










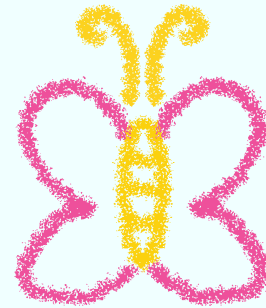
# Week 1: Who am I?

Explorers 9/2-9/5 2025

Discovering	Monday	Tuesday	Wednesday	Thursday	Friday
Fine Motor	 CLOSED	Library Day	GRC Day	ACORN SORTING	<b>FUN FRIDAY</b> FABRIC EXPLORATION
Gross Motor	 CLOSED	Movement Parade During Return to the Lab	Big Body Play at GRC ANIMALYOGA (AFTER NAP)	SELF-EXPRESSION NATURE WALK	<b>FUN FRIDAY</b> SHOW & TELL PARADE
Outdoor Learning	 CLOSED	EYE SPY NATURE WALK	Take in Sights & Sounds During Walk Back to the Lab	HAVE A WALK IN THE COMMUNITY	<b>FUN FRIDAY</b> STICKY SCAVENGER HUNT
Unstructured Play (2 hours per day)	 CLOSED				<b>FUN FRIDAY</b> 
Sensory Exploration	 CLOSED	Kinetic Sand Identity Excavation	Kinetic Sand Make Sensory Bottles	Kinetic Sand Identity Excavation	<b>FUN FRIDAY</b> Kinetic Sand Play-Dough & Loose Parts

# Morning Reflection: How do I feel stepping into this new rhythm today?

Tuesday



## Creative Expression (Art)

### Affirmation Portraits

Self Discovery black-and-white photo of the child with vivid, painted background, affirmations written on strips around it.

## Language & Literacy

### Good Morning

Bring back a song that may be familiar to some of our children. This song can help center wiggly children and prepare them for the day.

## Science & Discovery

### Body Part Exploration

Spread out and reassembling photos of friends' faces (body parts later in the week) conversations about uniqueness and sameness in our bodies

## Self-Knowing Skills

### Movement Parade

children practice body awareness, emotional expression, turn-taking, and self-regulation

## Identity

Who am I?  
How do I see myself?  
How do I fit into the community?

## Math Concepts

### Measuring Station

Measure children's hands and feet, take their height.

## Books

### Explorer Picks:

All Are Welcome \*  
The Day You Begin  
The Skin You Live In  
I ain't gonna paint no more.

## Mirror Sensory Tray

Shatterproof mirrors at the bottom of a bin with loose parts (beads, stones, shells) for self-reflection + building

## Sensory

# Morning Reflection: How do I support children's belonging while honoring differences?

Wednesday (GRC Day)

## Creative Expression (Art)

### Friendship Mural

Big paper on the wall or floor; children add handprints, marks, or drawings to show community.

## Language & Literacy

### Look Who Came to School Today?

Sing each child's name in a rhythm to begin name recognition and belonging.

## Science & Discovery

### Mirror Play

Observe faces closely in handheld mirrors; talk about "what makes me, me" (eye color, hair, smiles).

## Self-Knowing Skills

### Yoga Animals

Simple animal poses (cat, dog, butterfly) to practice body awareness, stretching, and calming strategies.

## Identity

**Who am I?**  
**How do I see myself?**  
**How do I fit into the community?**

## Math Concepts

### Height Line Chart

Add children's heights to a chart (from Day 1 measurement); compare "taller/shorter" and introduce math language.

## Books

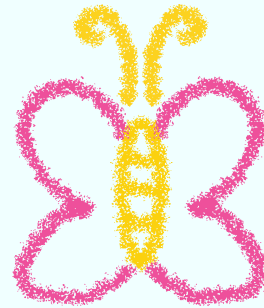
### Explorer Picks:

1. The Family Book
  2. I like Myself
- Ask any willing explorers to pick **2** books from the library shelf.

## Identity Excavation

Sand Sensory Bin – laminated face photos + cups/scoops; encourage exploration and excavating their friends faces

## Sensory



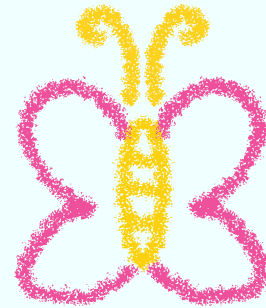
# Morning Reflection: What small moments of pride or self-connection did I notice in the children today?

## Creative Expression (Art)

### Emotion Color Painting

Children use paint to express a feeling (e.g., happy = yellow, calm = blue, excited = red/orange). Educator can scribe children's explanations of their artwork.

## Thursday



## Language & Literacy

### I Gotta Friend Named

Introduce this rhythmic song for the first time during circle time. Have them repeat after you and enjoy them picking their individual dance moves

## Science & Discovery

### Finger Print Discover

Use ink pads or washable paint to make prints; compare swirls and patterns. Discuss "everyone's is different and special."

## Self-Knowing Skills

### Reflection Circle

invite each child to share "one thing I like about me" with educator modeling.

## Identity

**Who am I?**  
**How do I see myself?**  
**How do I fit into the community?**

## Math Concepts

### Pattern Play

Create simple AB patterns with beads, shells, or blocks; invite children to continue or make their own patterns.

## Sensory

### Make Sensory Bottles

Children help create bottles with beads, glitter, water, and oil; watch how things move, sink, and float.

## Books

### Explorer Picks:

I Am Every Good Thing  
Ask any willing explorers to pick **3** books from the library shelf.



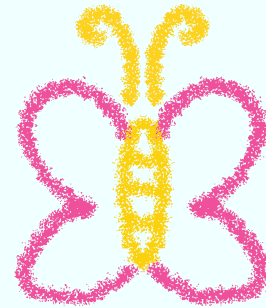
# Morning Reflection: How do I feel stepping into this new rhythm today?

## Creative Expression (Art)

### Identity Dress-Up Parade

Children use scarves, hats, and fabric to dress in a way that shows how they feel today. Parade with music for joyful expression.

## (Fun)Friday



## Language & Literacy

### Good Morning to You

End the week out with a calming call to circle for your group. This is a classic gathering song that the children are sure to love.

## Science & Discovery

### Mirror Play

Children look at themselves in handheld/shatterproof mirrors, noticing details (eye color, smiles, hair). Educator prompts: "What do you see that makes you, you?"

## Self-Knowing Skills

### Show & Tell:

### Something About Me

Each child shares a small item (or selects from classroom items) that tells something about them. Builds self-confidence and community listening.

## Identity

Who am I?

How do I see myself?

How do I fit into the community?

## Math Concepts

### Body Part Counting

Use their own bodies to count together ("How many fingers do you have? Let's count!"). Extend by comparing: "Do we all have the same number?"

## Important People

### Play-Dough

Children use playdough and loose parts to create faces representing themselves or family members. Encourages identity + tactile play.

## Books

### Explorer Picks:

Invite any willing explorers to pick all 4 books from the library shelf.

## Sensory

# Tuesday's Guided Focus

**Affirmation:** Set up a Phrase that can be woven into the way that you empower the children and say it when they need a reminder of their strength, such as: I can do things by myself or I can do hard things.

## LANGUAGE & LITERACY

Explorers will be introduced to a more traditional circle that includes a song that signals the start of circle, conversation about the day (optional whether you want to include the day of the week) talk about the weather, any events going on, you can begin with four songs and either 4 short books or two longer books (still age appropriate)

*"Good Morning" Lyrics:*

Good morning, (child's name)  
Good morning, (child's name)  
Good morning, (child's name)  
We're glad you're here today.

Repeat for each child and include Educators names.

**What do I need for Creative Expression?**

1. Construction Paper
2. Paint (vivid colors)
3. Mirrors
4. Music
5. Paper to ask identity questions

**What do I need for Math Concepts?**

1. Tape Measure
2. Camera
3. Magnifying Glasses
4. clipboards & paper
5. writing tools

## Movement Parade / Identity Walk

A space for children to move freely

**Note:** this activity can be in or outdoors and tie into your gross motor activity & outdoor learning.

**Reminder:** Look, Listen, & Think: This formal activity will be novel for them. Don't try to over control it. Guide them back if they begin to wander, but be ready to shift gears if needed.

# Wednesday's Guided Focus

**Circle Time Affirmation:** I am me, and that is enough! s.

## LANGUAGE & LITERACY

- **Circle is flexible:** Instead of a full sit-down circle, use the walk to the GRC to do the singing portion of circle time.
- **Songs:** I Got a Friend, and one or two other familiar songs. Sing together as you walk to the GRC.
- **Conversation:** Very brief discussion on the way ("We're walking to the GRC! What do you think we'll see?").

### **"Look Who Came to School Today"** Lyrics

Look who came to school today, it's  
(first name, first name) Look who came  
to school today it's (first and last name)  
Let us see you do your dance, (first  
name, first name) Let us see you do  
your dance. (first and last name)

## What do I need for Math Concepts?

1. Counting items for mobile (bells, beads, tubes),
2. simple comparisons ("Which string has more bells?").

## What do I need for Math Concepts?

1. Tape Measure
2. Camera
3. Magnifying Glasses
4. clipboards & paper
5. writing tools

## Physical Element / Gross Motor:

**Walking exploration:** Sing as you walk, move bodies to the rhythm of songs, and notice surroundings. Encourage stretching, tiptoeing, or gentle stomping to reinforce body awareness..

**Reminder: Look, Listen, & Think:** New environment and moving circle may feel novel or distracting. Let children sing and move freely, redirect gently if needed, and observe excitement and curiosity. Be ready to shift into mobile-making once you arrive.

# Thursday's Guided Focus

**Affirmation:** Set up a Phrase that can be woven into the way that you empower the children and say it when they need a reminder of their strength, such as: **I can do things by myself or I can do hard things.**

## LANGUAGE & LITERACY

Educator prepares 2 books. Ask one or two children to pick which book(s) to read. Continue using the circle song and short discussion prompts.

- Include the circle time song that signals the start of circle.
- Quick conversation prompts about the day, weather, or any events (keep brief for first week).

**"I've Got A Friend Named" Lyrics:**

I gotta friend name (child's name)  
(Child's name) is my friend:  
get up and dance, (child's name)  
get up and dance, (child's name)  
(child's name) can sit down.  
Repeat for each child.

**What do I need for Creative Expression?**

1. Large paper for collaborative mural for "Friendship Hands,"
2. paints
3. crayons
4. smocks (optional)

**What do I need for Math Concepts?**

1. Nonstandard units (blocks, cubes, tape measure) for measuring tables, shelves, or footprints.

**Physical Element/ Nature Walk**  
*walk, tiptoe, stomp, hop freely. Encourage self-expression while noticing body movements. Can be indoors or outdoors.*

**Reminder: Look, Listen, & Think: Children may be exploring novel movements. Allow freedom, guide gently, and shift gears if attention wanes.**



# Friday's Guided Focus

**Affirmation:** Set up a Phrase that can be woven into the way that you empower the children and say it when they need a reminder of their strength, such as: **I can do things by myself or I can do hard things.**

## LANGUAGE & LITERACY

- **Circle routine:** Song to signal start.
- **Book scaffolding:** Children choose all books for the day from the library shelf.
- **Group Discussion:** Day, weather, or favorite moment from the week.

### "Good Morning to You" Lyrics:

Good morning to you.  
Good morning to you.  
We're all in our places with sun-shiny faces.  
And this is the way  
We PAUSE our FRIDAY (then go around the room and greet each child by name.)

**What do I need for Creative Expression?**

children bring one item from home or choose one from the classroom to share.

**What do I need for Math Concepts?**

1. fingers  
2. toes,  
3. steps during mini parade.

### Physical Element/ Show & Tell Circle

Children carry their item around a circle or space and pause to share. Incorporates movement, turn-taking, and gross motor awareness..

**Reminder: Look, Listen, & Think:** Children may be excited or distracted. Encourage sharing without pressure. Celebrate all contributions. Be ready to move to a calm activity if energy spikes.

# Week 2: Mix It Up

Scouts 0-18 months

Discovering	Monday	Tuesday	Wednesday	Thursday	Friday
Fine Motor	Building with Blocks	Exploring slime through touch	Hair roller texture exploration	Touch and Explore Ice Cubes melting on a Tray	Water balloon play
Gross Motor	Trampoline bouncing Tummy Time	Slide climbing at park Tummy Time	Blowing bubbles Floor play with rubber toys	Animal walks (crawling, "flying")	Rocketship run
Language & Communication	Nursery Rhymes and sing along	Storytime (little red riding hood)	Identifying Body Parts with baby doll	Life cycle of butterfly song	Talking about colors & shapes
Imaginative Play	Trains and train tracks	Racing cars on ramps	Scarves, and blankets "Peek-A-Boo"	Becoming marching ants	Block and Ring Play
Curiosity & Discovery	Construction walk, watching & listening to the sounds tools hard at work	Nature walk, discovering trees and playground structures	Morning Walk: Listen for Water Sounds	Backyard play, discovering outdoors	Discovering how dirt transforms into mud w/ water

# Week 3: Mix It Up

Scouts 0-18 months

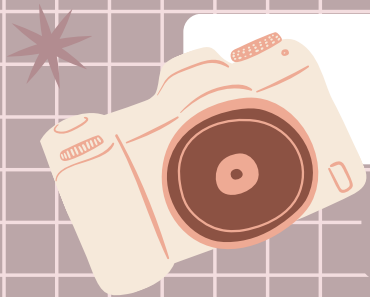
Discovering	Monday	Tuesday	Wednesday	Thursday	Friday
Fine Motor	Building with Blocks	Exploring slime through touch	Hair roller texture exploration	Touch and Explore Ice Cubes melting on a Tray	Water balloon play
Gross Motor	Trampoline bouncing Tummy Time	Slide climbing at park Tummy Time	Blowing bubbles Floor play with rubber toys	Animal walks (crawling, "flying")	Rocketship run
Language & Communication	Nursery Rhymes and sing along	Storytime (little red riding hood)	Identifying Body Parts with baby doll	Life cycle of butterfly song	Talking about colors & shapes
Imaginative Play	Trains and train tracks	Racing cars on ramps	Scarves, and blankets "Peek-A-Boo"	Becoming marching ants	Block and Ring Play
Curiosity & Discovery	Construction walk, watching & listening to the sounds tools hard at work	Nature walk, discovering trees and playground structures	Morning Walk: Listen for Water Sounds	Backyard play, discovering outdoors	Discovering how dirt transforms into mud w/ water

# Week 4: Mix It Up

Scouts 0-18 months

Discovering	Monday	Tuesday	Wednesday	Thursday	Friday
Fine Motor	Building with Blocks	Exploring slime through touch	Hair roller texture exploration	Touch and Explore Ice Cubes melting on a Tray	Water balloon play
Gross Motor	Trampoline bouncing Tummy Time	Slide climbing at park Tummy Time	Blowing bubbles Floor play with rubber toys	Animal walks (crawling, "flying")	Rocketship run
Language & Communication	Nursery Rhymes and sing along	Storytime (little red riding hood)	Identifying Body Parts with baby doll	Life cycle of butterfly song	Talking about colors & shapes
Imaginative Play	Trains and train tracks	Racing cars on ramps	Scarves, and blankets "Peek-A-Boo"	Becoming marching ants	Block and Ring Play
Curiosity & Discovery	Construction walk, watching & listening to the sounds tools hard at work	Nature walk, discovering trees and playground structures	Morning Walk: Listen for Water Sounds	Backyard play, discovering outdoors	Discovering how dirt transforms into mud w/ water





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

CLASS

Infants

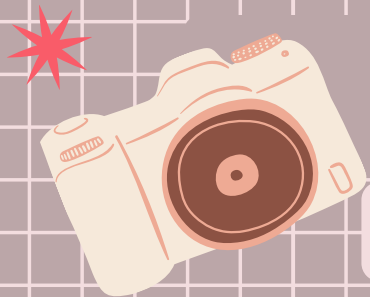
MONTH SEPTEMBER

THEME

ALL ARE WELCOME

	MATH	LITERACY	SCIENCE	SENSORY	SOCIAL-EMOTIONAL
MON	COUNTING HANDS AND FEET	NAME RECOGNITION WITH SONGS	HOT AND COLD EXPLORATION	FAMILY SENSORY BOTTLES	WELCOME SENSORY PLAY
TUES	EXPLORING FAMILY PHOTOS	FAMILY PHOTO BOOKS	SINK OR FLOAT	WELCOME MAT TEXTURE EXPLORATION	FAMILY PICTURE MATCHING
WEDS	STACKING AND COUNTING BLOCKS	WELCOME BOARD WITH NAMES	SHADOW PLAY	SCENTED PLAYDOUGH	GENTLE TOUCH GAME
THURS	SHAPE EXPLORATION	ALL ARE WELCOME STORYTIME	STICKY TAPE EXPLORATION	MULTICULTURAL MUSIC & MOVEMENT	FRIENDSHIP COLLAGE
FRI	MEAL TIME	MEAL TIME	MEAL TIME	MEAL TIME	MEAL TIME





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH SEPTEMBER

TOPIC ALL ARE WELCOME HERE

CLASS INFANTS

	FINE MOTOR	GROSS MOTOR	NATURE BASED LEARNING	SELF HELP SKILLS	DRAMATIC PLAY
MON	REST & REFLECTION	REST & REFLECTION	REST & REFLECTION	REST & REFLECTION	REST & REFLECTION
TUES	SCARF PULLING	BUBBLE CATCHING	HAVE A WALK IN THE COMMUNITY	DRY POURING	WELCOME PARTY
WEDS	POM POMS AND WHISK PULL	BEAN BAG CATCH AND TOSS	AUTUMN NATURE EXPLORATION	LADLE TRANSFER	FRIENDSHIP PLAYHOUSE
THURS	THREADING CARDBOARD AND YARN	DANCE PARTY	EYE SPY NATURE WALK	OPENING AND CLOSING	CULTURAL DRESSUP
FRI	STRAWS AND BOTTLES	PARACHUTE PLAY	STICKY SCAVENGER HUNT	SCOOPING TRANSFER	WELCOME HOME PLAY



# Weekly Focus

September 2-5, 2025

# WHO AM I ?

MONDAY 01 Labor Day	TUESDAY 02	WEDNESDAY 03	THURSDAY 04	FRIDAY 05
8:30-9:30 Arrival, Discovery, & Diaper Changes	09:00 AM - 10:00 AM Biology	09:00 AM - 10:00 AM Mathematics	09:00 AM - 10:00 AM Biology	09:00 AM - 10:00 AM Mathematics
10:00 AM - 11:00 AM English	10:00 AM - 11:00 AM Psychology	10:00 AM - 11:00 AM English	10:00 AM - 11:00 AM Psychology	10:00 AM - 11:00 AM English
11:00 AM - 12:00 PM Psychology	11:00 AM - 12:00 PM English	11:00 AM - 12:00 PM Psychology	11:00 AM - 12:00 PM English	11:00 AM - 12:00 PM Psychology
	01:00 PM - 02:00 PM Design	01:00 PM - 02:00 PM Design	01:00 PM - 02:00 PM Mathematics	01:00 PM - 02:00 PM Design
12:00 PM - 01:00 PM Lunch Break				
02:00 PM - 03:00 PM English	02:00 PM - 03:00 PM Design	02:00 PM - 03:00 PM English	02:00 PM - 03:00 PM Design	02:00 PM - 03:00 PM English

# Week 3: Mix It Up

Rangers

Discovering

Monday

Tuesday

Wednesday

Thursday

Friday

Literacy

Storytime

'Little Red Riding Hood' story time and word repetition

Body parts sing along & storytime

Discussing the life cycle of a butterfly

Storytime

Dramatic Play

Pretend lemonade stand

Transforming soft blocks and mushrooms into a garden

Imagining clouds as shapes

Becoming Marching Ants

Transforming nest into a fort for nap

Process Art

Painting on Easel

Coloring and cutting paper

Shaving cream art

Animal paw painting

Free paint w/color matching paint brush

Science

Mixing water paint and colors

Mixing water and oil

Vinegar & Baking soda experiment

Mixing colors w/primary colors

Discovering how primary colors mix together and transform

Sensory

Touching & Playing with lemons

Hair roller sensory bin

Hair roller sensory bin  
Play dough

Touch and Explore Ice Cubes melting on a Tray

Dirt & mud play





# MONTHLY LESSON PLAN

TEACHER WHO AM I

FOCUS IDENTITY

GROUP: EXPLORERS

MONTH SEPTEMBER **BIG IDEA:** WHO AM I? WHERE DO I BELONG?  
HOW DO I WANT TO BE SEEN?

	MATH	LITERACY	SCIENCE	SENSORY	SOCIAL EMOTIONAL
WK 1	APPLE ESTIMATION JAR	APPLE STAMPING ACTIVITY	SINK OR FLOAT WITH APPLES	HARVEST BIN: DRIED SPLIT PEA BASE, APPLE FILLER	MINDFULNESS MOMENT: AWARENESS
WK 2	CORN COUNTING	CORN LETTER HUNT	CORN LIFE- CYCLE EXPLORATION	REMOVE SPLIT PEA BASE, ADD CORN KERNELS	MINDFULNESS MOMENT: EMPATHY
WK 3	LEAF COUNTING HUNT	CELEBRATE: THE LEAVES ON THE TREES	LEAF CHROMATOGRAPHY	ADD FALL LEAVES	MINDFULNESS MOMENT: COLLABORATION
WK 4	PUMPKIN MEASUREMENTS WITH HANDS	DESCRIBE THE PUMPKIN: PUMPKIN JOURNALING	PUMPKIN INVESTIGATING	ADD MIN PUMPKINS	MINDFULNESS MOMENT: ACTION
WK 5	MEAL TIME	MEAL TIME	MEAL TIME	MEAL TIME	MEAL TIME





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

CLASS

Infants

MONTH OCTOBER

THEME

YOU BELONG HERE

## MATH

## LITERACY

## SCIENCE

## SENSORY

## SOCIAL- EMOTIONAL

**MON**

LEAF COUNTING

LEAFY LETTER  
EXPLORATION

NATURE  
SORTING

PUMPKIN  
GUT  
SENSORY

PUMPKIN  
SENSORY  
EXPLORATION

**TUES**

CATEGORIZING  
ACORN AND  
PINECONES

FALL THEMED  
NURSERY  
RHYMES

EXPLORING  
ACORNS AND  
PINECONES

AUTUMN LEAF  
CRUNCH

LEAF RUBBING  
AND TOUCH

**WEDS**

SORTING FALL  
COLORS

AUTUMN STORY  
SENSORY BIN

RAMP  
AND  
ROLL

CINNAMON AND  
SPICE  
PLAYDOUGH

FALL THEMED  
SENSORY BIN

**THURS**

PUMPKIN  
EXPLORATION

FALL VOCABULARY  
BASKET

WIND  
EXPLORATION

CORNMEAL  
SENSORY BIN

FALL FRIENDS  
PUPPET PLAY

**FRI**

MEAL TIME

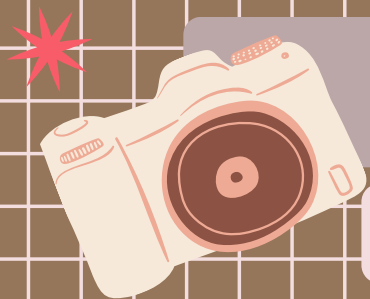
MEAL TIME

MEAL TIME

MEAL TIME

MEAL TIME





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH OCTOBER

TOPIC

CELEBRATING ME

CLASS INFANTS

FINE MOTOR

GROSS MOTOR

NATURE BASED  
LEARNING

SELF HELP  
SKILLS

DRAMATIC  
PLAY

**MON**

REST & REFLECTION

REST & REFLECTION

REST & REFLECTION

REST & REFLECTION

REST & REFLECTION

**TUES**

PUMPKIN SENSORY  
PLAY W/TOOLS

PUMPKIN ROLL  
AND CHASE

LEAF COLLECTING  
AND SORTING

PUMPKIN  
SORTING AND  
TRANSFER

PUMPKIN  
PATCH  
PLAY

**WEDS**

LEAF PASTING

LEAF PILE  
AND PLAY

PUMPKIN  
EXPLORATION

LEAF TEARING  
AND PASTING

FALL  
HARVEST  
MARKET

**THURS**

ACORN COUNTING  
AND SORTING

AUTUMN OBSTACLE  
COURSE

FALL NATURE  
SCAVENGER HUNT

AUTUMN FRUIT  
PEELING

AUTUMN PICNIC

**FRI**

CORN KERNAL  
SENSORY BIN

PUMPKIN  
TOSS

TREE BARK  
EXPLORATIO  
N

PUMPKIN LID  
FITTING

COSTUME  
DRESS UP





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH NOVEMBER

THEME

YOU BELONG HERE

CLASS

Infants

## MATH

## LITERACY

## SCIENCE

## SENSORY

## SOCIAL- EMOTIONAL

**MON**

MATCHING  
SOCKS

STORY TIME WITH  
FRIENDS

WATER  
ABSORPTION  
EXPERIMENT

THANKFUL  
SENSORY  
BOTTLES

GRATITUDE  
SENSORY BIN

**TUES**

COUNTING  
FRIENDS

FRIENDSHIP CIRCLE  
SONGS

TEXTURE  
EXPLORATION WITH  
FEATHERS AND  
SEEDS

CORN HUSK AND  
KERNAL  
EXPLORATION

FRIENDSHIP  
SONG AND  
MOVEMENT

**WEDS**

EXPLORING  
SHADOWS

SHADOW PUPPETS  
AND STORIES

MIXING COLORS  
WITH FRIENDS

GRATITUDE  
TEXTURE BOARD

FALL FEELINGS  
BOOKS

**THURS**

GLOW IN THE DARK  
SHAPES

SOUND MATCHING  
GAME

EXPLORING  
PINECONES AND  
TEMPERATURE

EXPLORING SPICES

SHARING AND  
TAKING TURN  
ACTIVITY

**FRI**

MEAL TIME

MEAL TIME

MEAL TIME

MEAL TIME

MEAL TIME







# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH NOVEMBER

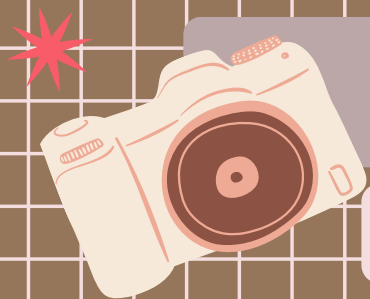
TOPIC

CELEBRATING ME

CLASS INFANTS

	FINE MOTOR	GROSS MOTOR	NATURE BASED LEARNING	SELF HELP SKILLS	DRAMATIC PLAY
MON	REST & REFLECTION	REST & REFLECTION	REST & REFLECTION	REST & REFLECTION	REST & REFLECTION
TUES	FRIENDSHIP DISCOVERY BOX	PUMPKIN ROLL AND CHASE	FALL TREASURE SENSORY BIN	BRACELET STRINGING	FRIENDSHIP CAFE
WEDS	BEAD STRINGING WITH FRIENDS	LEAF PILE PLAY	PUMPKIN SMASHING (OUTDOOR ACTIVITY)	GRATITUDE SHOW AND TELL	GRATITUDE GATHERING
THURS	GRATITUDE JAR	AUTUMN OBSTACLE COURSE	ACORN AND PINECONE COLLECTING	CUP STACKING AND NESTING	FRIENDSHIP GARDEN
FRI	COLLABORATIVE ART	PUMPKIN TOSS	FALL WIND PLAY	HAND WASHING PRACTICE	FRIENDSHIP DOLLHOUSE





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH DECEMBER

TOPIC

FESTIVAL OF LIGHTS

CLASS INFANTS

FINE MOTOR

GROSS MOTOR

NATURE BASED  
LEARNING

SELF HELP  
SKILLS

DRAMATIC  
PLAY

**MON**

REST & REFLECTION

REST & REFLECTION

REST & REFLECTION

REST & REFLECTION

REST & REFLECTION

**TUES**

WINTER  
PRISM  
PLAY

LIGHT UP  
OBSTACLE  
COURSE

LIGHT EXPLORATION  
WITH NATURE  
OBJECTS

SIMPLE  
ZIPPERING

WINTER  
WONDERLAND

**WEDS**

LIGHT TABLE  
EXPLORATION

SNOW BALL  
TOSS

SNOW AND ICE  
SENSORY PLAY

SNOWY  
SENSORY BAG  
MANIPULATION

HOLIDAY  
LIGHT SHOW

**THURS**

IRIDESCENT  
SENSORY  
BAG

WINTER GLOW DANCE  
PARTY

WINTER NATURE  
EXPLORATION

WINTER  
WONDERS  
SORTING

SNOWY DAY  
DRESSUP

**FRI**





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

CLASS

Infants

MONTH DECEMBER

THEME

FESTIVAL OF LIGHTS

**MATH**

**LITERACY**

**SCIENCE**

**SENSORY**

**SOCIAL-  
EMOTIONAL**

**MON**

COUNTING  
CANDLES

LIGHT AND DARK  
STORYTIME

GLOWING  
SENSORY BOTTLES

GLOW IN THE DARK  
SENSORY BAG

WINTER  
WARMTH  
EXPLORATION

**TUES**

EXPLORING  
SHADOWS

GLOW IN THE DARK  
ALPHABET

EXPLORING LIGHT  
WITH FLASHLIGHTS

WARM AND COOL  
SENSORY

WINTER LIGHT  
EXPLORATION

**WEDS**

LIGHT AND DARK  
OBJECTS

CANDLE LIGHT  
READING

EXPLORING  
CHANGING  
DAYLIGHT

SOFTY AND FUZZY  
SENSORY

A SNOWY DAY  
OF PLAY

**THURS**

**FRI**

MEAL TIME

MEAL TIME

MEAL TIME

MEAL TIME

MEAL TIME





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH JANUARY

TOPIC NEW BEGINNINGS & EXPLORATION

CLASS INFANTS

	FINE MOTOR	GROSS MOTOR	NATURE BASED LEARNING	SELF HELP SKILLS	DRAMATIC PLAY
WK 1	REST & REFLECTION	REST & REFLECTION	REST & REFLECTION	REST & REFLECTION	REST & REFLECTION
WK 2	TEXTURE EXPLORATION	TUMMY TIME ON DIVERSE FABRICS	EXPLORING ICE AND WATER	EXPLORING SELF FEEDING	SOFT DRUMS AND MUSIC FROM AROUND THE WORLD
WK 3	LACING	TUNNEL EXPLORATION	NATURE BASKET WITH WINTER ELEMENTS	NEW CUP DISCOVERY	PRETEND KITCHEN AND INTERNATIIONAL FOODS
WK 4	SHAKER BOTTLES	PULL THE CART WITH FRIENDS	SNOWY SENSORY BOTTLES	WASHING HANDS	DRESS UP
WK 5	PAPER CRINKLING	SOFT BALL ROLLING	COLD WEATHER WALK	USING A SPOON WITH NEW FOODS	A WINTER PICNIC WITH CULTURAL DOLLS





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH JANUARY

TOPIC

NEW BEGINNINGS & EXPLORATION

CLASS

INFANTS

	MATH	LITERACY	SCIENCE	SENSORY	SOCIAL EMOTIONAL
WK 1	COUNTING BEADS	WHOSE KNEES ARE THESE?	LIGHT & SHADOW EXPLORATION W/FLASHLIGHTS	WINTER ELEMENTS TUFF TRAY	MIRROR AND REFLECTION PLAY
WK 2	TEXTURE SORTING	LABELING OBJECTS IN THE ROOM	EXPERIMENT W/SNOW OR ICE MELTING	SPICE AND HERB SMELL TRAY	PEEK-A-BOO WITH SILK SCARVES
WK 3	STACKING CUPS	LISTENING TO STORIES IN DIFFERENT LANGUAGES	INFANT-SAFE MAGNETS AND METAL BOARDS DISCOVERY	WARM AND COOL SENSORY BLOCKS	FINGER PUPPETS
WK 4	COUNTING RHYTHM WITH SOFT INSTRUMENTS	RHYTHM AND RHYME	EXPLORING MOVEMENT WITH WATER	SOUND SHAKER EXPLORATION	STORY CORNER
WK 5	MEAL TIME	MEAL TIME	MEAL TIME	MEAL TIME	MEAL TIME





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH FEBRUARY

TOPIC

SHINING BRIGHT:  
CELEBRATING OURSELVES

CLASS

INFANTS

	FINE MOTOR	GROSS MOTOR	NATURE BASED LEARNING	SELF-HELP SKILLS	DRAMATIC PLAY
WK 1	TRACING PATTERNS ON AFRICAN FABRICS	DANCING TO AFRICAN & CARRIBEAN MUSIC	EXPLORING PLANTS AND ROOTS	REST & REFLECTION	REST & REFLECTION
WK 2	TAPPING TO RHYTHMS WITH MARACAS	DRUMMING WITH WEST AFRICAN INSTRUMENTS	CREATIVE ART WITH AFRICAN EARTH TONES	DRESSING UP WITH HEADWRAPS AND SOFT DASHIKI FABRIC	CHEF PLAY
WK 3	CLAY PLAY ALONGSIDE AFRICAN POTTERY	EXPLORING MOVEMENT W/ANANSI THE SPIDER STORIES	WINTER NATURE WALK	WASHING HANDS	PRETEND PLAY WITH AFRICAN ANIMALS
WK 4	WEAVING WITH INFANT-FRIENDLY LOOMS	JUMPING AND STOMPING CIRCLE	SMOOTH STONE EXPLORATION	PRACTICE FEEDING THEMSELVES	EXPLORING WITH ANANSI THE SPIDER
WK 5	STORY QUILT EXPLORATION	OBSTACLE COURSE CELEBRATING BLACK ATHLETES	SENSORY EXPLORATION	PUTTING ON HATS AND SCARVES	"FAMILY TIME" W/DOLLS AND CULTURAL MUSIC







# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH FEBRUARY

TOPIC

I SHINING BRIGHT:  
CELEBRATING OURSELVES

CLASS

INFANTS

	MATH	LITERACY	SCIENCE	SENSORY	SOCIAL-EMOTIONAL
WK 1	SHAPE SORTING WITH SOFT BLOCKS	TEXTURE BOOK EXPLORATION	WATER PLAY	JAZZ AND RHYTHM SENSORY EXPLORATION	I AM BEAUTIFUL AFFIRMATIONS
WK 2	STACKING WITH NESTING CUPS	WHERE IS THUMBKIN?	BUBBLE PLAY	STICKY WALL EXPLORATION	COMFORTING BABY DOLL DRAMATIC PLAY
WK 3	COUNTING SONGS AND FINGERPLAY	STORYTIME WITH PUPPETS	WIND AND SCARVES EXPLORATION	COLORED BIN RICE	GROUP PLAY ACTIVITY
WK 4	FILLING AND DUMPING	OBJECT SOUND PLAY	SOUND EXPLORATION: POTS, PANS, AND WOODEN S POONS	PLAY DOUGH EXPLORATION	SCOOP AND POUR ACTIVITIES
WK 5	MEALTIME	MEAL TIME	MEAL TIME	MEAL TIME	MEAL TIME





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH MARCH

TOPIC SPROUTS & STARTS

CLASS

	FINE MOTOR	GROSS MOTOR	NATURE BASED LEARNING	SELF HELP SKILLS	DRAMATIC PLAY
WK 1					
WK 2	POM-POM AND WATER BOTTLES	TUMMY TIME PAINTING	BIRD WATCHING WALK	DRESSING AND UNDRESSING BABY DOLLS	BABY DOLL BATH TIME
WK 3	THREADING CARDBOARD BEADS	BALLOON KICKING	CLOUD GAZING	WASH THE DISHES SENSORY BIN	STUFFED ANIMAL CARE
WK 4	SCARF PULL THROUGH CARDBOARD TUBES	TEXTURE CRAWL/WALK	EXPLORING SPRING RAIN (WATER PLAY)	FEEDING THEMSELVES	TEDDY BEAR PICNIC
WK 5	PLAYDOUGH PRINTS	BALL REACH AND GRAB	DANDELION SENSORY BIN	DRINKING FROM A CUP	HOME SPACE





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH MARCH

TOPIC SPROUTS & STARTS

CLASS

	MATH	LITERACY	SCIENCE	SENSORY	SOCIAL-EMOTIONAL
WK 1	SHAPE COLLAGE	RHYMING SOUND PLAY	TIN CAN TELEPHONE	EDIBLE SAND BIN	CUDDLE AND STORYTIME
WK 2	BLOCK TOWER BUILDING	MIRROR TALK	CATEGORIZING ANIMALS	SPONGE AND WATER PLAY	PEEK-A-BOO WITH DIFFERENT EMOTIONS
WK 3	CLOUD COUNTING	STORYTELLING WITH BIG BOOKS	OIL AND WATER SENSORY BAGS	BABY BELL FOOT EXPLORATION	HAND CLAPPING GAMES
WK 4	FAMILY COUNTER SORTING	MUSIC AND MOVEMENT	SALT DOUGH CREATION	SENSORY BEAD BASKET	IF YOU'RE HAPPY AND. YOU KNOW IT
WK 5					





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH APRIL

TOPIC BLOOMING WITH PRIDE

CLASS INFANTS

	FINE MOTOR	GROSS MOTOR	NATURE BASED LEARNING	SELF HELP SKILLS	DRAMATIC PLAY
WK 1					
WK 2	FLOWER SORTING TRAY	SPRING CRAWLING PATH	FLOWER SENSORY BIN	SELF FEEDING SNACK TIME	OUR GARDEN PRETEND PLAY
WK 3	RAINBOW PASTA PLAY	BUBBLE CHASE	NATURE SOUND EXPLORATION	TOY CLEAN UP	COOKING PLAY
WK 4	POM-POM WHISK PLAY	SPRING DANCE PARTY	NATURE DISCOVER BAGS	HELP TIDY UP AFTER SNACK	ANIMAL SOUND AND MOVEMENT
WK 5	PUSH AND PULL EGG CARTON PLAY	BIG BODY PLAY	NATURE TEXTURE BOARDS	COLLECT ITEMS AFTER OUTDOOR PLAY	PRETEND PICNIC





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH APRIL

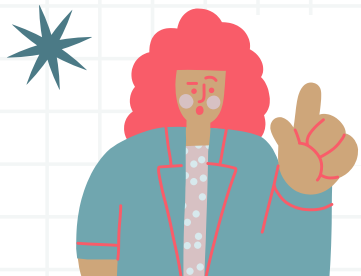
TOPIC

BLOOMING WITH PRIDE

CLASS INFANTS

	MATH	LITERACY	SCIENCE	SENSORY	SOCIAL EMOTIONAL
WK 1	COUNTING AND SORTING	THE VERY HUNGRY CATERPILLER	FLOWER GARDEN STICKY WALL	GARDEN SENSORY BIN	STORYTELING AND BONDING TIME
WK 2	COUNTING NATURE FINDS	DANCING BUTTERFLY PLAY WITH SCARVES	NATURE SENSORY BAG	BUG SENSORY BIN	MIRROR PLAY
WK 3	INTERACTIVE NUMBER SONGS	PRETEND/REAL PUDDLE JUMPING	SCENT JARS	SPRING NATURE BOTTLES	FEELINGS SONGS
WK 4	STACK BLOCKS	RAINBOW TUNNEL GROSS MOTOR PLAY	FEEL BOARD EXPLORATION	NATURE SENSORY BOARD	EMOTION PUPPET PLAY
WK 5					





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

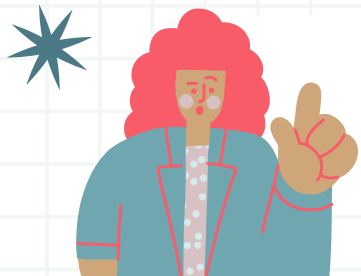
MONTH MAY

TOPIC MAY FLOWERS

CLASS INFANTS

	MATH	LITERACY	SCIENCE	SENSORY	SOCIAL EMOTIONAL
WK 1	ROLLING CARS BY SIZE	CIRCLE TIME STORY BASKET	FLOATING OBJECTS (WATER PLAY)	EDIBLE FINGER PAINTING	GROUP CIRCLE SONGS
WK 2	SORTING SHAPES W/ FELT	FELT BOARD ACTIVITY	MAGNET EXPLORATION	POM POM WATER SCOOPING	FEELINGS IN MOTION SCARF DANCING
WK 3	COUNTING WITH BLOCKS	NURSERY RHYMES	NATURE BASKET EXPLORATION	FABRIC SCRUNCH & SQUEEZE	GENTLE TOUCH SENSORY WALK/CRAWL
WK 4	COLOR MATCHING WITH BALLS	TEXTURE BOOK EXPLORATION	LIGHT AND SHADOW PLAY	SOUND PLAY WITH TEXTURED MATERIALS	MUSICAL HUGS
WK 5					





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH MAY

TOPIC MAY FLOWERS

CLASS INFANTS

	FINE MOTOR	GROSS MOTOR	NATURE BASED LEARNING	SELF HELP SKILLS	DRAMATIC PLAY
WK 1					
WK 2	SPRING SENSORY BOTTLES	OUTDOOR ROLLING AND TUMMY TIME	BLOOMING FLOWER EXPLORATION	SIMPLE DRESS UP	PRETEND GROCERY SHOPPING
WK 3	BEAN AND SPOON TRANSFER	BALLOON TOSS	LATE SPRING SENSORY BIN	PRACTICE HAND WASHING	BABY DOLL CARE
WK 4	CLOTHESPIN PINCHING	CRAWL AND CLIMB TUNNEL PLAY	BIRD WATCHING	WASHCLOTH FACE WASHING	ANIMAL CARE
WK 5	LEAF RUBBING	TUMMY TIME WITH SOFT BALLS	NATURE WALK LEAF COLLECTING	TOY CLEANUP	HOME SPACE PLAY







# MONTHLY LESSON PLAN

TEACHER

SUBJECT

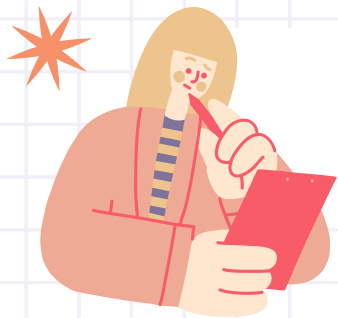
CLASS INFANTS

MONTH JUNE

TOPIC SUNSHINE AND SMILES

	MATH	LITERACY	SCIENCE	SENSORY	DRAMATIC PLAY
WK 1					
WK 2	COUNTING WITH BLOCKS	STORY BASKET EXPLORATION	FLOAT OR SINK WATER PLAY	WATER PLAY WITH SPONGES	CAR WASH
WK 3	SHAPE SORTER PLAY	NATURE-THEMED PICTURE BOOKS	EXPLORING COLORS IN SUNLIGHT	SENSORY FABRIC PULL	PRETEND BOAT RIDE
WK 4	SAND PATTERNS	SINGING THE ALPHABET DURING WATER PLAY	OUTDOOR SENSORY BOTTLES	SAND PLAY WITH SHOVELS	BABY DOLL "BEACH DAY"
WK 5	COUNTING FOOD ITEMS AT SNACK TIME	TOUCH AND FEEL BOARD BOOKS	BUG AND INSECT INVESTIGATION	CORNSTARCH AND WATER EXPLORATION	PRETEND BUG CATCHING





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH JUNE

TOPIC SUNSHINE AND SMILES

CLASS

INFANTS

	FINE MOTOR	GROSS MOTOR	NATURE BASED LEARNING	SELF HELP SKILLS	SOCIAL EMOTIONAL
WK 1	NATURE TREASURE HUNT WITH BASKETS	EARLY YEARS YOGA	OUTDOOR WATER EXPLORATION	CLEAN UP AFTER SNACK	COOPERATIVE HOLLOW BLOCK PLAY
WK 2	MARK MAKING WITH CHALK	PARACHUTE PLAY	BUG OBSERVATION	PUT ON SUNHATS	PEEK-A-BOO TUNNEL CRAWL
WK 3	LEAF TEARING	FREE RUN AND PLAY	PLANTING EDIBLE FLOWER SEEDS	PUT AWAY OUTDOOR TOYS	GENTLE BALL PASSING
WK 4	ICE CUBE PAINTING	OUTDOOR TUNNELS AND CLIMBERS	FEATHER COLLECTING AND SORTING	TOY SORTING & CLEAN UP	GROUP MOVEMENT GAME
WK 5					





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH JULY

TOPIC SPLISH, SPLASH, AND PLAY

CLASS INFANTS

	MATH	LITERACY	SCIENCE	SENSORY	DRAMATIC PLAY
WK 1	PATTERN EXPLORATION WITH FABRIC SQUARES	LISTENING FOR CLOSE UP AND FAR AWAY SOUNDS IN THE ENVIRONMENT	ROCK EXPLORATION	WATER AND BABY-FRIENDLY FOAM EXPLORATION	CONSTRUCTION PLAY
WK 2	SORTING BY TEXTURE	PICTURE WALK WITH BOOKS WITHOUT WORDS	CAUSE AND EFFECT: DROP AND ROLL	WATER AND SHAVING CREAM SQUISH	MAIL DELIVERY STATION
WK 3	FILL AND DUMP PLAY WITH SMALL OBJECTS	SINGING AND STORIES WITH PUPPETS	BABY-SAFE MAGNET EXPLORATION	BUBBLE WRAP WATER STOMP	SUPERMARKET ROLE PLAY
WK 4	COMPARING OBJECT SIZE WITH BALLS	ALPHABET BLOCK STACKING	EXPLORING WATER FLOW	WATER PAINTING ON THE SIDEWALK	PRETEND PET CARE
WK 5					





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH JULY

TOPIC SPLISH, SPLASH, AND PLAY

CLASS INFANTS

	FINE MOTOR	GROSS MOTOR	NATURE BASED LEARNING	SELF HELP SKILLS	SOCIAL- EMOTIONAL
WK 1					
WK 2	STICKY TAPE BALL RESCUE	OUTDOOR CRAWLING ADVENTURE	NATURE TEXTURE EXPLORATION	PUTTING TOYS AWAY	MIRROR PLAY
WK 3	FEATHER TOUCH AND FEEL	LARGE SOFT BALL PLAY	WATER PLAY AND FLOATING LEAVES	DRINKING FROM SIPPY CUP	GENTLE TOUCH AND EMERGENT TURN TAKING
WK 4	THREADING RIBBONS THROUGH HOLES	PUSH AND PULL ACTIVITIES	OUTDOOR SENSORY WALK	WIPING HANDS AND MOUTH	COZY CORNER FOR SELF SOOTHING
WK 5	SPONGE SQUEEZE	TUNNEL CRAWLING	WIND CHIME LISTENING	PUTTING ON SUN HAT	GROUP PLAY WITH SOFT TOYS





# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH AUGUST

TOPIC ADVENTURES IN NATURE

CLASS

INFANTS

**MATH**

**LITERACY**

**SCIENCE**

**SENSORY**

**DRAMATIC  
PLAY**

**WK  
1**

**WK  
2**

**WK  
3**

**WK  
4**

**WK  
5**

SORTING  
BY  
TEXTURE

LISTENING TO  
RHYMING  
SONG

CAUSE AND  
EFFECT WITH  
RATTLES

TEXTURED  
BLANKET  
CRAWL

PRETEND  
TEA  
PARTY

COUNTING  
WHILE  
STACKING  
BLOCKS

BOARD  
BOOK  
EXPLORATION

EXPLORING  
WATER AND  
FLOATING TOYS

SCENT  
EXPLORATION  
WITH HERBS

DRESS  
UP

SHAPE  
EXPLORATION  
TOYS

LABELING  
FAMILIAR  
OBJECTS

"WHAT'S INSIDE?"  
DISCOVERY  
BASKET

SOUND  
EXPLORATION  
WITH BELLS

PRETEND  
CAR  
RIDE



# MONTHLY LESSON PLAN

TEACHER

SUBJECT

MONTH AUGUST

TOPIC ADVENTURES IN NATURE

CLASS INFANTS

	FINE MOTOR	GROSS MOTOR	NATURE BASED LEARNING	SELF HELP SKILLS	SOCIAL EMOTIONAL
WK 1					
WK 2	FINGER PAINTING WITH SOFT BRUSHES	PUSH TOY PARADE	LEAF EXPLORATION	PRACTICE WITH SELF FEEDING	MY TURN, YOUR TURN BALL ROLL
WK 3	PICKING UP POM-POMS	ROLLING A LARGE BALL	OUTDOOR TUMMY-TIME/BIG BODY PLAY	PUT AWAY BASKETS	EXPLORING MIRRORS
WK 4	CLOTHES PIN DROP	SOFT OBSTACLE COURSE	WIND EXPLORATION	WASHING HANDS PRACTICE	HUGGING SOFT TOYS
WK 5	RING PULLING ON PEGS	PILLOW MOUNTAIN CLIMBING	WATER PLAY WITH NATURE	DRESSING WITH HELP	HELP A FRIEND GAME

