

FEMALE EVENTS	CHAMPIONSHIP ELITE	NATIONAL ELITE	FRESHMAN ELITE	MIDDLE SCHOOL
60m	7.90	8.15	8.45	OPEN
	Can Qualify with 55m using times below			
	7.4	7.63	7.94	
200m	25.80	26.30	28.00	OPEN
	Can Qualify with 300m using times below			
	41.00	43.30	45.0	
400m	59.00	1:00.50	1:05.00	OPEN
	Can Qualify with 500m using times below			
	1:17.69	1:21.00	1:25.50	
800m	2:21.00	2:28.00	X	OPEN
	Can Qualify with 1000m using times below			
	3:02.40	3:10.00		
1 Mile	5:09.60	5:23.00	5:50.00	OPEN
	Can Qualify with 1600m using times below			
	5:07.63	5:21.00	5:48.00	X
	Can Qualify with 1500m using times below			
2 Mile	4:49.60	4:97.00	5:28.00	X
	11:12.00	11:35.00	X	OPEN
	Can Qualify with 3200m using times below			
	11:07.00	11:31.00		
1 Mile Racewalk	Can Qualify with 3000m using times below			
	10:44.00	10:55.00		
	8:54.00	X	X	X
FEMALE EVENTS	CHAMPIONSHIP ELITE	NATIONAL ELITE	FRESHMAN ELITE	MIDDLE SCHOOL
	9.27	9.80	10.00	OPEN
	Can Qualify with 55mh using times below			
60mh	8.67	9.20	9.4	
4 x 200m Relay	1:47.00	1:49.90	X	X
4 x 400m Relay	4:05.00	4:18.00	X	X
4 x 800m Relay	9:52.00	10:24.00	X	X
FEMALE EVENTS	CHAMPIONSHIP ELITE	NATIONAL ELITE	FRESHMAN ELITE	MIDDLE SCHOOL
1600m Sprint Medley Relay	4:27.00	4:40.00	X	X

<b>Distance Medley Relay 4000m</b>	Top 30 Teams Guarantee Entry	X	X	X
<b>Shuttle Hurdle Relay</b>	Top 30 Teams Guarantee Entry	X	X	X
<b>Long Jump</b>	18-2	17-2	15-2	OPEN
<b>Triple Jump</b>	36-2	32-0	X	X
<b>High Jump</b>	5-02.25	5-0	4-10	OPEN
<b>Pole Vault</b>	11-10	11-0	X	OPEN
<b>Shot Put</b>	40-0	32-0	28-0	OPEN
<b>Weight Throw</b>	Top 30 Entries	X	X	X
<b>Pentathlon</b>	Top 20 Entries	X	X	X
<b>MIXED EVENTS</b>	<b>CHAMPIONSHIP</b>	<b>NATIONAL ELITE</b>	<b>FRESHMAN</b>	<b>MIDDLE SCHOOL</b>
<b>4 x 400 Mixed Relay</b>	3:45.00	X	X	X
* Notes - Composite Scores Allowed for the Multi-Events and All Relays				