



Participation Requirements

AGE GROUPS

Basketball -

Boys

- **JR HIGH:** 6th (where currently active involved in youth group), 7th & 8th
- **SR HIGH:** 10th through 12th,
- 9th graders can play one or the other. 9th graders found playing in both will be disqualified from play.

Girls

- each team can be composed of BOTH Jr &/or Sr. High. We do not have a tournament for each

Volleyball

Girls

- **JR HIGH:** 6th (where currently active involved in youth group), 7th & 8th
- **SR HIGH:** 10th through 12th,
- *9th graders can play one or the other. 9th graders found playing in both will be disqualified from play.*

Co-Ed Volleyball

Co-Ed, 6th through 12th grade

Dodgeball

Co-Ed, 6th through 12th grade

UNIFORMS

All players must have uniforms with a number on both the front and the back.

VOLLEYBALL - NO SPANDEX SHORTS