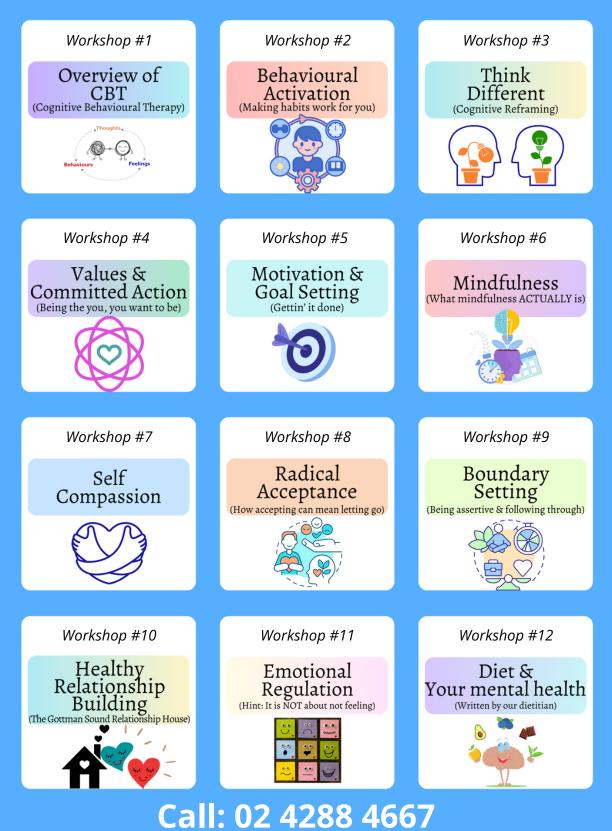
## Mind Mode's **FREE WORKSHOPS** Every Monday from 1-3pm

<u>Come to any that you like or ALL of them!</u>

Each will be run as a separate workshop, all you need to do is call or email to book and complete your consent form.



Email: admin@mindmode.com.au