



Miriam Chin



**PSYCHOLOGIST &
CLINICAL PSYCHOLOGY REGISTRAR**


Miriam (she/her) is an AHPRA registered psychologist who achieved her Master of Clinical Psychology at the University of Sydney. She is currently completing her registrar program to be endorsed as a clinical psychologist.

EDUCATION/SKILLS (In Brief)

- Master of Clinical Psychology
- Level 2 Gottman Couples Counselling
- Level 1 EMDR Training
- Level 1 Schema Therapy
- Neurodiverse and gender affirming practices
- Bachelor of Psychology (Honours)
- Bachelor of Pharmacy

CONTACT

 02 4288 4667

 admin@mindmode.com.au

 www.mindmode.com.au

EXPERIENCE

Psychologist & Clinical Psychology Registrar

Mind Mode Psychology and Wellness

- Implement evidence based therapeutic interventions for individuals, couples, and families
- Provide service under private and NDIS
- Conduct comprehensive ADHD assessments

Provisional Psychologist

University of Sydney Psychology Clinic

- Provided individual adult therapy and post-Milan systemic family therapy
- Conducted comprehensive adult and children psychometric testing

Child Behaviour Research Clinic

- Conducted child assessments for diagnoses of CD, ODD, and ADHD
- Provided parent management training using integrated family intervention

South Coast Private Hospital

- Delivered group programs for ACT, DBT, CBT, self-compassion, addiction, and ADHD
- Conducted assessment for PTSD

Miriam Chin



SPECIAL INTEREST AREAS

- Couples Counseling and Relationship Difficulties
- Family therapy
- Parent management training
- Self-compassion and empowerment

GENERAL INTEREST AREAS

- Anxiety
- Depression
- Schema Therapy
- EMDR
- ACT
- DBT
- Distress Management Skills
- Trauma - Adult and childhood
- Mindfulness
- Relaxation
- Boundary Setting Skills
- Motivation and Goal Setting
- Burnout
- Communication
- Older Adult Mental Health

AREAS OUTSIDE OF EXPERTISE/TRAINING

Please be aware that all clinicians have areas/presentations that may not suit their abilities/interests/training or style. We list these in the interest of clients finding the best match possible for their needs.

- Chronic Pain
- End of life counselling
- Hallucinations/Psychosis
- Eating Disorders

Miriam Chin



PERSONAL PAGE

"Know all the theories, master all the techniques, but as you touch a human soul, be just another human soul." Carl Jung

Miriam (she/her) is an AHPRA registered psychologist who achieved her Master of Clinical Psychology at the University of Sydney. She is currently completing her registrar program to be endorsed as a clinical psychologist.

She aims to provide a safe, compassionate, and collaborative space to help clients recognise their strengths, overcome their challenges, and affect long-term changes. She is a curious and empathetic listener, and her therapeutic approach is non-judgemental, respectful and client centred. She aims to provide compassionate care to individuals from diverse backgrounds

Miriam draws from her experience with evidence-based therapeutic modalities such as Cognitive Behavioural Therapy, Acceptance and Commitment Therapy, Dialectical Behavioural Therapy, and Schema Therapy to tailor an individualised treatment plan for her clients. She works with adults and adolescents from all backgrounds with a range of clinical presentations including anxiety, depression, stress, phobias, relationship difficulties, suicidality, PTSD, and emotion dysregulation. She trained at the Child Behaviour Research Centre and worked with parents of young children with behavioural issues such as oppositional defiance disorder, ADHD, conduct disorder, and autism.

Miriam has completed level 2 of the Gottman Couples Counselling method. She enjoys working with couples to strengthen their relationships and to overcome any difficulties by providing a safe space for effective communication and offering practical strategies. She also has experience delivering psychoeducation in group programs at South Coast Private Hospital in the areas of addiction, ADHD, anxiety, depression, and trauma.