

Sandy Cares

Enrichment Speaker for Oceania and Regent Seven Seas Cruise Lines

Sandy Cares is no stranger to the Caribbean or to Luxury Cruise Ships. Since 2013, Sandy has been regaling cruise guests with valuable information about ports of call throughout the Caribbean and beyond. Sandy was on the MS Sirena when it returned to Port of Miami as operations shut down on March 18, 2020 due to Covid-19.

Sandy earned her Bachelor of Arts in History degree at the University of Michigan in Ann Arbor. What the curriculum lacked in Caribbean studies, she made up for the old-fashioned way... with hard work and extensive travel to the region since the 1980s. In 2013 she was invited to speak on a Celebrity cruise ship and never looked back. Sandy also has a Master of Arts in Teaching degree with a focus on Latin, which she earned after spending a year at the American Academy in Rome.

In 2016 Sandy was selected to be Oceania's first-ever Cuba lecturer and was onboard the MS Marina for its historic inaugural sail into Havana harbor in March of 2017. From that point right through the closing of Cuba in summer of 2019, Sandy was Oceania's go-to lecturer for nearly all the circumnavigations of Cuba.

On board for up to ten months in a typical year, Sandy's beaten path includes the entire Caribbean basin, Cuba, Panama Canal, Amazon River basin, Maya World and Mexican Riviera, Bermuda, the New England coast and Canada's Maritime Provinces and the occasional trans-Atlantic sailing. She has produced upwards of 85 signature speeches with full-production power-point illustrations that incorporate her own photography. Her list of lecture titles and more can be viewed at www.sandycares.com

Springboarding from the literature of the region, Sandy wraps local stories, folklore, anecdotes and hard-won practical advice around a meaningful historical context for a fresh and fun twist to exploring the ports of call, or for the armchair traveler. These days Sandy is contributing to the Oceania blog <https://www.facebook.com/oceaniacruises/> producing new presentations for the coming cruise season and making regular appearances on Best at Sea Radio, <https://www.bestatsearadio.com/> to stay in touch with the cruising community.

Sandy is a Distinguished Toastmaster and twice served as president of Michigan's oldest chartered chapter of Toastmasters International.