BLISSFUL LEISURE GUIDE

The Perfect Picnic

PRINTABLE CHECKLIST

Simple. Beautiful. Unforgettable.

Everything you need for a relaxing, delicious, and memorable picnic experience.



THE ESSENTIALS

- [ ] Picnic blanket
- [ ] Picnic basket or tote
- [ ] Reusable plates & utensils
- [ ] Napkins or cloth napkins
- [ ] Wine glasses or tumblers
- [ ] Trash bags (pack it out!)
- [ ] Hand wipes or sanitizer
- [ ] Sunscreen
- [ ] Bug spray

DELICIOUS BITES

- [ ] Fresh fruit
- [ ] Cheese variety
- [ ] Charcuterie (meats)
- [ ] Crackers or artisan bread
- [ ] Nuts or olives
- [ ] Veggies & dip
- [ ] Dark chocolate or dessert
- [ ] Drinks (water, wine, sparkling)
- [ ] Something sweet

EXTRAS FOR COMFORT

- [ ] Pillows or cushions
- [ ] Light jacket or sweater
- [ ] Books or magazines
- [ ] Portable speaker (optional)
- [ ] Camera or phone for photos
- [ ] Hat & sunglasses

Thoughtful Touches

- [ ] Fresh flowers
- [ ] A handwritten note
- [ ] Fairy lights (for evening)
- [ ] Scented candle (citronella)
- [ ] Pretty serving board
- [ ] Tablecloth or linen
- [ ] Polaroid camera
- [ ] Playlist for the mood

PICNIC TIPS

- Choose a scenic spot
- Check the weather
- Pack light, but smart
- Bring more water
- Relax & enjoy the moment!

BEVERAGES

- [ ] Water (still or sparkling)
- [ ] Wine or champagne
- [ ] Juice or lemonade
- [ ] Iced tea
- [ ] Coffee or tea (in a thermos)

THE PERFECT SPOT

- [ ] Lake or beach
- [ ] Vineyard
- [ ] Park or garden
- [ ] Mountain or overlook
- [ ] Backyard oasis
- [ ] Anywhere that brings you joy!

Don't Forget!

Good food. Beautiful places. Blissful memories.

TRAVEL WELL. LIVE BLISSFULLY.