

BREAKFAST OMELETTE’S

Cedar Run Omelette	\$ 8.25
3 eggs with bacon, mushroom, onion, garlic, and cheddar cheese with choice of two toast.	
Western Omelette	\$ 7.95
3 eggs with diced ham, onion, red peppers, and choice of cheese with choice of two toast.	
Three Cheese Omelette	\$ 7.95
3 eggs with swiss, cheddar, and dofino cheese with choice of two toast.	
Silver Lake Omelette	\$ 8.25
3 eggs with artichoke hearts, spinach, and feta cheese with choice of two toast.	
Santa Fe Omelette	\$ 8.25
3 eggs with cheddar cheese, bacon, salsa, and roasted jalapeno with choice of two toast.	
Leland Omelette	\$ 8.25
3 eggs with spinach, roma tomato, mushroom, and fresh mozzarella cheese with choice of two toast.	
Texas 6 Egg Omelette	\$13.95
6 eggs with cheddar and swiss cheese, bacon, sausage, mushroom, roasted jalapeno, garlic, and onion with choice of two toast.	
Build Your Own 3 Egg Omelette	\$ 7.95
Your choice of three fillings with choice of two toast.	
Build Your Own 2 Egg Omelette	\$ 6.95
Your choice of three fillings with choice of one toast.	
Build Your Own 6 Egg Omelette	\$13.95
Your choice of five fillings with choice of two toast.	
Omelette Fillings:	
Swiss, cheddar, dofino, feta, mozzarella or bleu cheese.	
Additional cheese \$ 1.00	
Bacon, sausage, ham, or turkey.	
Additional meat \$ 2.00	
Artichokes, jalapeno, mushroom, red onion, garlic roma tomato, red peppers, roasted potato, salsa, spinach, tomato, or yellow peppers.	
Additional item \$ 1.00	
EGGS & MORE	
Three Eggs Any Style	\$ 7.25
Roasted potatoes, choice of bacon or sausage with choice of two toast.	
Two Eggs Any Style	\$ 6.35
Roasted potatoes, choice of bacon or sausage with choice of one toast.	
Two Eggs Any Style With Toast	\$ 3.75
Choice of one toast.	
One Egg Any Style	\$ 1.25

BREAKFAST BURRITO’S

Cedar Breakfast Burrito	\$ 7.75
Scrambled eggs, bacon, sausage, roasted potatoes, cheddar cheese, dofino cheese, jalapeno, and house made salsa wrapped in a tortilla.	
Breakfast Bacon Burrito	\$6.25
Scrambled eggs, bacon, roasted potatoes, cheddar cheese, and house made salsa wrapped in a tortilla.	
Breakfast Sausage Burrito	\$ 6.25
Scrambled eggs, sausage, roasted potatoes, cheddar cheese, and house made salsa wrapped in a tortilla.	
Breakfast Egg Potato Burrito	\$ 6.25
Scrambled eggs, roasted potatoes, cheddar cheese, and house made salsa wrapped in a tortilla.	
Holland Breakfast Burrito	\$ 6.99
Scrambled egg whites, turkey, spinach, roasted potatoes, swiss cheese, jalapeno, sour cream, and house made salsa wrapped in a tortilla.	
BREAKFAST	
Arkansas	\$ 7.79
2 eggs scrambled, topped with crisp bacon, and dofino cheese on toasted nine grain bread.	
Sunday Roll	\$ 7.95
Toasted french roll with cream cheese, roma tomato, red onion, bacon and topped with a sunnyside egg served open face.	
French	\$ 7.25
2 eggs scrambled, topped with sliced ham, dofino and cheddar cheese on a toasted croissant.	
Mason	\$ 7.25
Two eggs scrambled with chopped roma tomato, jalapeno, roasted red pepper, cheddar and swiss cheese, mayonnaise on toasted sourdough bread.	
Lansing	\$ 7.25
Two eggs scrambled, topped with sausage, cheddar cheese, and mayonnaise on toasted sourdough bread.	
Pancakes	\$ 6.25
Stack of three Rolling Farms pancakes. Served with butter and 4 oz local maple syrup.	
Stack of two Rolling Farms pancakes. Served with butter and 3 oz local maple syrup.	
Single Rolling Farms pancake.	\$ 3.95
Served with butter and 2 oz local maple syrup.	
Blueberry Pancakes	add \$ 1.00
Croissant French Toast	\$ 7.35
Four halves of grilled croissant french toast, served with butter, local maple syrup, and powdered sugar.	
French Toast	\$6.95
Four halves of grilled french toast, choice of bread served with butter, local maple syrup, and powdered sugar.	

BREAKFAST

Good Harbor	\$ 11.25
Two eggs, two pancakes, two bacon, two sausage, two toast, and roasted red potatoes served with butter and 3 oz local maple syrup.	
Huevos Ranchero	\$ 6.95
Two corn tortillas topped with two sunny side eggs, sour cream, and house made salsa served with roasted potatoes.	
Bacon Skillet Scramble	\$ 8.25
Roasted potatoes topped with three scrambled eggs, cheddar cheese, bacon, sour cream, and house made salsa.	
Sausage Skillet Scramble	\$ 8.25
Roasted potatoes topped with three scrambled eggs, cheddar cheese, sausage, sour cream, and house made salsa.	
Skillet Scramble	\$ 7.25
Roasted potatoes topped with three scrambled eggs, cheddar cheese, sour cream, and house made salsa.	
Empire Scramble	\$ 8.25
Roasted potatoes topped with three scrambled eggs, cheddar cheese, roasted jalapeno, roasted red peppers, mushroom, sour cream, and house made salsa.	
Pyramid Point Scramble	\$ 8.25
Roasted potatoes topped with three scrambled eggs, feta cheese, spinach, roasted red peppers, onions, sour cream, and house made salsa.	
SIDES	
Bacon, Four Strips,	\$ 3.00
Bacon, Two Strips,	\$ 1.65
Roasted Red Potatoes, 4oz	\$ 2.00
Sausage Patty, Two	\$ 2.50
Sausage Patty, One	\$ 1.35
Pure Michigan Maple Syrup, 4 oz	\$ 2.25
House Made Salsa, 4 oz	\$ 1.50
Sour Cream, 2 oz	\$ 1.00
Avocado Spread, 1 oz	\$ 1.00
Peanut Butter, 1 oz	\$ 1.00
Cream Cheese, 1 oz	\$ 1.00
Basket Rental	\$ 5.00
One Day, \$40.00 deposit required	

BAKERY

Banana Pecan Muffin With Butter	\$ 2.25
Blueberry Muffin With Butter	\$ 2.25
Croissant With Butter	\$ 2.10
French Roll With Butter	\$ 2.10
Potato Chips	\$ 1.28
Toast, One Slice With Butter	\$ 1.32
Tortilla With Butter	\$ 1.50

DESSERT

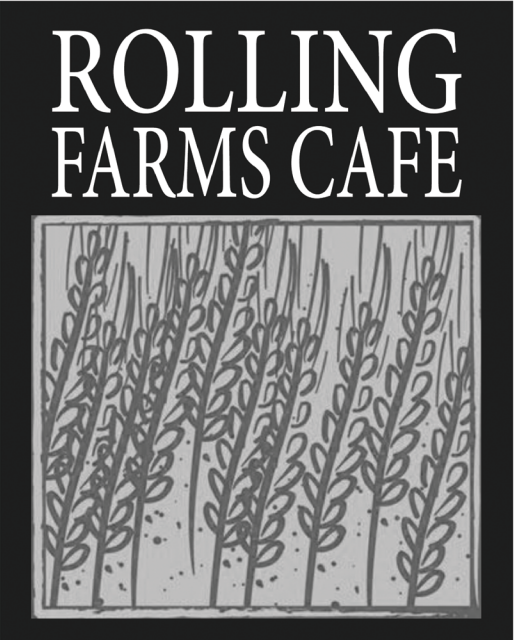
Chocolate Chip Cookie	\$ 1.28
Oatmeal Raisin Cookie	\$ 1.28
White Chocolate Macadamia Nut	\$ 1.28
Chocolate Love	\$ 2.75
Dense, dark chocolate brownie topped with chocolate sauce and dusted with cocoa powder.	
Rice Krispie Treat	\$ 3.00
Giant, fluffy, hand made rice krispie treat.	
Slice of Pie	\$ 3.78
Please ask for today’s selection.	
Whole Pie	\$16.99
Please give one day notice	

Thank you for your support!

Rolling Farms Café
4000 Eastern Sky Drive
Traverse, City MI 49684

(231) 421-5711

rollingfarms.com



Welcome!
From our farm to your table!

Please enjoy.

Coke, Diet Coke, Cherry Coke, Sprite Caffeine Free Diet Coke, Mr.Pibb, Orange, Root Beer, Lemonade, and Iced Tea		
20 oz	\$ 1.89	32 oz \$ 2.13
Raspberry Lemonade Made with real raspberries.		
20 oz	\$ 2.55	32 oz \$ 2.99
Raspberry Iced Tea Fresh brewed iced tea with real raspberries.		
20 oz	\$ 2.55	32 oz \$ 2.99
IBC Bottled Soda Root beer, diet root beer, cream soda, and black cherry.		
16 oz bottle		\$ 2.35
Bottled Water 16.9 oz bottle		
		\$ 1.50
Apple Juice	12 oz \$ 2.00	16 oz \$ 3.00 20 oz \$ 4.00
Orange Juice	12 oz \$ 2.00	16 oz \$ 3.00 20 oz \$4.00
Milk Whole, 2%, skim, or chocolate		
12 oz	\$ 2.00	16 oz \$ 2.55 20 oz \$ 3.15
Soy Milk		
12 oz	\$ 2.00	16 oz \$ 2.55 20 oz \$ 3.15

ESPRESSO, COFFEE, TEA & MORE

Cappuccino Espresso, steamed milk, and foamed milk.			
12oz	\$ 2.75	16oz	\$ 3.75
Cappuccino Mocha Espresso, steamed chocolate milk, and foamed chocolate milk.			
12oz	\$ 3.15	16oz	\$ 4.15
Café Latte Espresso and steamed milk with a touch of foamed milk.			
12oz	\$ 2.75	16oz	\$ 3.75
Chai Latte Chai and steamed milk with a touch of foamed milk.			
12oz	\$ 2.85	16oz	\$ 3.55
Espresso			
single	\$ 1.51	double	\$ 2.25
Espresso Americano			
single 12 oz	\$ 1.51	double 16 oz	\$ 2.25
Iced Cappuccino Espresso, milk, and ice, topped with whipped cream.			
12oz	\$2.65	16oz	\$ 3.35 20oz \$ 3.75 32 oz \$ 5.55
Iced Cappuccino Mocha Espresso, chocolate milk, and ice, topped with whipped cream.			
12oz	\$2.95	16oz	\$ 3.65 20oz \$ 4.05 32 oz \$ 5.85
Iced Chai Latte Chai, and milk over ice.			
12oz	\$2.85	16oz	\$ 3.55 20oz \$ 3.95 32 oz \$ 5.95
Iced Crazy Cow Espresso, coca cola, and chocolate syrup, with heavy cream over ice.			
12oz	\$2.65	16oz	\$ 3.45 20oz \$ 3.75 32 oz \$ 5.05
Coffee Fresh brewed whole bean coffee.			
12oz	\$1.51	16oz	\$ 1.70
Herbal Tea Please choose from today’s selections.			
16oz \$ 1.75			
Iced Herbal Tea Please choose from today’s selections.			
20oz \$ 2.25			
Hot Chocolate Steamed chocolate milk with whipped cream.			
12oz	\$2.25	16oz	\$ 2.95
Steamer Steamed milk with choice of syrup.			
12oz	\$2.85	16oz	\$ 3.55
Flavored Syrup Please choose from today’s selections.			
1oz \$ 0.95			
We offer organic soy milk for any beverage.			

CAFÉ SANDWICHES		
	Whole	Half
Turkey & “the works”	\$ 7.79	\$ 5.25
Roast Beef & “the works”	\$ 7.95	\$ 5.35
Ham & “the works”	\$ 7.79	\$ 5.25
Almond Chicken & “the works”	\$ 7.79	\$ 5.25
Albacore Tuna & “the works”	\$ 7.79	\$ 5.25
Genoa Salami & “the works”	\$ 7.79	\$ 5.25
Pepperoni & “the works”	\$ 7.79	\$ 5.25
Bread Choice & “the works”	\$ 5.79	\$ 3.79

“The Works”
Choice of mayonnaise, hot honey mustard, lettuce, tomato, cucumber, alfalfa sprouts and red onion, Choice of swiss, cheddar or dofino cheese.

Bread Choice: 9 Grain, Sourdough, Rye, Wrap or Gluten Free. Croissant or Roll add \$ 1.25

UNIQUE SANDWICHES	Whole	Only
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Club \$ 8.49
Turkey, ham, and crisp bacon topped with “the works”, choice of bread, and choice of cheese.

Twice The Café \$ 8.79
Twice the meat with “the works”, choice of bread, and choice of cheese.

Oregon \$ 8.25
Turkey, swiss and cream cheese, pickles, with “the works” (no cucumber) on sourdough with your choice of raspberry preserves or cranberry.

Complete \$ 9.25
Turkey, ham, roast beef, swiss, cheddar, dofino cheese with “the works” and choice of bread.

Omaha \$ 7.95
Rare roast beef, topped with roasted red peppers, red onion, romaine lettuce, tomato, and horseradish sauce on sourdough bread.

State \$23.95
A giant sandwich with over a pound of meat and cheese featuring turkey, ham, roast beef, salami, pepperoni, swiss, dofino, cheddar cheese with lettuce, tomato, mayonnaise, hot honey mustard and red onion on a roll.

Roma \$ 9.25
Sliced pepperoni, fresh mozzarella, sliced hard salami, romaine lettuce, roma tomato, red onion, olive oil, cracked black pepper, mayonnaise, and hot honey mustard on a roll.

Kansas \$ 8.95
Tender, sliced, rare roast beef stacked high on a roll. Served with au jus.

Loren \$ 7.79
Turkey, cucumber, cheddar cheese and mayonnaise on a croissant.

Wisconsin \$ 7.55
Genoa salami, red peppers, crumbled bleu cheese, and mayonnaise on toasted sourdough.

UNIQUE SANDWICHES	Whole	Only
Ohio \$ 8.49 Grilled chicken, bacon, mayonnaise, tomato, lettuce, red onion and avocado spread in a wrap.		
BLT \$ 6.55 Crisp bacon, green leaf lettuce, tomato and mayon- naise on choice of bread.		

UNIQUE SANDWICHES	HOT	Whole	Only
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California \$ 8.75
Toasted sourdough bread with bacon, lettuce, to-
mato, avocado spread, mayonnaise and
melted cheddar cheese.

Roast Beef Melt \$ 8.55
Hot roast beef, mushrooms, red onion, mayonnaise
and melted swiss cheese on
a roll.

Virginia \$ 7.95
Hot ham, yellow mustard, red onion, tomato, and
melted cheddar cheese on choice of bread.

Michigan \$ 8.75
Hot turkey, melted dofino cheese, mushrooms,
melted cheddar cheese, red onion, mayonnaise and
hot honey mustard on a toasted roll.

Minnesota \$ 7.79
Hot turkey, crisp bacon, mayonnaise, and hot honey
mustard, topped with melted cheddar cheese on rye.

Philly \$ 8.75
Hot roast beef, melted dofino cheese, mushrooms,
onions, yellow peppers, and jalapeno peppers on a
roll.

Napoleon \$ 8.95
Toasted croissant, hot turkey layered with
melted dofino and cheddar cheese, topped with
mayonnaise, hot honey mustard, lettuce, tomato and
red onion.

Maryland \$ 6.75
A smaller sandwich with turkey, olive oil, garlic, and
oregano. Topped with tomato slices, melted dofino
cheese and served on toasted sourdough bread.

French \$ 7.25
Two eggs scrambled, topped with hot sliced ham,
dofino and cheddar cheese on a toasted croissant.

Arkansas \$ 7.79
Two eggs scrambled, topped with crisp bacon,
and dofino cheese on toasted nine grain bread.

Lansing \$ 7.25
Two eggs scrambled, topped with sausage, cheddar
cheese, and mayonnaise on toasted sourdough bread.

Sicily \$ 9.50
Hot pepperoni, hot genoa salami, melted fresh
mozzarella with artichoke hearts, roma tomato, red
onion, romaine lettuce, mayonnaise, and balsamic
vinaigrette served on a roll.

VEGETARIAN SANDWICHES		
Vegetarian \$ 7.79 Lettuce, tomato, cucumber, bleu cheese dressing, avocado spread, alfalfa sprouts, red onion, cheddar, swiss and dofino cheese on choice of bread.		
Bellaire \$ 7.79 Lettuce, tomato, cucumber, alfalfa sprouts, red onion, yellow peppers, topped with olive oil and vinegar, cheddar and dofino cheese with yellow mustard, and mayonnaise on choice of bread.		

Florence \$ 8.25
Fresh mozzarella, roma tomato, romaine lettuce,
red onion, olive oil, cracked black pepper, mayon-
naise, and pesto on a roll.

Harvest \$ 7.55
Roasted red peppers, avocado spread, tomato,
mushrooms, cucumber, romaine lettuce, alfalfa
sprouts, and hot honey mustard on choice of bread.

Mason \$ 7.25
Two eggs scrambled with chopped roma tomato,
jalapeno, roasted red pepper, and topped with
mayonnaise, cheddar and swiss cheese on toasted
sourdough bread.

Vegetarian Melt \$ 7.45
Choice of toasted bread with tomato, mushrooms,
cucumber, crisp romaine lettuce, topped with
ranch dressing and melted dofino cheese.

Milan \$ 7.25
Marinated artichoke hearts, tomato, mushrooms,
feta cheese and balsamic vinaigrette on toasted
nine grain bread.

Grilled Cheese \$ 5.75
Choice of three cheese with choice of bread.

Egg Salad \$ 5.75
Three eggs, mayonnaise, yellow mustard, salt, and
pepper with choice of bread.

Naples \$ 7.25
Fresh mozzarella, pesto, fresh spinach, and
roma tomato on grilled sourdough bread.

FRESH SALADS	Whole	Half
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Chef Salad \$ 9.25
A large platter of crisp greens with turkey, ham,
swiss and cheddar cheese, tomato, cucumber,
hard boiled egg, and seasoned croutons served
with choice of dressing.

Half Chef Salad \$ 7.55
Choice of turkey or ham.

Sedona Salad \$ 8.45 \$ 6.95
Tender spinach, red onion, feta cheese and pine
nuts served with balsamic vinaigrette.

Spring Salad \$ 7.95 \$ 6.25
Romaine lettuce, tender spinach, chicken, tomato,
cucumber, and red onion served with choice of
dressing.

FRESH SALADS	Whole	Half
Caprese Salad \$ 7.95 \$ 6.75 Roma tomato sliced and topped with fresh mozza- rella, olive oil, and cracked black pepper served with pesto sauce and crisp cold greens.		
Caesar Salad \$ 7.50 \$ 6.35 With choice of meat \$ 8.50 \$ 7.35 Crisp romaine lettuce tossed with seasoned croutons, parmesan cheese served with our special caesar dressing.		

Savoy Salad \$ 7.75 \$ 6.45
Fresh spinach leaves, chopped roma tomato, cucum-
ber, roasted red pepper and red onion served with
choice of dressing.

Cobb Salad \$ 9.40 \$ 7.75
Crisp greens, chopped tomato, bacon, chicken, hard
boiled egg, red onion, bleu cheese crumbles, and
seasoned croutons with choice of dressing.

Italian Salad \$9.25
Romaine lettuce, fresh mozzarella, garlic, chopped
pepperoni, chopped genoa salami, tomato, pepper-
oncini, red onion, and seasoned croutons served with
italian dressing.

Half Italian Salad \$ 7.55
Choice of pepperoni or genoa salami.

Spinach Salad \$ 8.45 \$ 6.95
Tender spinach leaves, bacon, mushroom, hard-
boiled egg served with our creamy bacon dressing.

Vegetable Salad \$ 7.95 \$ 6.95
Crisp cold greens, cucumber, tomato, red onion,
mushrooms, alfalfa sprouts, and seasoned croutons
served with choice of dressing.

Almond Chicken Salad \$ 7.55 \$ 6.55
Crisp cold greens, almond chicken, cucumber,
tomato and seasoned croutons served with choice of
dressing.

Albacore Tuna Salad \$ 7.55 \$ 6.55
Crisp cold greens, albacore tuna, cucumber, tomato
and seasoned croutons served with
choice of dressing.

Portland Salad \$ 8.45 \$ 6.95
Spinach leaves, bleu cheese crumbles, and red onion
topped with rare roast beef served with choice of
dressing.

Northwest Salad \$ 8.45 \$ 6.55
Romaine lettuce topped with bleu cheese crumbles,
chopped tomato, dried cranberries, toasted pecans,
red onion, and seasoned croutons served with
choice of dressing.

DRESSINGS

Ranch, Balsamic Vinaigrette, Bleu Cheese, French,
Honey Mustard, Italian, Creamy Bacon, Lo Cal
Ranch, Fat Free Italian, Caesar, and Oil & Vinegar.

SOUP DU JOUR

Please ask for today’s selections
Cup of Soup \$ 3.75
Bowl of Soup \$ 4.75
Bread Bowl of Soup \$ 5.95

QUESADILLA	
Austin \$ 7.49 Flour tortilla grilled with chicken, dofino cheese, bacon, roma tomato, red onion, and roasted jalapeno served with house made salsa and sour cream.	
Taos \$ 7.25 Flour tortilla grilled with cheddar cheese, dofino cheese, mushroom, roma tomato, red onion, and roasted jalapeno served with house made salsa and sour cream.	
Madison \$ 7.49 Flour tortilla grilled with roast beef, bleu cheese, roma tomato, red onion, and roasted jalapeno served with house made salsa and sour cream.	

Vermont \$ 6.79
Flour tortilla grilled with swiss cheese, cheddar
cheese and dofino cheese served with house made
salsa and sour cream.

COMBINATIONS	
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Traverse City \$ 8.50
Half café sandwich and cup of soup.

Phoenix \$11.00
Half café sandwich and half fresh salad.

Scottsdale \$13.95
Half café sandwich, half fresh salad and
cup of soup.

Leelanau \$ 9.50
Half fresh salad and cup of soup.

Del Mar \$10.75
Half café sandwich, cup of soup, cookie, and
20 ounce soda, iced tea or lemonade.

Kids for Children under 12 \$ 5.50
Pbj, grilled cheese or kids cafe sandwich with
cheese, cookie, and 12 oz soda, milk or juice.

Picnic For Two \$ 21.25
Two café sandwiches, two bags of chips,
two cookies, two canned drinks and one day
basket rental.

MOOMER’S ICE CREAM /VANILLA YOGURT

Ice Cream
Dish or Cake Cone. Waffle Cone add \$ 1.00

Single \$ 2.25 Double \$ 3.95 Triple \$ 5.55

Yogurt
Dish or Cake Cone. Waffle Cone add \$ 1.00

Single \$ 1.75 Double \$ 2.65 Triple \$ 3.55

Banana Split \$ 4.95
Banana topped with chocolate, strawberry and vanilla
ice cream, raspberries, chocolate sauce, strawberries,
whipped cream and pecans.

Sundae
Choice of Moomers ice cream with choice of one
topping and whipped cream.
single \$ 3.95 double \$ 5.95 triple \$ 7.95

MOOMER’S ICE CREAM/VANILLA YOGURT	
Chocolate Love Sundae Vanilla yogurt, brownie pieces, whipped cream, chocolate sauce, and almonds. regular \$ 4.25	large \$ 5.95

Cookie Sundae
Vanilla yogurt, choice of cookie, whipped cream,
chocolate sauce, and M&M’s.
regular \$ 3.95 large \$ 5.95 |

USA Sundae
Vanilla yogurt, topped with strawberries, blueberries,
and whipped cream.
regular \$ 3.95 large \$5.95 |

Mocha Blast Shake
Yogurt, espresso, Oreο’s, milk, chocolate syrup
blended and topped with whipped cream, chocolate
syrup and an Oreο cookie.
12oz \$ 3.95 16oz \$ 4.95 20oz \$ 5.75 32 oz \$ 7.15

Chocolate Shake
Yogurt, milk, and chocolate syrup blended and
topped with whipped cream and chocolate syrup.
12oz \$2.85 16oz \$ 3.55 20oz \$ 3.95 3 2 oz \$ 5.95

Raspberry Au Lait Shake
Yogurt, raspberries, milk and chocolate syrup
blended and topped with whipped cream and
chocolate syrup.
12oz \$ 3.50 16oz \$ 4.35 20oz \$ 4.75 32 oz \$ 6.95

Elvis Presley Shake
Yogurt, banana, peanut butter, milk, and chocolate
syrup blended and topped with whipped cream.
12oz \$ 3.50 16oz \$ 4.35 20oz \$ 4.75 32 oz \$ 6.95

Orange Julia Shake
Yogurt, banana, strawberries, and orange juice
blended and topped with whipped cream.
12oz \$ 3.50 16oz \$ 4.35 20oz \$ 4.75 32 oz \$ 6.95

Four Berry Shake
Yogurt, blueberries, strawberries, blackberries, rasp-
berries, and milk blended and topped with whipped
cream.
12oz \$ 3.50 16oz \$ 4.35 20oz \$ 4.75 32 oz \$ 6.95

Real Fruit Shake
Yogurt, milk, with choice of banana, blueberries,
strawberries, blackberries, or raspberries blended
and topped with whipped cream.
12oz \$ 3.50 16oz \$ 4.35 20oz \$ 4.75 32 oz \$ 6.95

Real Fruit Smoothie
Choice of real fruit and fruit juice blended with ice.
12oz \$ 3.25 16oz \$ 3.95 20oz \$ 4.35 32 oz \$ 6.35

Green Smoothie
Fresh spinach, strawberries, orange juice and
extra virgin olive oil blended with ice.
12oz \$ 3.25 16oz \$ 3.95 20oz \$ 4.35 32 oz \$ 6.35

Add A Scoop Of Protein \$ 1.50
25 grams of protein, delicious vanilla flavor.

Substitute Ice Cream for Yogurt \$ 1.25