

### **Packet Pickup Times**

Thursday 3/19: 5:00-9:00pm

Friday 3/20: 7:00am-9:00pm

Saturday 3/21: 7:00am-8:00pm

Sunday 3/22: 7:00am-4:00pm

### **Friday, March 20th, 2026 (Track open track 7:00am - 8:00am)**

#### **RUNNING EVENTS**

8:00 AM Boys Championship 60mH Pentathlon  
9:15 AM Girls Middle School Two Mile Run Final on Time  
9:30 AM Boys Middle School Two Mile Run Final on Time  
9:50 AM Girls Middle School 60m Hurdles Semi-Final (Top 8 to final)  
10:00 AM Boys Middle School 60m Hurdles Semi-Final (Top 8 to final)  
10:10 AM Girls Freshman 60m Hurdles Semi-Final (Top 8 to final)  
10:18 AM Girls National Elite 60m Hurdles Semi-Final (Top 8 to final)  
10:50 AM Girls Championship 60m Hurdles Prelims (Top 16 to Semis)  
11:00AM Boys Freshman 60m Hurdles Semi-Final (Top 8 to final)  
11:08AM Boys National Elite 60m Hurdles Semi-Final (Top 8 to final)  
12:05 PM Boys Championship 60m Hurdles Prelims (Top 16 to Semis)  
12:30 PM Girls Middle School 60m Dash Semi-Final (Top 8 to final)  
12:55 PM Boys Middle School 60m Dash Semi-Final (Top 8 to final)  
1:20 PM Girls Freshman 60m Dash Semi-Final (Top 8 to final)  
1:40 PM Boys Freshman 60m Dash Semi-Final (Top 8 to final)  
2:05 PM Girls National Elite 60m Dash Semi-Final (Top 8 to final)  
2:55 PM Boys National Elite 60m Dash Semi-Final (Top 8 to final)  
4:25 PM Girls Championship 60m Dash Prelims (Top 24 to Semi-final)  
4:40 PM Boys Championship 60m Dash Prelims (Top 24 to Semi-final)  
5:15 PM Girls Middle School 800m Dash Final on Time  
5:37 PM Boys Middle School 800m Dash Final on Time  
5:55 PM Girls Middle School 4x200m Relay Final on Time  
6:05 PM Boys Middle School 4x200m Relay Final on Time  
6:12 PM Girls National Elite 4x200m Relay Prelims (Top 8 to Final)  
EST Boys Championship Pentathlon 1,000m Run  
7:00 PM Boys National Elite 4x200m Relay Prelims (Top 8 to Final)  
8:15 PM Girls Championship 4x200m Relay Prelims (Top 8 to Final)  
8:30 PM Boys Championship 4x200m Relay Prelims (Top 8 to Final)  
8:45 PM Girls Championship DMR Relay Final on Time  
9:00 PM Boys Championship DMR Relay Final on Time  
9:15 PM Mixed Championship 4x400 Relay Final on Time

**Friday, March 20th, 2026**

**FIELD EVENTS**

**Horizontal Runways**

8:30am EST Boys Championship Long Jump Pentathlon (Inside Pit)  
9:00 AM Girls National Elite Triple Jump (Flights 1/2) (Outer Pit)  
10:00 AM Girls National Elite Triple Jump (Remaining Flights) 2 Pits  
2:00 PM EST Boys National Elite Triple Jump 2 Pits  
6:30 PM Girls Championship Triple Jump Outer Pit  
6:30 PM Boys Championship Triple Jump Inside Pit

**Shot Put Ring**

11:00 AM Girls Freshman Shot Put  
1:00 PM Boys Freshman Shot Put  
3:00PM EST Boys Championship Shot Put Pentathlon (AUX Ring)  
5:00 PM Boys Middle School Shot Put  
5:00 PM Girls Middle School Shot Put (AUX Ring )

**Pole Vault Pits**

11:00 AM Girls National Elite Pole Vault 2 Pits  
4:00 PM Girls Middle School Pole Vault Outer Pit

**High Jump Apron**

6:00 PM EST Boys Championship High Jump Pentathlon

**Saturday, March 21st, 2026** (Track open track 6:30am - 7:15am)

**RUNNING EVENTS**

7:30 AM Girls National Elite Two Mile Run Final on Time  
7:50 AM Boys National Elite Two Mile Run Final on Time  
8:40 AM Boys Freshman 60m Hurdles Finals  
8:45 AM Boys Championship 60m Hurdles Semi-Final (Top 8 to Final)  
8:50 AM Girls Championship 60m Hurdles Semi-Final (Top 8 to Final)  
8:55 AM Girls Freshman 60m Hurdles Finals  
9:00 AM Girls Middle School 60m Hurdles Finals  
9:05 AM Boys Middle School 60m Hurdles Finals  
9:15 AM Girls Championship 60m Dash Semi-Final (Top 8 to Final)  
9:25 AM Boys Championship 60m Dash Semi-Final (Top 8 to Final)  
9:30 AM Girls Middle School 60m Dash Final  
9:35 AM Boys Middle School 60m Dash Final  
9:40 AM Girls Freshman 60m Dash Final  
9:45 AM Boys Freshman 60m Dash Final  
9:55 AM Girls Championship Two Mile Run Final on Time  
10:07 AM Boys Championship Two Mile Run Final on Time  
10:17 AM Girls Middle School 400m Dash Final on Time  
11:07 AM Boys Middle School 400m Dash Final on Time  
11:45 AM Girls Freshman 400m Dash Final on Time  
12:05 PM Boys Freshman 400m Dash Final on Time  
12:48 PM Girls National Elite 400m Dash Final on Time  
1:38 PM Boys National Elite 400m Dash Final on Time  
2:55 PM Girls Championship 400m Dash Final on Time  
3:07 PM Boys Championship 400m Dash Final on Time  
3:35 PM Girls Middle School One Mile Run Final on Time  
4:00 PM Boys Middle School One Mile Run Final on Time  
4:35 PM Girls Freshman One Mile Run Final on Time  
4:50 PM Boys Freshman One Mile Run Final on Time  
5:15 PM Girls Middle School 200m Final on Time  
6:10 PM Boys Middle School 200m Final on Time  
6:55 PM Girls Freshman 200m Final on Time  
7:15 PM Boys Freshman 200m Final on Time  
8:05PM Girls National Elite 4x200 Relay Final (2 Section Final)  
8:15 PM Boys National Elite 4x200 Relay Final (2 Section Final)  
8:25 PM Girls Championship 4x200 Relay Final (2 Section Final)  
8:35 PM Boys Championship 4x200 Relay Final (2 Section Final)  
8:45 PM Girls Championship 800m Final on Time  
8:55 PM Boys Championship 800m Final on Time  
9:10 PM Girls National Elite 800m Final on Time  
9:30 PM Boys National Elite 800m Final on Time

**Saturday, March 21st, 2026**

**FIELD EVENTS**

**Shot Put/Weight Throw Ring**

8:00 AM Girls Championship Weight Throw

12:00 PM Boys Championship Weight Throw

4:00 PM Boys National Elite Shot Put Flight 1 & 2 AUX Ring

**Pole Vault Pits**

10:00 AM Boys Middle School Pole Vault Inner Pit

10:00 AM Boys National Elite Pole Vault Flight 1, Outer Pit

1:00 PM Boys National Elite Pole Vault Flight 2, Inner Pit

5:00 PM Boys Championship Pole Vault Outer Pit

**High Jump Apron**

10:00 AM Girls National Elite High Jump (2 Pits)

2:00 PM Boys National Elite High Jump (2 Pits)

7:00 PM Girls Championship High Jump Start Line Pit

7:00 PM Boys Championship High Jump Finish Line Pit

**Horizontal Runways**

8:00 AM Girls Middle School Long Jump Outer Pit

8:00 AM Boys Middle School Long Jump Inner Pit

11:00 AM Girls National Elite Long Jump Outer Pit

11:00 AM Boys National Elite Long Jump Inner Pit

**Sunday, March 22nd, 2026 Open Track 7:00am - 7:45am**

**RUNNING EVENTS**

8:00 AM Girls Championship 60mH Pentathlon  
8:15 AM MIXED Championship One Mile Racewalk Final on Time  
8:35 AM Girls Championship 4x800 Relay Final on Time  
8:50 AM Boys Championship 4x800 Relay Final on Time  
9:00 AM Girls National Elite 4x800 Relay Final on Time  
9:15 AM Boys National Elite 4x800 Relay Final on Time  
9:55 AM Girls Championship 200m Dash Semi-Final (Top 8 to Final)  
10:10 AM Boys Championship 200m Dash Semi-Final (Top 8 to Final)  
10:40 AM Girls National Elite 200m Dash Semi-Final (Top 8 to final)  
11:55 AM Boys National Elite 200m Dash Semi-Final (Top 8 to final)

**NATIONAL ANTHEM/CELEBRATION CEREMONY**

1:50 PM Girls Championship 60m Hurdles Final  
1:56 PM Boys Championship 60m Hurdles Final  
2:00 PM Boys National Elite 60m Hurdles Final  
2:05 PM Girls National Elite 60m Hurdles Final  
2:12 PM Girls Championship 60m Dash Final  
2:19 PM Boys Championship 60m Dash Final  
2:25 PM Girls National Elite 60m Dash Final  
2:30 PM Boys National Elite 60m Dash Final  
2:35 PM Boys Championship Shuttle hurdle Relay Final on Time  
3:05 PM Girls Championship Shuttle Hurdle Relay Final on Time  
3:50 PM Girls Championship Sprint Medley Relay Final on Time  
4:00 PM Boys Championship Sprint Medley Relay Final on Time  
EST Girls Championship 800m Run Pentathlon  
4:15 PM Girls National Elite Sprint Medley Relay Final on Time  
4:45 PM Boys National Elite Sprint Medley Relay Final on Time  
5:15 PM Girls Championship One Mile Run Final on Time  
5:25 PM Boys Championship One Mile Run Final on Time  
5:35 PM Girls National Elite One Mile Run Final on Time  
5:50 PM Boys National Elite One Mile Run Final on Time  
6:50 PM Girls Championship 200m Dash Final  
6:55PM Boys Championship 200m Dash Final  
7:00 PM Girls National Elite 200m Dash Final  
7:05 PM Boys National Elite 200m Dash Final  
7:10 PM Girls National Elite 4x400 Relay Final on Time  
7:40 PM Boys National Elite 4x400 Relay Final on Time  
8:30 PM Girls Championship 4x400 Relay Final on Time  
8:40 PM Boys Championship 4x400 Relay Final on Time

**Sunday, March 22nd, 2026**

**FIELD EVENTS**

**Horizontal Runways**

9:00 AM Girls Freshman Long Jump Outer Pit

9:00 AM Boys Freshman Long Jump Inner Pit

EST 12:30 PM Girls Championship Long Jump Pentathlon (Outer Pit)

12:00 PM Boys Championship Long Jump Inner Pit

2:00 PM Girls Championship Long Jump Outer Pit

**Shot Put/Weight Throw Ring**

8:00 AM Boys Championship Shot Put

EST 11:00 AM Girls Championship Shot Put Pentathlon (AUX Ring)

12:00 PM Girls Championship Shot Put

1:00 PM Girls National Elite Shot Put

**Pole Vault Pits**

11:00 AM Girls Championship Pole Vault

**High Jump Apron**

EST 8:35 AM Girls Championship High Jump Pentathlon (Both Pits)

4:30pm Girls Freshman High Jump Starting Line Pit

4:30pm Boys Freshman High Jump Finish Line Pit