

Sylvia Virbulis, DPM

Sylvia Virbulis, DPM, is the current president of the American Podiatric Medical Association (APMA). Dr. Virbulis practices part-time in her private practice of more than 30 years and part-time at the W.G. (Bill) Hefner Salisbury Department of Veterans Affairs Medical Center, where she is now in her 17th year. She is active with the North Carolina Foot and Ankle Society (NCFAS), where she has served in many roles, including NCFAS scientific chair and president.

Dr. Virbulis has been active on a variety of APMA committees. She was a delegate from North Carolina to APMA's House of Delegates and ultimately was chief delegate for several years. She was elected to the Board of Trustees in 2012.

Dr. Virbulis says working at the VA has made her practice of podiatric medicine much richer. "How wonderful is it that podiatry has allowed me to have an impact on our warriors' care?"

Dr. Virbulis completed her undergraduate degree at Calvin College in Grand Rapids, MI. She received her DPM degree from the Dr. William M. Scholl College of Podiatric Medicine and completed her surgical residency training at the former Greater Omaha Podiatric Residency program. The program included a rotation through the Des Moines University College of Podiatric Medicine and Surgery as resident faculty.

In her spare time, Dr. Virbulis is an avid traveler who has made it her goal to visit all seven continents.

