



### Increased Safety Measures and Protocols: 8/3/20

Employee & Staff Guidelines	<ul style="list-style-type: none"> <li>-Staff will follow illness policy including temperature checks and 24 hour wellness standard.</li> <li>-Staff will wash/sanitize hands prior to, at the conclusion and between classes.</li> <li>-Staff will have limited direct physical contact with children (spotting is limited to necessity for all instructional classes).</li> <li>-Staff will wear a mask while spotting</li> <li>-Staff will continually strive to enforce distancing protocols.</li> </ul>
Building Preparation	<ul style="list-style-type: none"> <li>-Surfaces will continue to be disinfected/sanitized throughout each day</li> <li>-Hand sanitizer will be available in the lobby and each gym</li> <li>-UVC lights have been installed in the Air Conditioning vents to kill bacteria/viruses as air is circulated throughout the facility.</li> <li>-UVC light will be used nightly after closing to kill bacteria/viruses throughout the gym.</li> </ul>
Before Class	<ul style="list-style-type: none"> <li><b>-Students are to wait in their car until 5 minutes prior to their class time.</b></li> <li>-Students temperatures will be checked at the door. Those who appear ill or have a temperature of 100.0 or higher will not be allowed to enter/participate.</li> <li>-Drop Off/Pick Up students if possible. Please wait in your car or return at pick up time once your child is safely inside the building.</li> <li>-Students may wear masks if they choose.</li> </ul>
Inside the Lobby	<ul style="list-style-type: none"> <li><b>-No more than 1 adult may accompany a child into the facility &amp; no additional non-participants.</b> If you have other children with you, we ask that you wait in your vehicle to limit exposure to everyone.</li> <li>-Adults wishing to remain inside the facility during class must also pass a temperature check.</li> <li>-Adults waiting in the lobby are encouraged to wear a face covering, but not required to.</li> <li>-All students and adults are required to wash their hands upon entering the facility.</li> <li>-Social distancing of 6' is to be kept while inside the facility. As such, chairs have been removed from the lobby area. Chairs remain in the break room, please keep yourself distanced from others.</li> </ul>
Traffic Flow	<ul style="list-style-type: none"> <li>-Many classes are now separated by a 15 minute window to allow for cleaning and less traffic getting in and out of the building.</li> </ul>
In the Gyms	<ul style="list-style-type: none"> <li>-Stations and circuits will be utilized to keep students separated.</li> <li>-Groups are limited to 6 or 8 students.</li> <li>-250 sq ft per student in the Main Gym</li> </ul>
After Class	<ul style="list-style-type: none"> <li>-All students and staff are required to wash their hands after class.</li> <li>-Staff will begin disinfecting/sanitizing gym surfaces to prepare for the next class.</li> </ul>
At Home	<ul style="list-style-type: none"> <li>-Wash hands and feet upon returning home.</li> <li>-Clean all clothing and personal items (water bottles, gym bags, etc.)</li> </ul>



### **Exposure Protocols: 8/2/20**

-If you or your child test positive for COVID-19 after being inside the gym, you are required to notify us immediately. You can email [Office@DEENOS.com](mailto:Office@DEENOS.com) and copy [Deena@DEENOS.com](mailto:Deena@DEENOS.com)

-We will notify all participants via email that may have been exposed to a child or coach that has tested positive. No names will be released, ever. (Exposed children are still allowed to participate in class as long as they remain symptom free.)

-Children that have been exposed, but are not symptomatic can still attend class if that exposure is not from someone living in the same home. Example, a child in their classroom at school tests positive.

-If a family member (in the same house) tests positive, no other member of the family may return until they have a negative test OR have remained quarantined for two weeks and have no symptoms. Children can return before the two week period with a negative test result.

-Make-Up Tokens will be issued upon request for those that choose to remain home for up to two weeks after an exposure. You must notify the office of your intent to stay home after receiving the notice of exposure. Do not wait until after you've missed classes to ask for a Make-Up Token.

We are optimistic that with everyone's diligence in following these protocols, we will be able to remain open. Physical activity is a key in maintaining good health and a strong immune system!

Thank you from all of us!