



## Increased Safety Measures and Protocols: 7/2/20

Employee & Staff Guidelines	<ul style="list-style-type: none"> <li>-Staff will follow illness policy including temperature checks and 24 hour wellness standard.</li> <li>-Staff will wash/sanitize hands prior to, at the conclusion and between classes.</li> <li>-Staff will have limited direct physical contact with children (spotting is limited to necessity for all instructional classes).</li> <li>-Staff will continually strive to enforce distancing protocols.</li> </ul>
Building Preparation	<ul style="list-style-type: none"> <li>-Staff members have been working to disinfect and sanitize the facility over the past weeks</li> <li>-Surfaces will continue to be disinfected/sanitized throughout each day</li> <li>-Hand sanitizer will be available in the lobby and each gym</li> <li>-UVC lights have been installed in the Air Conditioning vents to kill bacteria/viruses as air is circulated throughout the facility.</li> <li>-UVC light will be used nightly after closing to kill bacteria/viruses throughout the gym.</li> </ul>
Before Class	<ul style="list-style-type: none"> <li>-Students are to wait in their car until 5 minutes prior to their class time. .</li> <li>-Students temperatures will be checked at the door. Those who appear ill or have a temperature of 100.0 or higher will not be allowed to enter/participate.</li> <li>-Drop Off/Pick Up students if possible. Please wait in your car or return at pick up time once your child is safely inside the building.</li> <li>-Students may wear masks if they choose.</li> </ul>
Inside the Lobby	<ul style="list-style-type: none"> <li>-No more than 1 adult may accompany a child into the facility &amp; no additional non-participants</li> <li>-Adults wishing to remain inside the facility during class must also pass a temperature check.</li> <li>-All students and adults are required to wash their hands upon entering the facility.</li> <li>-Social distancing of 6' is to be kept while inside the facility. As such, chairs have been removed from the lobby area. Chairs remain in the break room, please keep yourself distanced from others.</li> </ul>
Traffic Flow	<ul style="list-style-type: none"> <li>-All main gym classes have been adjusted to start on the hour and end in 45 minutes to allow spaced exits/entries and time to disinfect/sanitize between classes.</li> <li>-Competitive Teams have moved to morning/daytime hours to reduce number of students in the gym at a time.</li> </ul>
In the Gyms	<ul style="list-style-type: none"> <li>-Stations and circuits will be utilized to keep students separated.</li> <li>-Groups are limited to 6 or 8 students.</li> <li>-250 sq ft per student in the Main Gym</li> </ul>
After Class	<ul style="list-style-type: none"> <li>-All students and staff are required to wash their hands after class.</li> <li>-Staff will begin disinfecting/sanitizing gym surfaces to prepare for the next class.</li> </ul>
At Home	<ul style="list-style-type: none"> <li>-Wash hands and feet upon returning home.</li> <li>-Clean all clothing and personal items (water bottles, gym bags, etc.)</li> </ul>