



SAFETY SPHERE

EXPERT HEALTH AND SAFETY CONSULTATION SERVICES

Guide to CDM 2015

What is CDM 2015?

CDM 2015 stands for the Construction (Design and Management) Regulations 2015. These regulations were introduced in the UK to improve health and safety in the construction industry by ensuring that everyone involved in a construction project takes responsibility for managing risks and complying with health and safety requirements.

Tips to comply with CDM 2015:

1. **Appoint a competent principal designer:** The principal designer is responsible for coordinating health and safety during the design phase of the project. You must appoint a competent person or organisation to fulfil this role.
2. **Appoint a competent principal contractor:** The principal contractor is responsible for coordinating health and safety during the construction phase of the project. You must appoint a competent person or organisation to fulfil this role.
3. **Prepare a health and safety file:** You must prepare a health and safety file that contains information about the construction project and any risks that may be present. The file must be updated throughout the project and handed over to the client at the end of the project.
4. **Carry out a risk assessment:** You must carry out a risk assessment before the project starts and identify any hazards that may be present. You must then take steps to eliminate or reduce the risks associated with these hazards.
5. **Provide information, instruction, and training:** You must provide information, instruction, and training to anyone who is working on the project, including employees and subcontractors. This includes information about the risks associated with the work and the measures that have been put in place to control those risks.
6. **Ensure that workers are consulted and involved in the project:** Workers must be consulted and involved in the project from the start. This includes consulting with them about the risks associated with the work and involving them in the decision-making process.

By following these tips, you can help ensure that your construction project complies with CDM 2015 and is carried out safely and efficiently.

The different roles and responsibilities under CDM 2015:

Under CDM 2015, there are a number of different roles and responsibilities that must be fulfilled to ensure that construction projects are carried out safely and in compliance with the regulations. Here are some of the key roles and responsibilities:

1. **Client:** The client is the person or organisation that commissions the construction work. Their responsibilities include making sure that the project is set up and managed in compliance with CDM 2015, and that the principal designer and principal contractor are appointed.
2. **Principal designer:** The principal designer is responsible for coordinating health and safety during the design phase of the project. Their responsibilities include identifying, eliminating or controlling foreseeable risks, ensuring that design work is carried out safely, and preparing the health and safety file.
3. **Principal contractor:** The principal contractor is responsible for coordinating health and safety during the construction phase of the project. Their responsibilities include preparing a construction phase plan, ensuring that suitable welfare facilities are provided, and making sure that work is carried out safely.
4. **Designer:** Designers are responsible for ensuring that their designs are safe and that they comply with health and safety requirements. They must also provide information about the design to the principal designer and the principal contractor.
5. **Contractor:** Contractors are responsible for carrying out work safely and in compliance with health and safety requirements. They must also cooperate with the principal designer and the principal contractor to ensure that health and safety risks are managed effectively.
6. **Worker:** Workers have a duty to take care of their own health and safety and to cooperate with their employer to ensure that health and safety risks are managed effectively. They must also report any health and safety concerns to their employer.

By fulfilling these roles and responsibilities, everyone involved in a construction project can work together to ensure that the project is carried out safely and in compliance with CDM 2015.