight in the following practice areas: Infectious Disease, Developmental and Behavioral Pediatrics, Ophthalmology, Adolescent Health, Rheumatology, Nutrition, Otolaryngology, Psychiatry, Neonatology, and Advocacy.

DISTINGUISHED FACULTY:

Geoffrey Thiele, MD

Assistant Clinical Professor, Division of Rheumatology, University of Arizona College of Medicine
Phoenix, AZ

Dannah Raz, MD, MPH, FAAP

Phoenix Children's, Division Chief of Developmental and Behavioral Pediatrics
Phoenix, AZ

Susan Kressly, MD, FAAP

Immediate Past President, American Academy of Pediatrics
Palm Coast, FL

Nathan Price, MD, FAAP

Associate Professor of Pediatrics, University of Arizona College of Medicine Banner University Medical Center
Tucson, AZ

Christina Valentine, MD, MS, RDN, FAAP, FASPEN

Chief Medical Officer, Kate Farms Nutrition
Terrace Park, OH

Nathan Page, MD, FAAP

Phoenix Children's, Division Chief of Otolaryngology
Phoenix, AZ

Shivana Naidoo, MD, DABPN, DFAACAP

Attending at Bradley REACH
Clinical Assistant Professor of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University
Founder of DoBetterMD
Chandler, AZ

Jacquelin Esque, MD

Assistant Professor of Psychiatry,
Co-Director Arizona Pediatric Psychiatry Access Line (APAL)
Banner University Medical Group
University of Arizona College of Medicine
Tucson, AZ

Jason Couch, DO, FAAP

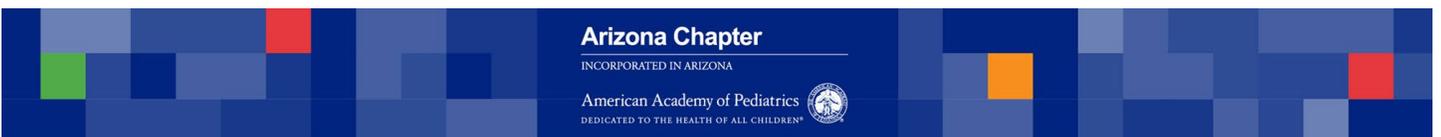
Neonatologist, Valleywise Health Medical Center
Assistant Professor of Pediatrics, Creighton University
Phoenix, AZ

James O'Neil, MD

Phoenix Children's, Department of Ophthalmology
Phoenix, AZ

^aAzAAP Policy on Disclosure of Financial Relationships and Mitigation of Conflicts of Interest for AzAAP CME Activities^{®a}

This policy is designed to ensure quality, objective, balanced, and scientifically rigorous AzAAP provided or jointly provided CME activities by identifying and mitigating all potential conflicts of interest prior to the confirmation of service of those in a position to influence and/or control CME content. AzAAP has taken steps to mitigate any potential conflicts of interest. The purpose of this policy is to ensure all potential conflicts of interest are identified and mechanisms to mitigate them prior to the CME activity are implemented in ways that are consistent with the public good. The AzAAP is committed to providing learners with commercially unbiased CME activities. The content of this CME activity does not necessarily reflect the views or policies of the AzAAP.





Thursday, June 25

5:30pm – Attendee Registration
7:00pm – AzAAP Welcome Reception

Friday, June 26

6:15am – Registration/Breakfast/Exhibit Areas
7:15am

7:15am – Welcome & Conference Overview
7:25am

7:25am – **Lecture: Nutrition in the First 1,000 Days**
8:10am **(Christina Valentine, MD, MS, RDN, FAAP, FASPEN)**

- Describe the definition of the first 1,000 days
- Outline key nutrients for fetal and infant development
- Highlight food sources and guidelines for pregnancy and lactation

8:15am – **Lecture: Ouch! Rheumatologic Approach to Joint Pain and Arthritis**
9:00am **(Geoffrey Thiele, MD)**

- Describe the characteristic history and exam findings of arthritis
- Differentiate between joint pain that is inflammatory vs non-inflammatory
- Determine the need for Rheumatologic evaluation in a patient with joint pain
- Recognize the different types of childhood arthritis and their treatments

9:05am – Panel Q&A
9:20am

9:20am – Refreshment Break in the Exhibit Areas
9:50am

9:50am – **Lecture: Caring for Children with Autism in the Medical Home: Beyond the Diagnosis**
10:35am **(Dannah Raz, MD, MPH, FAAP)**

- Analyze the heterogeneous nature of the autism spectrum
- Evaluate the efficacy and appropriateness of various therapeutic interventions
- Identify and manage common medical comorbidities in children with ASD

10:40am –
11:25am

Lecture: Concussion and Youth Suicide Risk
(Shivana Naidoo, MD, DABPN, DFAACAP)

- Review evidence for risk of depression and suicidal ideation for concussed youth
- Examine parallels between concussion and depression
- Assess how psychosocial interventions can help manage post concussed pediatric patients with mental health sequelae
- Propose GO SECURE acronym to help mitigate risk of suicide in concussed youth via reducing access to lethal means

11:30am –
11:45am

Panel Q&A

11:45am –
12:15pm

Refreshment Break in the Exhibit Areas

12:20pm –
1:50pm

Chapter Annual Luncheon (Non-CME)
Resilience in the Face of Adversity
(Susan Kressly, MD, FAAP)

2:05pm –
2:50pm

Lecture: Targeting Pediatric Malnutrition
(Christina Valentine, MD, MS, RDN, FAAP, FASPEN)

- Describe the prevalence of malnutrition in Pediatrics
- Outline key nutritional gaps
- Facilitate new screening tools and management strategies for improving nutrition in practice

2:55pm –
3:40pm

Lecture: Pediatric Coccidioidomycosis
(Nathan Price, MD, FAAP)

- Describe the epidemiology of Coccidioides
- Choose and interpret the appropriate diagnostic tests
- Decide when and how pediatric Cocci infection needs to be treated

3:45pm –
4:00pm

Panel Q&A

4:00pm

Adjourn



Saturday, June 27

6:15am –
7:15am

Registration
Breakfast in the Exhibit Areas

7:15am –
8:45am

Workshops – Attendees choose from one of the following two sessions

Choice A—Workshop: Walking People Back from the Vaccine Cliff: The Ins and Outs of Vaccines and How to Combat the Myths and Misinformation (Nathan Price, MD, FAAP)

- Describe the changing epidemiology of vaccine preventable illnesses
- Describe the safety and efficacy of vaccines
- Refute common vaccine myths

Choice B—Workshop: Psych Office Hours: Education & Case Consultation (Shivana Naidoo, MD, DABPN, DFAACAP & Jacquelin Esque, MD)

- Identify 3-4 main questions from a patient case that can be used as teaching points
- Demonstrate how a psychiatrist works through a differential and establishes a working diagnosis
- Explore evidence-based medication treatment options, discuss their indications, side effects and risk vs. benefits to help providers consider next steps of treatment for mental health concerns
- Review non pharmacologic interventions- i.e.- psychosocial interventions, family dynamics, school communication, lifestyle modifications- for symptom management practical to primary care
- Increase provider preparedness by 70% re: medication intervention for mental health symptoms

8:45am –
9:15am

Refreshment Break in the Exhibit Areas

9:15am –
10:00am

Lecture: Strengthening Your Role as a Trusted Messenger (Susan Kressly, MD, FAAP)

- Recognize the state of public trust and its impact on pediatric messages
- Recognize why both evidence and compassion matter in pediatric messaging
- Identify two things you can do in your practice to build and strengthen trust with patients and families

10:05am –
10:50am

Lecture: Transition to Adulthood: The "Cliff" for Neurodiverse Youth (Dannah Raz, MD, MPH, FAAP)

- Summarize the timeline for transition planning
- Compare and contrast legal options for autonomy
- Formulate a formal "Transition Readiness" plan

10:55am –
11:40am

Lecture: The Post Psychiatric Hospitalization Visit - Efficient Interventions for Primary Care Providers (Shivana Naidoo, MD, DABPN, DFAACAP)

- Describe the unique challenges of a post psychiatric hospitalization visit in outpatient primary care and Recognize how managing these challenges can contribute to professional burnout
- Review strategies to manage our own reactions in effort to amplify our efficiency during this stressful assessment
- Propose the CLEAR protocol which can help organize this visit and maximize effective interventions
- Integrate responsible prescribing practices, risk assessment and reduction of access to lethal means strategies to ensure safe planning for stepping down from inpatient psychiatric care to outpatient primary care

11:45am –
12:15pm

Panel Q&A

12:15pm –
1:15pm

Lunch on Your Own

1:15pm –
2:45pm

Afternoon Workshops – Attendees choose from one of the following two sessions

Choice A—Workshop: Lupus, Dermatomyositis, and the Ever-Confusing ANA Test (Geoffrey Thiele, MD)

- Recognize the basic principles of pathophysiology of lupus
- Identify signs and symptoms of lupus and JDM
- Differentiate between SLE, drug-induced lupus, and neonatal lupus
- Recognize how Rheumatologists diagnose lupus and JDM

Choice B—Workshop: Pediatric Vision and Hearing Screening in Arizona

- (James O'Neil, MD & Nathan Page, MD, FAAP)**
- Appreciate the importance of vision and hearing screenings throughout childhood
 - Recognize methods and recommendations for vision and hearing screening
 - Review current status of vision and hearing screening in Arizona
 - Discuss current technologies that enhance screening and treatment

2:45pm

Adjourn

3:30pm –
5:00pm

AzAAP "Life After Residency" Career Fair

5:30pm –
7:00pm

AzAAP Poster Session Happy Hour

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Sunday, June 28

6:15am –
7:15am

Breakfast on the Canyon Patio

7:15am –
8:45am

Workshops – Attendees choose from one of the following two sessions

Choice A— Workshop: You Screened for Autism Now What? A Case-Based Workshop for Pediatricians

(Dannah Raz, MD, MPH, FAAP)

- Differentiate between concerns that would require immediate specialty referral and developmental delays that can be managed in the medical home
- Practice delivering a preliminary diagnosis of autism to families using empathetic, culturally sensitive, and jargon-free communication
- Navigate the Arizona-specific referral landscape, ensuring referral locations are appropriate and correct documentation is provided

Choice B—Workshop: Congenital CMV in Arizona: Screening, Management, and What Pediatricians Should Do Now

(Nathan Page, MD, FAAP & Jason Couch, DO, FAAP)

- Describe the epidemiology and clinical spectrum of congenital cytomegalovirus (cCMV), including asymptomatic infection, isolated sensorineural hearing loss, and symptomatic disease
- Compare targeted (hearing-based) and universal screening strategies for cCMV, including advantages, limitations, and implications for pediatric practice in Arizona
- Develop an evidence-based management plan for infants diagnosed with cCMV, including appropriate diagnostic evaluation, indications for antiviral therapy, and recommended specialty referrals
- Counsel families regarding prognosis, risk of delayed-onset hearing loss, and recommended longitudinal audiological and developmental follow-up

8:45am –
9:00am

Morning Break and Coffee Stations

9:00am –
9:45am

Lecture: Fever, Rashes, and Rheumatology... Oh My (Geoffrey Thiele, MD)

- Define prolonged fever vs recurrent fevers
- Identify rashes that are typical for Rheumatologic conditions
- Describe the initial evaluation in a patient with recurrent/prolonged fevers
- Select the appropriate testing that can be done by primary care providers for recurrent fevers

9:50am –
10:35am

Lecture: Musculoskeletal Infections in Children (Nathan Price, MD, FAAP)

- Recognize the signs and symptoms of serious bacterial musculoskeletal infection in children
- Choose and interpret the appropriate diagnostic tests
- Choose appropriate antibiotic therapy for MSK infection

10:40am –
11:25am

Lecture: Reshaping the Future of Pediatric Healthcare Delivery (Susan Kressly, MD, FAAP)

- Review the drivers shaping current delivery models
- Reimagine pediatric care delivery through a family-centered lens
- Explore the impacts of moving from transactional to relational healthcare delivery

11:30am –
11:45am

Panel Q&A

12:00pm

**Closing Remarks
Adjourn**



Conference Activities



Welcome Reception

THURSDAY (June 25) 5:30pm–7:00pm

Come early to gather your name tag, registration packet, and other conference materials and join us for a Welcome Reception on the Hilton Canyon Patio as we kick-off the conference. The reception is a chance to network with pediatric colleagues and AzAAP leadership. This event is open to all attendees and guests and includes light appetizers and beverages.

There is no charge for this event; all attendees and guests are welcome.

Please indicate if you and your guests plan to participate in your conference enrollment.

AzAAP Member Town Hall and Luncheon

FRIDAY (June 26) 12:20pm–1:50pm

Join us to hear how AzAAP members, committees and programs are moving the AzAAP mission forward. The annual membership meeting is focused on the powerful influence of AzAAP members and will highlight the organization's recent successes as well as look at the year ahead of us. Come learn what the organization is doing for members and children in Arizona.

Our plenary speaker this year is Dr. Susan Kressly speaking on Resilience in the Face of Adversity. Attendees will explore strategies to strengthen resilience and remain hopeful while facing significant challenges. Themes will include grounding ourselves in our humanity, creating a safe, stable, nurturing community and redefining success.

There is no charge for AzAAP members. Guests/Non-Members: \$65 lunch ticket.

Please indicate if you and your guests plan to participate in your conference enrollment.

Exhibit Hall

FRIDAY (June 26) and SATURDAY (June 27)

In addition to the robust clinical education, the course offers exclusive access to a live exhibit hall. Conference attendees have the opportunity to visit the exhibit hall to view organizations and companies offering solutions and resources for pediatric providers and practices. By checking-in at the booths, you will be entered in the exhibit hall passport contest and eligible to win prizes offered by AzAAP. Exhibitors are neither sponsored nor endorsed by the Arizona Chapter of the American Academy of Pediatrics. Please reference agenda for exhibit hall breaks.

“Life After Residency” Career Fair

SATURDAY (June 27) 3:30pm–5:00pm

AzAAP is providing residents and early career physicians an opportunity to meet and network with employers and leaders in the field of pediatrics at the “Life After Residency” Career Fair. Join us in learning more about open positions, job requirements, company expectations, and much more, at our second annual career fair. Please indicate if you plan to participate in your conference enrollment.

There is no charge for attendees at the career fair.

Poster Session Happy Hour

SATURDAY (June 27) 5:30pm–7:00pm

In conjunction with the course, attendees have exclusive access to a family friendly poster gallery and reception. The poster session provides a venue to learn about research, case presentations, and innovative and effective educational programs, as well as showcase unique community projects.

This event is open to all attendees and guests and includes light appetizers and beverages. Please indicate if you and your guests plan to participate in your conference enrollment.

There is no charge for this event; all attendees and guests are welcome.

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Disclosures and Policies

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Recording Disclosure

AZAAP may take pictures and/or video recordings throughout this activity for use in educational presentations and AZAAP publications.

Disclosure of Financial Relationships & Mitigation of Conflict of Interest

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Member & Non Member Rates

As a benefit to AZAAP members, there are discounted rates available for those who are in good standing with their AZAAP membership status. If registered at the member rate, but current membership dues are not in good standing, registrant will be invoiced for the remaining difference for the non-member rate prior to the launch of the conference.

Early registration discount: Note the significant dollar savings by going online, faxing or mailing your registration on or before May 15, 2026.

Food breaks: Breakfasts and snacks at conference breaks (including reception appetizers and drinks) for attendees are provided free of charge at the designated times listed in the enclosed agenda. You are welcome to purchase meals for non-attendees and guests when you register for the conference. We appreciate you doing this ahead of time so we can plan accordingly for food/beverage counts.

Syllabus

Pediatrics in the Red Rocks is a GREEN conference. Attendees will be provided with an electronic syllabus link to access the course handouts prior to, during and 30 days after the meeting.



Worry-Free Cancellation Policy

You may cancel your conference registration at any time until May 29, 2026, for a tuition refund minus a \$75 administrative fee. All registration cancellations must be sent in writing to PIRR@azaap.org by May 29, 2026. All refunds will be processed after the conference.

Payment Methods

You can pay by check or credit card (VISA, MasterCard, American Express, Discover). You will receive a receipt and confirmation email once registration is complete.

Questions

Please contact the Arizona Chapter of American Academy of Pediatrics office with any questions regarding your registration or other conference-related issues. Phone: (602) 532-0137 ext. 406
Email: PIRR@azaap.org.

Thank You

A very special thanks goes out to AZAAP's Continuing Medical Education (CME) Committee members for their time and dedication in planning and preparing for the course, as well as to our exhibitors and sponsors for their participation.

Exhibitor and sponsor participation helps support the annual conference as well as AZAAP's advocacy efforts throughout the year – we appreciate the time you take to visit the exhibit hall and sponsor activities available to attendees during the course.

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Accommodations



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Special Rates

We've reserved a block of discounted rooms specifically for conference attendees - a special discount code to access the room block will be sent to you in your confirmation email after registering for the course. Space is limited!

Rooms are being held at reduced rates for:

All room types
\$314.00 USD/Night*
(This includes the \$15.00 per night resort fee)

2 QUEEN BED DELUXE ROOM W/
BALCONY OR PATIO
This 350-416 sq. ft. two queen bed guest room has a cozy sitting area, along with a private patio or balcony. In-room amenities include a desk and workspace, gas fireplace, mini-fridge and wet bar. The bath offers a separate vanity area, deluxe bath products and cozy bathrobes.

1 KING 1 BEDROOM SUITE WITH
PARLOR-FIREPLACE
Enjoy a separate living area, private patio or balcony and a private bedroom with this 548-615 sq. ft. one king bed suite. Upscale amenities include two flat-screen TVs, a queen-sized sofa bed, wet bar, mini-fridge and a gas fireplace. The bath offers a separate vanity area, deluxe bath products and cozy bathrobes.

A Destination Location

Enjoy Beautiful Sedona, Arizona

The 2026 Pediatrics in the Red Rocks Conference is returning to the Sedona Hilton Resort at Bell Rock! The Hilton is a Luxury Golf Resort located amidst the spectacular beauty of Northern Arizona's Red Rock Country in the heart of Sedona. The location is simply magical! The resort offers exquisite two room suites and deluxe guest rooms featuring their own fireplace, flat panel LCD televisions, private balcony or patio and high-speed internet access. All accommodations feature small refrigerators, and microwave ovens.

We invite you to relax by one of our two sparkling pools and enjoy a sumptuous meal in the ShadowRock Tap + Table. The Hilton Sedona Resort and Spa is Sedona's only spa and golf resort. Sports enthusiasts can take advantage of the onsite 18-holes championship golf course or enjoy a game of tennis. The resort's Eforea® Spa offers signature body treatments that will take you on one of three unique journeys. Included in your stay will be complimentary access to the spa's fitness facility. Work out in the resort's 2,500 square foot state of the art Precor fitness room or take advantage of the fitness classes. After the workout, enjoy the facility's steam rooms, saunas and jacuzzis.

Please visit the website at www.hiltonsedonaresort.com and call 1-877-273-3762 to book your spa appointments or tee times. The resort concierge will be happy to assist you plan your stay.



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Registration Fees

AZ Chapter Member

	<u>Early*</u>	<u>After 5/15/2026</u>
Physician	\$430	\$480
Emeritus/Retired	\$220	\$270
Nurse, NP, Allied Health	\$265	\$315
Resident/Medical Student**	\$210	\$260

Non-AZ Chapter Member

	<u>Early*</u>	<u>After 5/15/2026</u>
Physician	\$550	\$600
Emeritus/Retired	\$245	\$295
Nurse, NP, Allied Health	\$375	\$425

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