





Au pairing – What does it mean?

An Au Pair is a young single person between the ages of 20-25(You have to turn 26 in The country) who lives with a family in a country other than her own for a maximum of 12 months, helps with general housework and childcare in exchange for room, board and pocket money (stipend). The Au Pair program is a cultural exchange and the Au Pair is given the opportunity to learn about and to experience the culture of the country that she is in. In return, the Au Pair will be asked to perform general household duties (washing and tidying up, laundry, ironing, cooking etc.) and to take care of children during a limited number of hours a day and/or baby-sit at night. The Au Pair is not an employee but a member of the family and will be treated as such.

What does the Au pair program include?

The host family provides you with a satisfactory private room. Houses in America will not generally have private bath/shower facilities and your room will not always be spacious. It will, however, be properly furnished, clean and pleasant. The placement agency will always view the available rooms and facilities before an Au Pair placement is made.

As mentioned, the host family also provides you with full board, however that does not mean that you are entitled to your own private weekly shopping list of organic foods, exotic fruits and prime cuts of beef... It means that you are to join in family meals and eat the foods that are bought by the family. Eating meals with the host family is an important part of cultural exchange for both you and your host family.

Besides the room and board you receive from your host family, the Au Pair program includes more than that. The average stipend in America for a max. 45 hrs a week of help, is currently \$ 200 per week to a max of \$250 per week for a professional Au Pair.

Furthermore, the family will pay for your full medical insurance for the duration of your stay as well as any course of your choice to a maximum of \$500 provided you finish the full course and stay with the family for a maximum of 12 months. On top of that, the host family will provide you with a mobile phone as well as a phone allowance so you can stay in touch with your family as well as with your new made friends.

You are responsible for paying (part of your own flight ticket) and Visa.

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A brief overview of all benefits:

- Screened host family
- Au Pair agency to answer all your questions before and during your stay
- Membership of the Au Pair Club
- Pre-departure Au Pair Training (Online)
- Room and board
- Use of a Mobile Phone
- Use of a Bicycle or their personal car

Pocket money per week \$ 200 (approx. R3600)

- Insurance cover for 12 months
- Language course for 12 months \$500 (approx. R9000)
- Part of placement fees
- Phone allowance per month
- 2 weeks of paid vacation per 12 months

Requirements

The Requirements of the program are as follow:

- ✓ Aged between 20 and 25
- ✓ No Children of your own
- ✓ Have a genuine love and interest for children
- ✓ Have a minimum of 500hrs of childcare experience
- ✓ Have a drivers license with a minimum of 250hours of childcare experience
- ✓ Being able to swim
- ✓ Fluent in English
- ✓ Good Health
- ✓ Not married and no criminal record
- ✓ Willingness to explore and experience a different country and culture

Costs involved

If you are excited about going to America you will have to take the following costs into account. Each Au pair should have approximately R20 000 to their availability to cover the costs of the program and the documents.

ALL FEES ARE PAYABLE IN ONE OR TWO INSTALLMENTS: R15 000

Registration R750
Interview/Screening R3250
Processing/Placement R3000
Flight \$400 R8000

Additional costs - costs involved for applying for a:

Passport R600 –Home Affairs

Police clearance R170 –Police station or at POST NET (+- R300) for a more convenient waiting period The Health check +- R500 – YOU CAN CHOOSE ANY DOCTOR, NO GOVERNMENT CLINICS

Visa fees +- R3000-R3500 (plus a booking fee)

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Process (This can take 1 month or 4-5 months –Depending on the family you choose to match with)

In order to get ready for America these are the steps that you need to take:

- 1. Make an appointment at The Au Pair Hub for an interview
- 2. Fill out the application forms that you have received at the interview and gather all other documents that are necessary for compiling a portfolio
- 3. Submit your documents (this is official)
- 4. The agency will help you create a profile for the host families to view
- 5. Apply for all other official documents that are needed for going to America (Passport, Police clearance and do your Medical check)
- 6. Once your profile is complete you will be introduced to host families.
- 7. Match with a family (placement if confirmed)
- 8. Start your 40 hours online training (Flight will be issued once training is at 50%)
- 9. Receive Visa documents and Schedule Visa Appointment
- 10. Visit American Embassy for Visa appointment
- 11. Flight confirmation
- 12. Collecting your visa and getting ready for departure
- 13. Travelling to America

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