

UNIVERSITY OF
MARYLAND
EXTENSION



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Downtown Hagerstown After School 4-H Club

Come give 4-H a try!!!

Doors Open at 4:00

Program runs from 4:30–5:15 p.m.

Every Thursday

**Location: Zion Reformed United Church of Christ
201 N Potomac St., Hagerstown, MD 21740**

**Youth Kindergarten–12th grade are invited to attend!
(Parents please plan to stay with your child the first few weeks)**

Activities will include:

**Science, Technology, Engineering, Healthy Living, Leadership,
Robotics, Citizenship, Cooking, Sewing and much more!**

Craft & Snack time also provided.

What are you waiting on? Come and join the FUN!!!

See Back For More Information About 4-H.

The University of Maryland Extension programs are open to all and will not discriminate against anyone because of race, age, sex, color, sexual orientation, physical or mental disability, religion, ancestry, or natural origin, marital status, genetic information, political affiliation, or gender identity and expression.

Washington County 4-H Youth Development Program

An Introduction to 4-H

What is 4-H?

4-H is a youth development program that empowers youth with the skills to lead for a lifetime. 4-Her's "learn by doing" by participating in club meetings, completing projects, preparing for public speaking or judging events, as well as attending camps, trips and conferences.

Who may join 4-H?

All youth who are at least 8 years of age by January 1 and who have not passed their 19th birthday by January 1 can join 4-H. A special 4-H Clover Program is offered for children ages 5 through 7.

How do kids and teens get involved?

Many 4-H programs are community-based, with leadership provided by adult and teen volunteers. Each county and Baltimore City has programs that are designed to meet the needs of kids, teens, and the volunteers who work with them, so 4-H may look different in different places. Typically, young people participate in 4-H in one or more of these ways:

- 4-H clubs that meet one or more evenings or weekends a month, depending on the club and what club members want to do.
- 4-H clubs that meet once a week in an afterschool program.
- 4-H special interest groups that meet every week for one or more months.
- 4-H overnight or day camps that are offered during the summer.

4-H at a Glance



The 4-H Emblem: The 4-H's on each leaf stand for the words Head, Heart, Hands, and Health.

4-H Colors: Green and White

4-H Slogan: "Learn by Doing"

4-H Motto: "To Make the Best Better"

4-H Pledge: "I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service and my Health to better living, for my club, my community, my country, and my world."



HEAD



HEART



HANDS



HEALTH

Why do kids and teens like 4-H?

4-H is learning and doing exciting things at meetings, social activities, workshops, camps, trips and fairs. 4-H is making friends and spending time with others who share similar interests. 4-H is leadership opportunities and helping others. 4-H is responsibility, hard work and success.

