### Stories for children to inspire emotional growth



### THE ADVENTURES OF FAT BEAR AND FRIENDS **SERIES**

BOOK\_ONE

#### "HOW DID FAT BEAR GET HIS NAME?"

(Formerly; Fat Bear Finds a Daddy")

Finhed Size: 11" x 8.5" Flat\_ 22" x 8.5" Colour\_ 4/4 + 1

READER'S FLATS

Crerative Working PROOF: D\_3B

# THE JOVENTURES OF FAT Bear IND FRIEDS Books By Deborah Kerridge

Stories designed for children to inspire emotional growth.

Stories for children to inspire emotional growth



### "HOW FAT BEAR GOT HIS NAME"

(FORMERLY "FAT BEAR FINDS A DADDY)

By Deborah Kerridge

#### About the Adventures of Fat Bear and Friends Series

Children's stories that combine the joy of reading with emotional Intelligence and growth.

To Love and be Loved is True Happiness. In this three-book series, your child will find out how Fat Bear is rescued from months spent alone in a closet; how Friendly Bear accepts his new friend (even though he's big and fierce and scary!); and, although spunky Paddy Paws is a pest, why there's always enough love to go around when these three teddy bears are together.

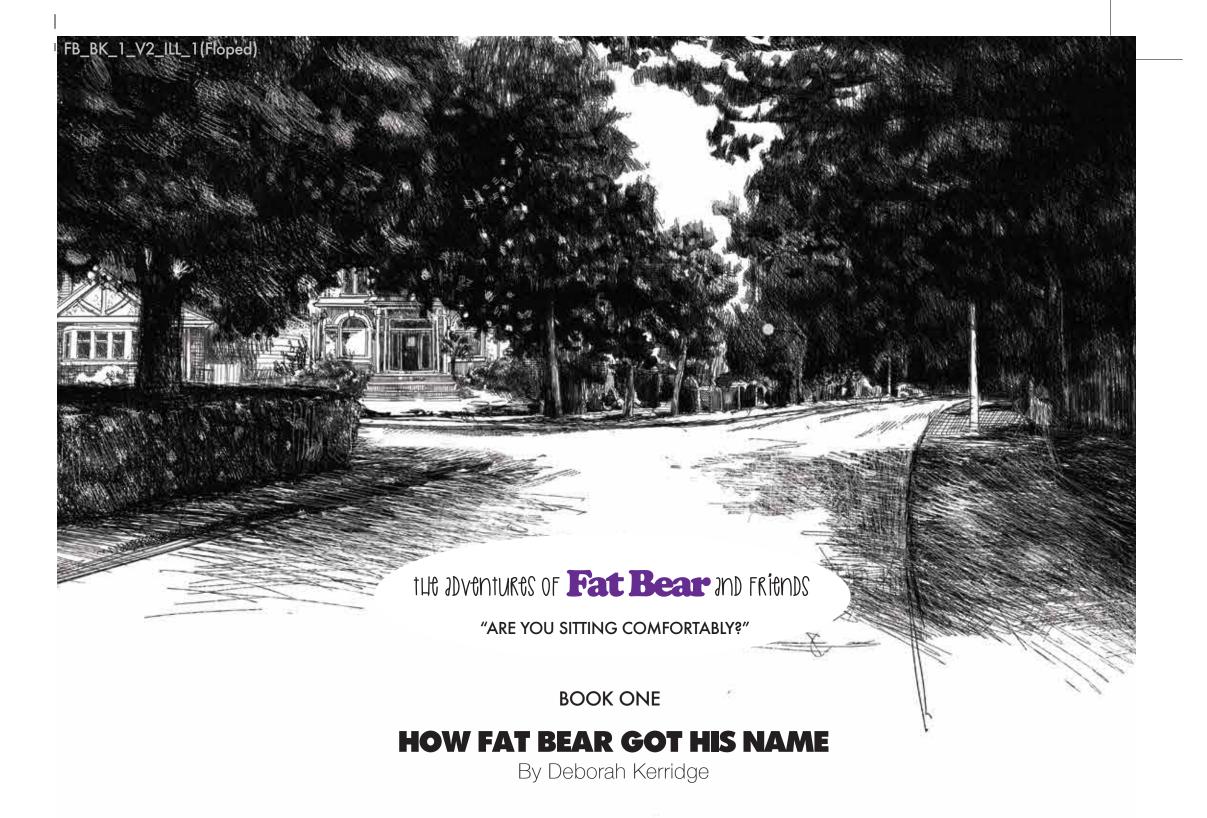
Books that introduce concepts of emotional intelligence to children which are central for life

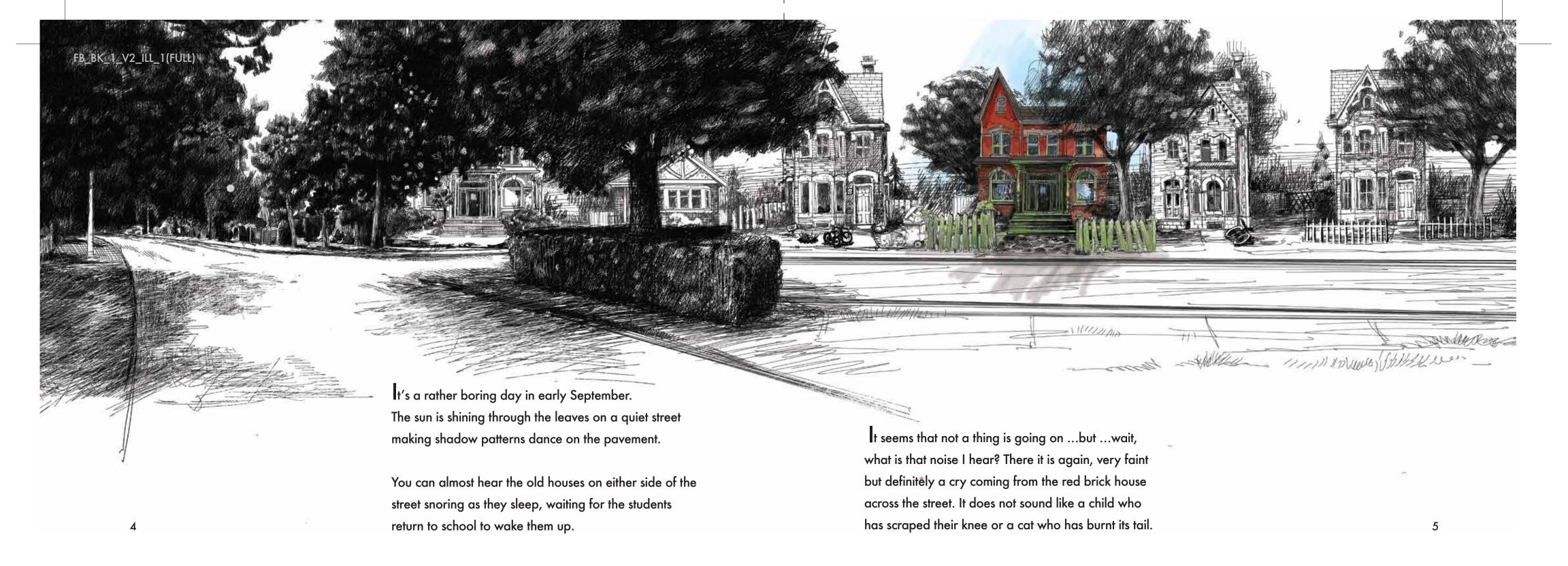
#### The books try to introduce and stimulate dialogue on...

Acceptance, Appreciation, Compassion, Courage, Fear, Depression, Gratitude, Integrity, Honesty, Joy, Passion for life, Adaptability, Forgiveness, Depth of true friendship, Patience, Empathy, Impulse control, Motivation, Self discipline and esteem, Shaming, Communication, and Generosity.

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Should we walk on or shall we find out? Yes let's go and investigate. It is a tumbled down house with a rickety fence surrounding it.

We don't own this house or even know who lives there, but because this is a story we can go in. Up a broken flagstone path, through weeds and dandelions to an old brown front door.



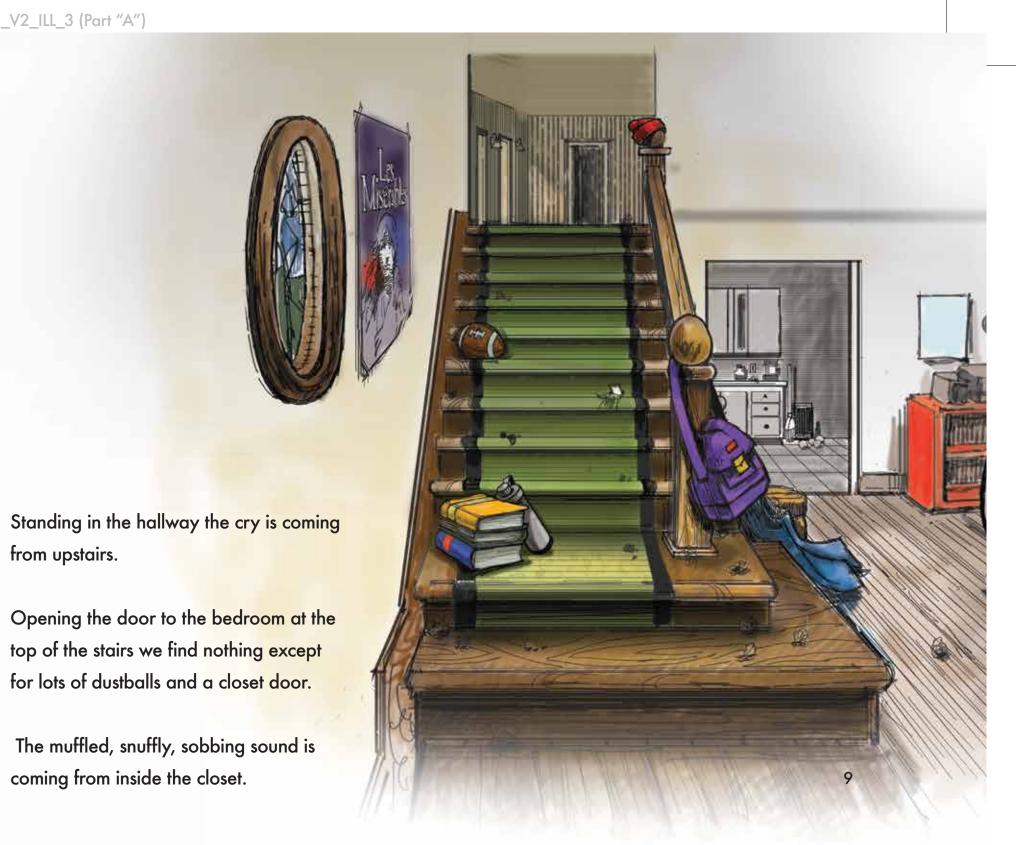


It is clear that nobody is home. Downstairs the rooms are filled with dust and garbage left by students in their rush to go home again when school ended last May.

For these are university students so there were no adults to tell them to "tidy up" or to "put their things away".

FB\_BK\_1\_V2\_ILL\_3 (Part "A")

from upstairs.





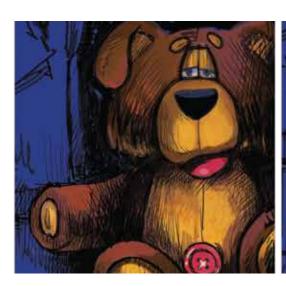
Peeking around the door there is a very large teddy
bear sitting on top of a pile of old magazines at the
back of the closet. The teddy bear is crying.
Now you may not know that teddy bears can cry.
They don't have tears like children but they do have
hearts and this teddy bear is very sad indeed.

10

FB\_BK\_1\_V2\_ILL\_4A (FULL)



But his little heart is broken because he has been abandoned. He was left behind when school ended and everyone went home and he has been all alone in the closet for four whole months – May, June, July and August.

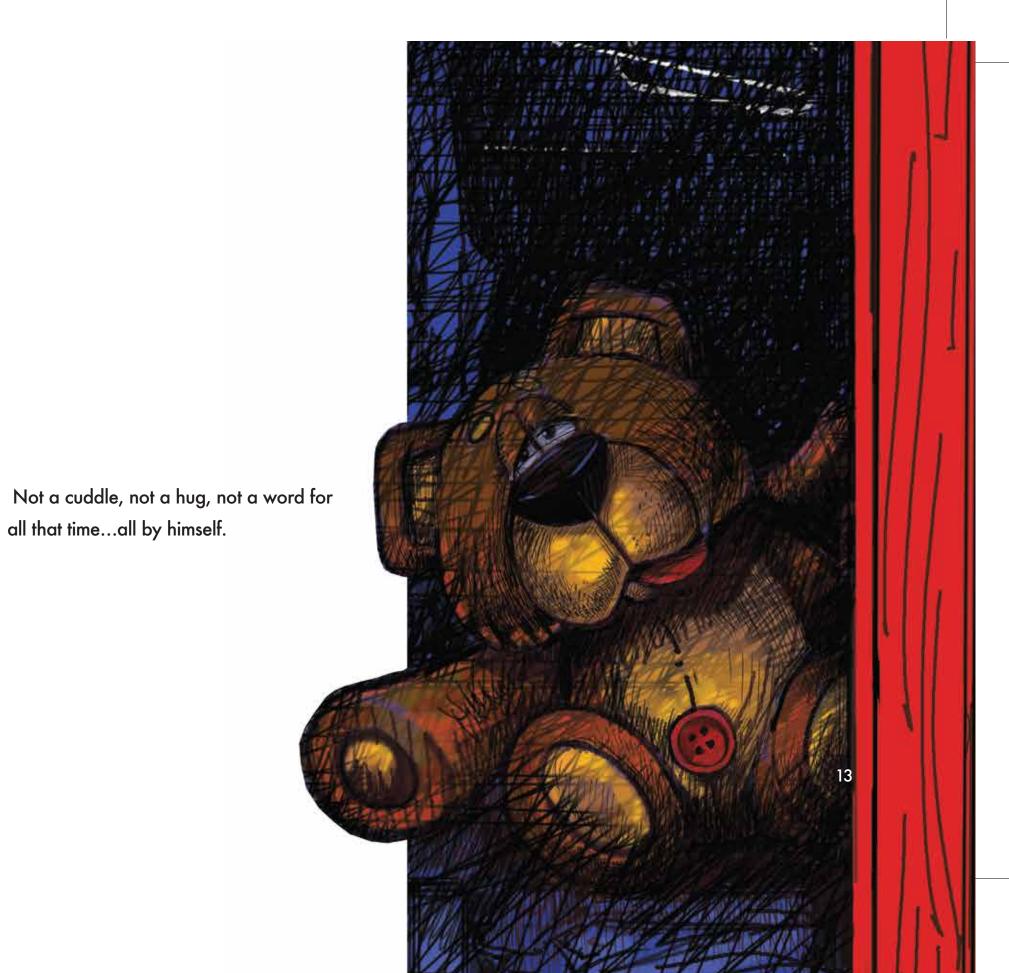


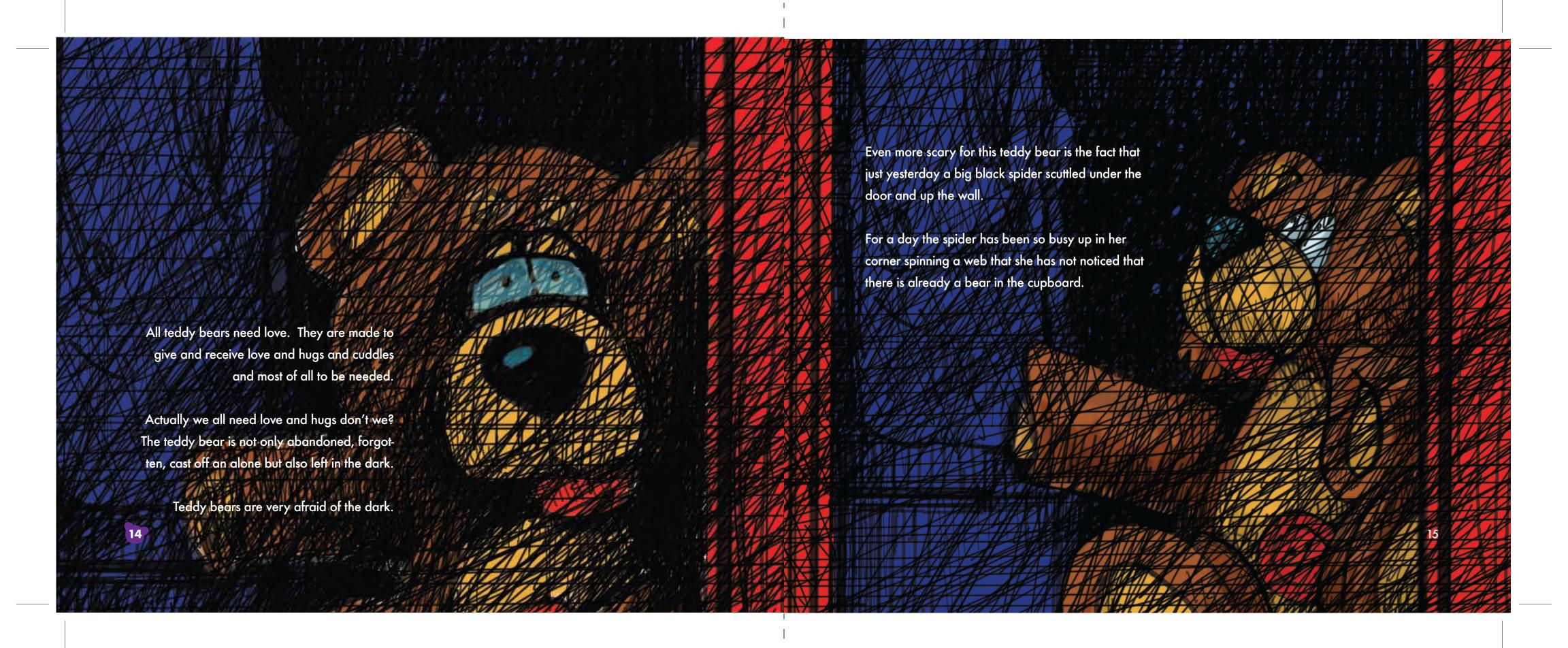




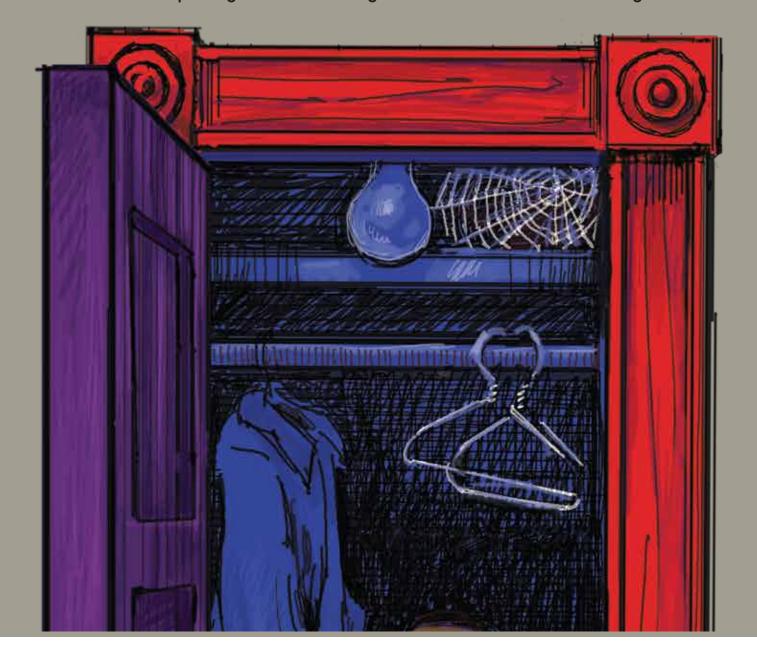








But now she has finished spinning and she is sitting in the middle of her web looking around.



Did you know that teddy bears are terrified of spiders?

Spiders have eight legs and they scuttle about. Looking at the large size of this big bear it seems silly that he is afraid of an itsy bitsy teeny little spider but how many of you would be willing to sit in dark closet with a spider hanging over your head?



I hope you are feeling very sorry for this bear and hoping that things get better for him.

A few days later and back inside the closet the teddy bear is still sitting sadly in the dark.

He has stopped crying because you can't cry forever however sad you are.

But his head has drooped down onto his tummy.



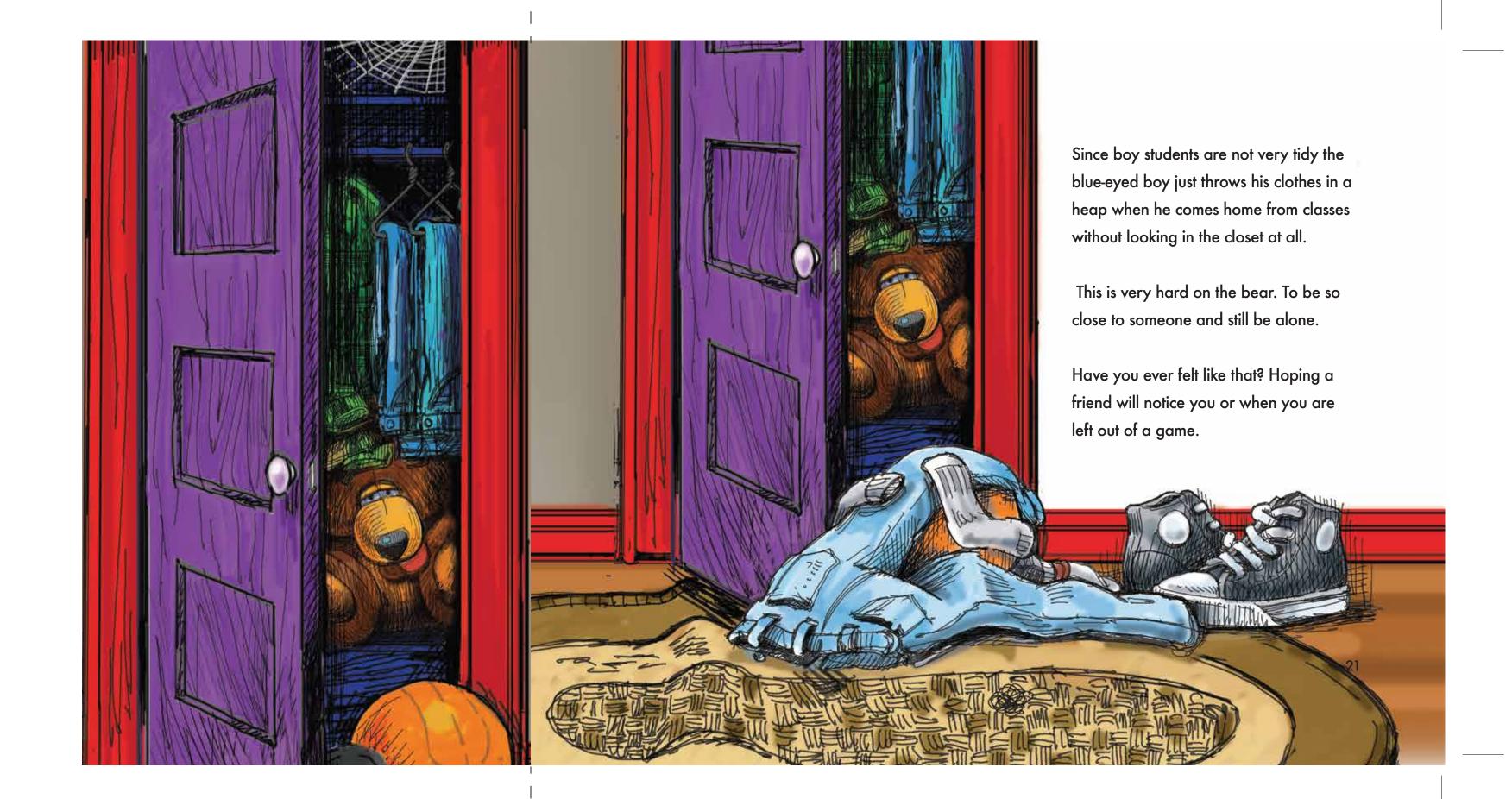
Did I mention that he also had two very large perky ears? Today he hears the opening and closing of doors and voices downstairs. The students have returned.

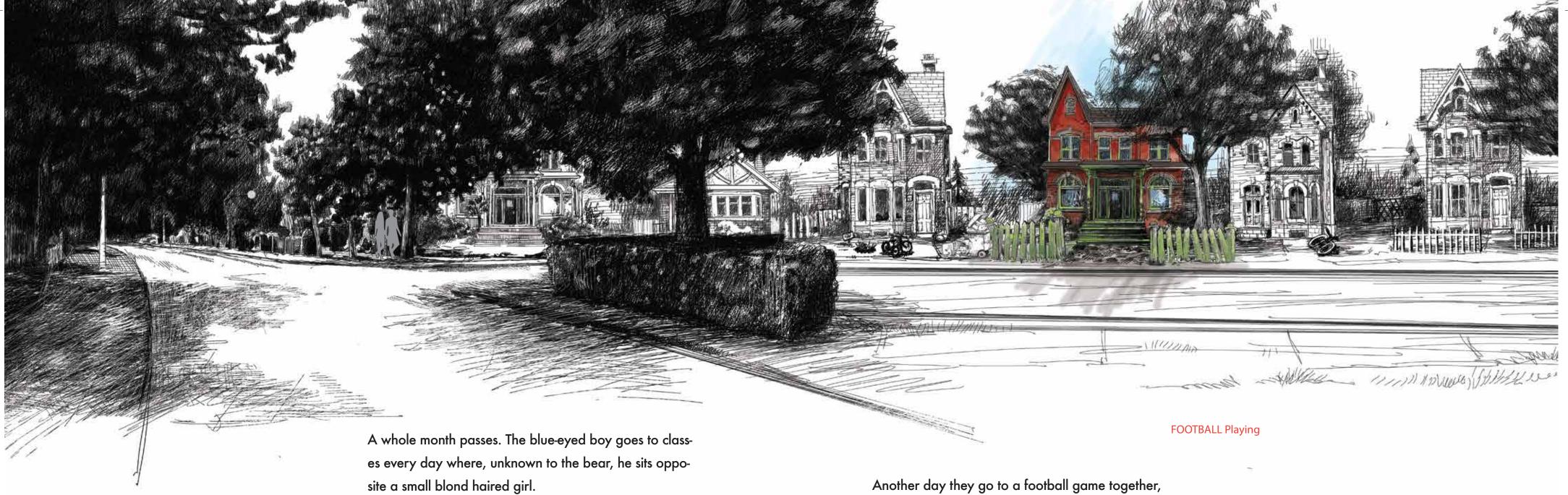
His hopes start to rise, maybe he won't be alone forever after all. To his joy the closet door opens.

Standing in the light, hanging up jeans and shirts is a young man – a student.

He has long curly brown hair and two piercing bright blue eyes. But it seems he has not noticed or is not interested in teddy bears and sadly, the door is closed again.

He feels even sadder. His big brown and orange head drops further onto his tummy. What dejection!
It is so hard to hope for something and have it not happen after all.



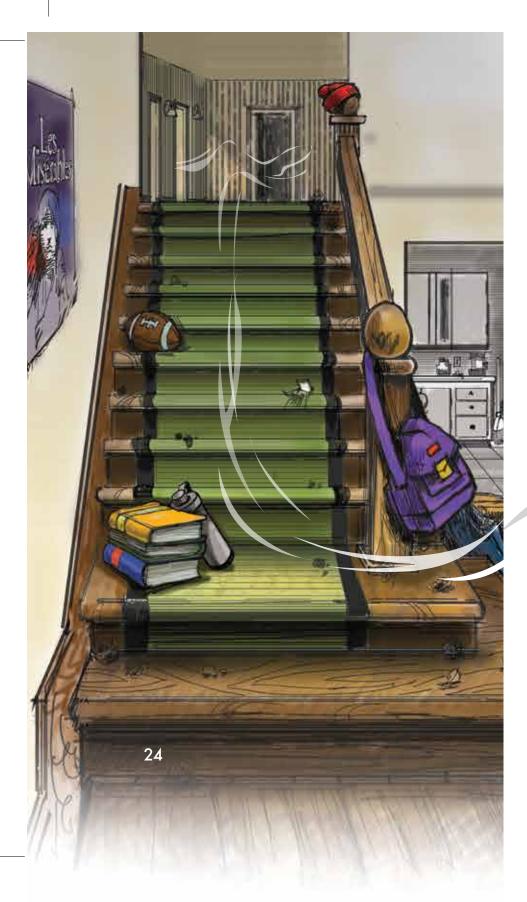


One day they both walk home in the same direction and

start to talk.

22

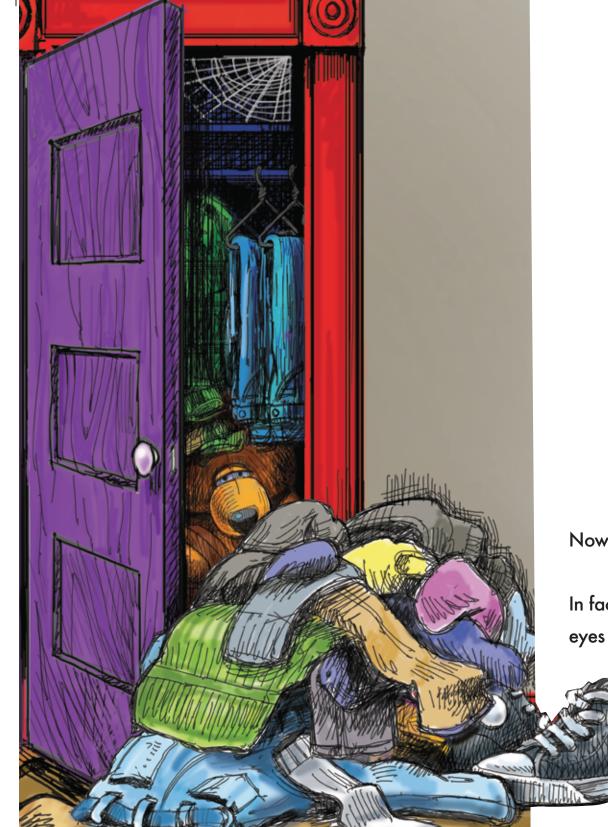
Another day they go to a football game together, another evening to a lecture. Eventually the blue-eyed boy asks the blond haired girl to his house.



Because boys often don't know what to say to girls he tells her that he has a teddy bear in his closet.

So you see that he did notice the teddy bear after all.

It turns out this girl is very fond of teddy bears and so she goes straight up to the bedroom to see for herself.



Now in truth this bear is really not at all handsome.

In fact with his snub nose and fat legs and staring eyes he is rather alarming in appearance.



But we know that love is never about how beautiful you are, what you are wearing or what you own.

Love is how you feel when you are with somebody.

It is about kindness and sharing, caring and gentleness, trusting and honesty.

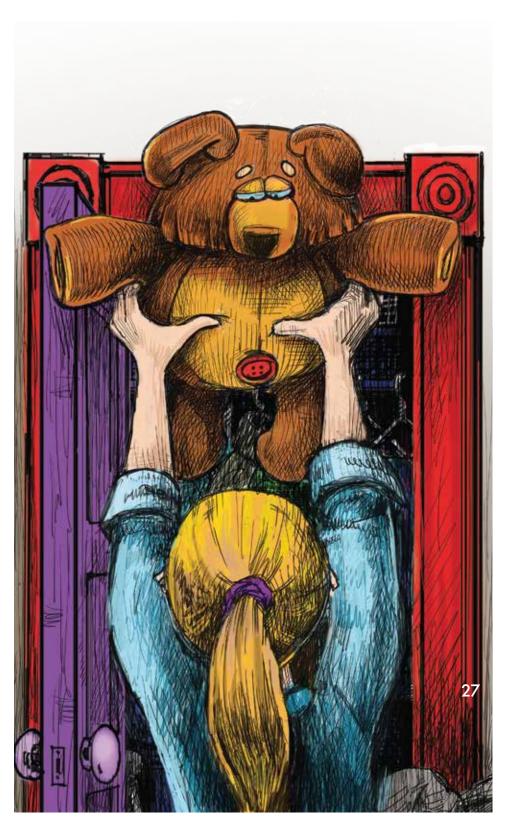


This teddy bear has a loving heart that is just as big as his tummy.

The blond haired girl has a huge heart too so as soon as she sees the bear she knows what kind of bear

he is as her heart can feel his special heart.

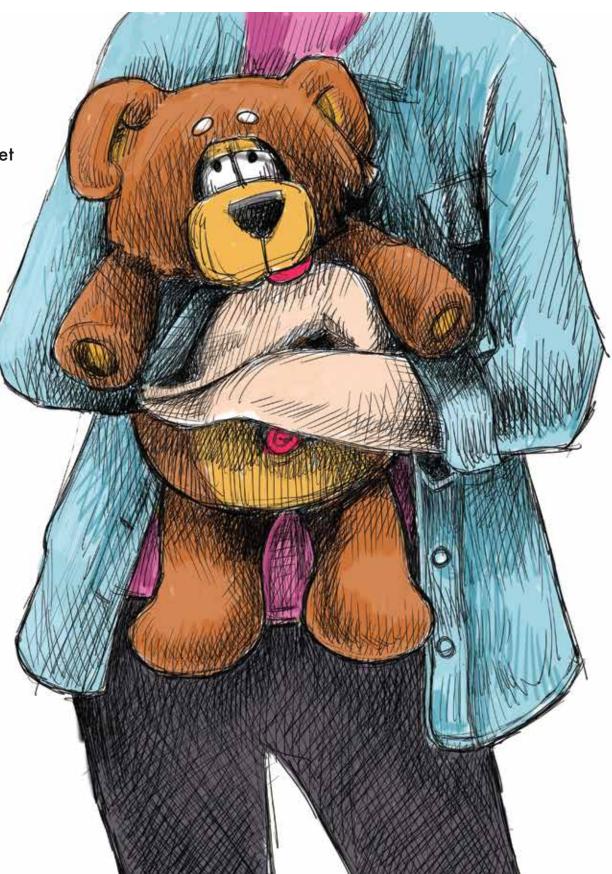
She stoops down, scoops him up into
her arms and says "Hello Fat Bear".



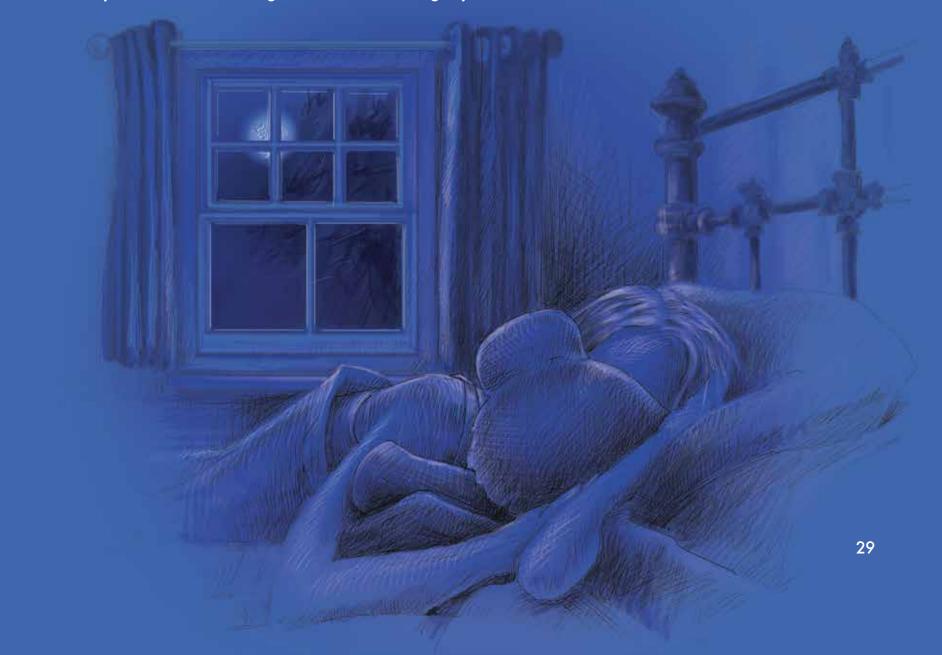
You might think that he would be upset to be called "Fat Bear" as that is not generally a nice thing to say.

But as this bear is very soft and cuddly he knows it is a compliment

The best thing is that she doesn't let him go.



She keeps him with her all evening and later she takes him home with her. Not only home, but that night he is cuddled tightly in bed...



...You see what you don't know is that the blond haired girl and the blue eyed boy started their own little family with Fat Bear.

And that's how the Adventures of Fat Bear and Friends begins...



## THE END?

NO, Wait, FAT BEAR FINDS A FRIEND....BOOK TWO

## the adventures of Fat Bear and Friends

Books By Deborah Kerridge

THIS WAS BOOK ONE

## **HOW FAT BEAR GOT HIS NAME**

By Deborah Kerridge

Designed and Illustrated By: Joseph Milczarski

STORICS FOR CHILDREN TO INSPIRE EMOTIONAL BROWTH





### **EMOTIONAL SHARING EXCERISE'S**

You can talk about what Fat Bear is feeling so far. Take an interactive journey with your child to explore Fat Bear's emotions together.

Here are some emotions for you to talk about, such as,



WHAT WILL YOUR CHILD SHARE?

**WONDER,** ...Should we walk on or shall we find out...P6
"WOULD YOU EXPLORE A SOUND THAT YOU HEARD?
DO YOU THINK OF HOW THINGS WORK?"



**SADNESS**<sub>y</sub> ... " I feel really sad, i was left behind"...P11
"FAT BEAR IS PRETTY SAD BECAUSE HIS ALL ALONE, WHAT HAVE YOU FELT SAD ABOUT?"

**LONELINESS**, ... "I am so lonely with no-one to talk to." P11
"HAVE YOU EVER BEEN SAD BECAUSE YOUR BY YOURSELF?"



**ABANDONMENT**, ...But his little heart is broken because he has been abandoned...P12 "TELL ME A TIME THAT YOU FELT ALL ALONE WITH NO ONE TO PLAY WITH ?"



**REJECTION,** ..But his little heart is broken because he has been abandoned....P12 "DO YOU EVER FEEL LIKE NO ONE WANTS TO PLAY WITH YOU? DO YOU FEEL LEFT OUT?"

**FEAR**, ...Teddy bears are very afraid of the dark...and spiders...P14
"FAT BEAR IS AFRAID OF SPIDERS AND THE DARK, WHAT ARE YOU AFRAID OF ?"





**COURAGE,** ... to sit in a dark closet with a spider hanging over your head?...P17 WOULD YOU HAVE THE SAME COURAGE AS FAT BEAR AND SIT UNDER A SPIDER? DO YOU HAVE COURAGE LIKE FAT BEAR?

**HUMILIATION,** ...afraid of a itsy bitsy teeny little spider...P17

HAVE YOU EVER MADE FUN OF WHAT A FRIEND IS DOING? HOW DO YOU THINK THEY FELT?



### EMPATHY,

...I hope you are feeling very sorry for this bear and hoping that things get better for him...P18

ARE YOU FEELING SAD FOR FAT BEAR RIGHT NOW? HOW WOULD YOU LIKE TO HELP HIM?



**HOPE,** ...Fat Bear has hope that someone will come for him. ...P19-20-21
DO YOU THINK THAT HAVING HOPE IS THE SAME AS HAVING A WISH? WHAT WOULD YOU HOPE FOR?



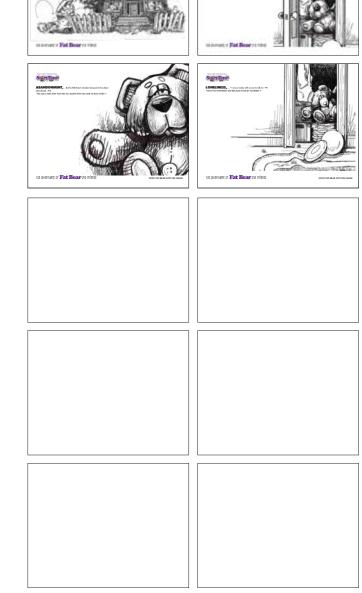
### SHAMMING,

DO YOU THINK FAT BEAR IS A GOOD NAME FOR THIS BEAR? WHAT WOULD YOU CALL HIM?

**HAPPY** ...Fat Bear someone to hug cuddle and love him WHEN DO YOU FEEL AS HAPPY AS FAT BEAR?

## Download work sheets (Work sheet design discription????)







## the adventures of Fat Bear and Friends **BOOK SERIES**

**BOOK ONE** 

FAT BEAR FINDS A FAMILY

**BOOK TWO** 

FAT BEAR FINDS A FRIEND

**BOOK THREE** 

PADDY PAWS JOINS THE CLAN



Fat Bear was not only abandoned, forgotten, cast off and alone but also left in the closet in the dark.

Teddy bears are very afraid of the dark - and there's even a big spider in the closet with him! Won't you help Fat Bear find a friend that he can love and who will love him in return?

ISBN: 978-1-7751838-0-8



Can you tell when your friends are sad or lonely? Can you stand up for yourself when you're being bullied? How would you feel if you heard that your best friend is moving away? Friendly Bear learns these valuable life lessons and more - he also learns what it means to have a true friend that loves him too.

ISBN: 978-1-7751838-1-5



Paddy Paws has attitude! She's not going to sit around waiting for her chance to shine. She says: "I am the best bear. I have spunk. You WILL pick me." But how will the other bears feel when she comes home to live with them? Look out Fat Bear and Friendly Bear. Paddy Paws is here to stay. Come on; let's go. She's waiting for us.

ISBN: 978-1-7751838-2-2

STORIES FOR CHILDREN TO INSPIRE EMOTIONAL BROWTH STEETS INC.

