

Counselling Services List	Cathy	Helena	Marie-Clare	Melinda	Ailsa	Rebecca	Steve	Sarah H	Candice	Hilary	Annalise	Michael
Title	Principal Psychologist Clinical Registrar	Clinical Psychologist	Psychologist	Doctorate Clinical Psychologist	Psychologist	Clinical Psychologist	Psychologist	Psychotherapist Clinical Counsellor	Provisional Psychologist	Provisional Psychologist	Provisional Psychologist	Provisional Psychologist
Rebates/Covers available:  (Please note all practitioner's can be seen privately)	Medicare NDIS - Self Managed EAP - (Check with provider) Private Health Workers Compensation	Medicare NDIS - Self Managed EAP - (Check with provider) Private Health	Medicare NDIS - Self Managed Open Arms EAP Private Health	Medicare NDIS - Self Managed EAP Private Health	Medicare NDIS - Self Managed Open Arms EAP Private Health	NDIS - Self Managed EAP - (Check with provider) Private Health	Medicare NDIS - Self Managed Open Arms EAP Private Health	NDIS - Self Managed EAP - (Check with provider) Private Health Workers Compensation	NDIS - Self Managed EAP - (Check with provider)	NDIS - Self Managed EAP - (Check with provider)	NDIS - Self Managed EAP - (Check with provider)	NDIS - Self Managed EAP - (Check with provider)
Ages seen	7+	16-35	18+	18+	18+	18+	18+	18+	13+	5+	12+	12+
Acceptance & Commitment Therapy (ACT)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Adjustment Disorder	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
ADHD		✓	✓					✓	✓	✓		✓
Alcohol Dependence*					✓	✓	✓	✓				
Anger	✓		✓	✓	✓	✓	✓	✓		✓		✓
Anxiety	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Attachment-based therapy		✓		✓		✓	✓	✓	✓	✓		
Autism - Social Skills	✓				✓			✓	✓	✓		
Bipolar	✓	✓	✓	✓	✓		✓	✓	✓			
Burnout	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Careers Guidance	✓	✓		✓	✓					✓		
Child Psychology		✓								✓		
History of childhood trauma* (e.g. D.V., Bullying, homelessness etc.)	✓	✓		✓	✓		✓	✓		✓		
History of childhood sexual abuse*		✓		✓	✓		✓	✓		✓	✓	✓
Cognitive Behavioural Therapy (CBT)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Communication Techniques	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Conflict Resolution Skills	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Couples Therapy (Gottman)*	✓	✓						✓	✓	✓		
Criminal Case Reports*							✓	✓				
Depression	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Dialectical Behaviour Therapy		✓	✓	✓	✓	✓	✓	✓	✓	✓		✓
Domestic Violence (victims of; escaping)	✓	✓			✓	✓	✓	✓				
Drug Abuse*					✓		✓	✓				
Chronic Eating Disorders				✓				✓	✓			
Family Court Reports*								✓				
Fatigue Management	✓	✓	✓	✓	✓	✓		✓			✓	✓
Fitness for Work Plans and Assessment*					✓							
Gambling Addiction*	✓						✓	✓				
Grief and Loss	✓	✓	✓	✓	✓	✓	✓	✓				
Mindfulness	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mood Disorders	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Motivation	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Obsessive Compulsive Disorder	✓	✓	✓	✓	✓	✓	✓	✓				
Pain				✓	✓	✓	✓	✓				
Parenting	✓	✓	✓		✓					✓		
Partners of people with addictions	✓	✓	✓	✓	✓		✓	✓	✓	✓		✓
Perinatal	✓	✓	✓	✓								
Personality Disorders*				✓	✓	✓	✓	✓				
Phobias		✓	✓	✓	✓	✓	✓	✓			✓	
Psychodynamic Therapy	✓		✓	✓					✓			
P.T.S.D (As some areas of P.T.S.D are speciality areas please call for clarification)*	✓			✓	✓	✓	✓	✓				
Relaxation Strategies	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Relationship Difficulties	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Schema Therapy*				✓		✓		✓				
Self Esteem	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Chronic Self Harm and Suicidal Ideation				✓	✓	✓	✓	✓				
Sexual Assault*	✓	✓		✓	✓	✓	✓	✓		✓		
Sexual Health and Dysfunction										✓		
Sleep Issues	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Stress	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Supervision for Psychologists (Registrar and 5+1 Provisional Psychologists)	✓					✓						
Team Building and Motivational Training	✓							✓		✓	✓	✓
Veterans	✓		✓		✓		✓					
Workers Compensation	✓				✓	✓						