

Sleep Test Bingo!

PCP Name	ODI	Medicare AHI	HST or PSG?	Hypopnea Index
Patient DOB	Apnea Index	Date of Test	Supine Sleep AHI	Mean O ₂ %
Oxygen Nadir %	Snoring Noted?	Reason for The Test	RDI	Diagnosis
Time in Supine Sleep	REM %	TST	AASM AHI	PLM Noted?
Prescription for Therapy	N3 %	Time O ₂ < 88%	Central Apnea Index	Patient BMI

This is for a team meeting: Everyone gets a copy of the same sleep test. The first one to find five results from the test that line up on the bingo card, AND can say why those results are important, wins! Be creative - learning is more fun with games!