

Tattoo Aftercare Instructions

Leave your transparent dressing on for at least 3 days, no more than 6 days.

During this time, the tattoo is going to weep and the dressing is going to fill up with body fluid called plasma. The plasma will mix with excess pigment and create a murky colored fluid and will most likely cover your tattoo. **This is completely normal.**

The dressing is breathable and water resistant (getting it wet during showers is okay).

On the day when you're ready to take off the dressing:

- ◆ ***Place the tattoo under luke-warm water***
- ◆ ***Slowly remove the dressing, "low and slow," in direction of hair growth. Immediately wash the tattoo with liquid anti-bacterial soap.***
- ◆ ***Dial Gold is what we use and recommend. Gently massage the tattoo using only the fingertips to get it nice and sudsy. NEVER EVER use a rag or a loofah to exfoliate a new tattoo while it's healing.***
- ◆ ***Rinse off; pat dry with a clean paper towel.***
- ◆ ***Apply a small amount of Aquaphor, recommended lotion brands - Lubriderm, Aveeno, Cetaphil or Cerave.***

You DO NOT need to re-bandage or wrap your tattoo once the clear dressing is removed!

The only time you will take the transparent dressing off before the 3 days is if you either have a negative reaction to the dressing or if it partially comes off and exposes the tattoo.

Please don't apply any anti-itch creams.

DO NOT work out for a few days as sweat and bacteria will not be beneficial to the tattoo healing process!

Texas Department of State Health Services

PLEASE FOLLOW THESE AFTER CARE INSTRUCTIONS:

- I. For at least two weeks, minimize exposure to the sun, discourage swimming;
- II. Properly cleanse the tattooed area;
- III. Apply antibiotic ointment or cream;
- IV. Use sterile bandage(s) or other sterile dressing(s) when necessary;
- V. Consult a health care practitioner at the first sign of infection or an allergic reaction, and report any diagnosed infection, allergic reaction, or adverse reaction resulting from the tattoo to the artist and to the Texas Department of State Health Services, Drugs and Medical Devices Group, at 1-888-839-6676.