

# **VMB Development, Inc. Nonprofit 501(c)(3)** **(Visual/Vocal/Memory/Mind/Motor/Balance/Behavior)**

## **We Are Providing 2 Types Of Sessions**

**Virtual Recorded (provide by e-mail) Sessions or Virtual Live Zoom (provided one-on-one) Sessions**

### **Exercises Provided In Both Types**

5 mandatory levels A-E (each level has 1-3 or 4 categories). The types of integration exercises provided are: Primitive Reflex / Gross, Fine, & Sensory Motor / Balance / Visual / Cognitive

### **Session Information**

We recommend children complete 4 exercise sessions, 30min each, per week.

In both types of sessions, children watch and listen to instructions and do the exercises that are being shown and explained in detail how to do.

The time it takes to complete each category and level varies per child due to their age, delays, struggles or inability to learn or do daily learning and living skills or if they have a medical diagnosis. On average, all categories in levels A-E can be completed in 9-18 months with a medical diagnosis such as ADHD, Autism, Dyslexia, Dysgraphia, Dysarthria, and others.

### **Difference Between Recorded & Live One-on-One Sessions**

**Recorded Sessions:** VMB coach demonstrates exercises and provides instructions while doing. When an adult feels the child has no struggle doing the category of exercises in the level doing, a one-on-one testing session is scheduled.

There is NO charge for the recorded sessions. There is a testing one-on-one session charge, using PayPal, which varies with donations and grants received.

**Live One-on-One Sessions:** A VMB coach demonstrates, instructs, views, and helps child correctly learn and have ability to do exercises. An adult also can attend with the child to watch and possibly help.

There is a charge, using PayPal, for these sessions, which testing is done while having sessions. It is your choice in how to pay (per session, per week or per month). The charge varies with donations and grants we're receiving.

### **Reminder For Both Types Of Sessions**

Even when you, the child having sessions, friends, family, teachers, therapists, etc. start noticing improvements etc., it is highly recommended that the child doesn't stop until they have completed and passed testing for all 1-3 or 4 categories in each of the levels A-E.

Without completing all levels, a child's mental, physical and emotional learning and living improvements will have a harder time being retained through the years.

**Enrollment Form URL Link For Group or One-On-One Sessions:**

**<https://form.jotform.com/230458438088161>**