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WATCH US ON LIVESTREAM 10:30AM SUNDAYS



TRINITY PROFILE SURVEY



HTTPS://UNITED-CHURCH.CA/ HTTPS://CANADIANSHIELDRC.CA/

TRINITY TIMES



Profile Team Survey

Greetings all,

On April 18th, members of the Trinity Lively Profile Team, along with Rev. Catherine Sommerville and Rev. Melody Duncanson-Hales provided an update and further information on Sudbury's current United Church situation. Should you have any questions about this presentation, please reach out to Patti Wilkin, Liz Chorkawy or Kristin Gibeault. When you are able, the Profile Team asks that complete the following survey. Responses will help to further guide our Living Faith Story and future job description.

https://docs.google.com/forms/d/e/ 1FAIpQLSfB3jVU-f6XGB-UFf_SjF_UCVB_TBI9PGFBwMvtkffwdBoaRg/ viewform?usp=sf_link

Much thanks from the members of Trinity Lively Profile Team

Mental Health Awareness

The United Church marked Mental Health Sunday on May 2nd for the first time. During the first week of May there where live sessions with chaplains Please contact Diane in the office for newsletter submissions. and ministers on the church's Facebook Page. Check out the blog post "Breaking the Silence about Mental Health" by Amy Crawford, Identity and Mission Team.

More details are available on Sharepoint. Lets look after ours and others mental health ! Resources are available from Morneau Shepell, Canada Life, Canadian Mental Health and more.

Amy has set up the network's Facebook page. Please LIKE the page and, if possible, introduce the page to others in your network who would be interested in the work of this network. Here is the link and we encourage all to utilize it for the purpose it's been set up.

https://www.facebook.com/United-Church-of-Canada-Mental-Health-Network-102391831971927

Another link is the Mental Health Awareness Week Seminar page in The United Church's website. The link is below.

https://united-church.ca/events/mental-health-awareness-week-webinars

There is a 7-blog series dedicated for Mental Health Week. Please visit our Round The Table page to read the blogs.

https://united-church.ca/blogs/round-table

Amy's blog, Breaking the Silence about Mental Health explains how the Mental Health Sunday in the United Church came about. You can read it via the link below.

 $\label{eq:https://united-church.ca/blogs/round-table/breaking-silence-about-mental-health} https://united-church.ca/blogs/round-table/breaking-silence-about-mental-health} https://u$

See below for more resources

Summer Job opportunity with Canadian Shield Region: Youth Engagement Coordinator (9 positions available)

Youth Service for Pentecost



Online Event Sunday at 7 PM EDT – 9 **PM EDT** Price: Free · Duration: 2 hr Public · Anyone on or off Facebook On May 23rd at 7:00 PM we will have our final Liturgical Calendar service on Zoom. We will explore the great mystery of the Holy Spirit through prayer, music, discussion, and reflection. We hope to see you there!

Look for "The Hub" on Facebook for link.

Canadian Shield RC is hiring! This summer we are offering positions to young people (ages 18 – 30) who are post-secondary students or recently graduated from secondary/post-secondary education that are actively involved in contextual social justice-based conversations such as: antiracism, environmental, queer issues, harm reduction, Indigenous, mental health, public health, housing, and spirituality. This summer will focus on the desire for community and connection in this virtual time, while we share in building a community of love and service with one another.

Duties include: engagement through social media platforms, supporting Communities of Faith, resource development, hosting events, facilitating conversations.

For more information, please contact Melody Duncanson Hales (<u>mduncanson-hales@united-church.ca</u>) or Jeffrey Dale (<u>jdale@united-church.ca</u>)

<u>Mental Health Awareness in The United Church of</u> <u>Canada – Resources</u>

Other Resources:

LifeSpeak wellness platform: https://www.uccan-benefitscentre.ca/group-benefits/lifespeakwellness-platform/

Employee and Family Assistance Program (EFAP) for active members of the United Church Benefit plan:

The EFAP is a confidential short-term counselling and information service provided by Morneau Shepell; the EFAP can be reached at 1-800-387-4765 (English) or 1-800-361-5676 (French). The WorkHealthLife website (www.workhealthlife.com) and the associated mobile application (myEAP) can also be accessed for assistance.

Mental Health Commission of Canada – a federal organization developing a national mental health strategy, offering support, and programs:

http://mentalhealthcommission.ca/



As we approach Pride Sunday on June 6th, Trinity United Church, Capreol, invites you to

join their hymn sing on Thursday, June 3. It will feature songs with, for, about, and by people from the LGBTQ+ community celebrating the rich diversities of our genders, orientations, identities and expressions. We will share words of inspiration and challenge and sing from Voices United, More Voices, Songs for the Holy Other, and other sources as we seek to foster authentic welcome, community, justice and joy.

Please join us on Zoom, Thursday, June 3, 2021, 7:30 p.m. https://us02web.zoom.us/j/ 82498651735 Meeting ID: 824 9865 1735 eMental Health - finding mental health services in your community: http://www.ementalhealth.ca/

Crisis Services Canada – Suicide prevention and support: http://www.crisisservicescanada.ca/ 1-833-456-4566 (Quebec Residents: 1-866-277-3553)

Canadian Mental Health Association – local offices offer services and support: <u>http://cmha.ca/</u>

Books:

Coleman, Monica. <u>Bipolar Faith: A Black Woman's Journey with Depression and Faith</u>. (Minneapolis: Fortress Press, 2016).

Finnegan-Hosey, David. Christ on the Psych Ward. (New York: Church Publishing, 2018).

Greene-McCreight, Kathryn. <u>Darkness Is My Only Companion: A Christian Response to Mental</u> <u>Illness</u>. (Grand Rapids: Brazos Press, 2006).

Keefe, Rachael A., <u>The Lifesaving Church: Faith Communities and Suicide Prevention</u> (Atlanta: Chalice Press, 2018).

Lund, Sarah Griffith. <u>Blessed Are the Crazy: Breaking the Silence about Mental Illness, Family and Church.</u> (Atlanta: Chalice Press, 2014).

Lund, Sarah Griffith, <u>Blessed Union: Breaking the Silence about Mental Illness and Marriage</u> (Atlanta: Chalice Press, 2021).

Proeschold-Bell, Rae Jean and Byassee, Jason. <u>Faithful and Fractured: Responding to the Clergy</u> <u>Health Crisis.</u> (Grand Rapids: Baker Academic, 2018).

Edge: A Network for Ministry Development

http://edge-ucc.ca/

EDGE: A Network for Ministry Development began in 2011 as a three-year project focused on new and renewing ministries across The United Church of Canada. In 2014, it was integrated into the periphery of the Church in Mission unit of the General Council Offices.



EDGE joins hands with those willing to take a leap into the promise; God breaking open the church, breaking into the world. EDGE is a living web of new and renewing ministries and leaders in the power of the Spirit, following Christ, embracing God's mission in the world. We work with congregations, presbyteries, conferences, regional councils, and ministries across Canada in areas of new ministry, renewing ministry, property, and innovation. You can contact us, find out about our staff, and find us on Facebook, Twitter, and YouTube.