

**All** virtual sessions are provided via zoom. We provide one-on-one or group sessions, more information below. There are 5 Levels (Levels A-E) with 33 mandatory exercises in the following categories: Primitive Reflex / Gross, Fine, & Sensory Motor / Balance / Visual / Cognitive

There are 4 sessions available per week for each level, and all sessions are 30 minutes. The more sessions children attend per week the faster they progress improving and/or overcoming the struggles they have learning and living. In both types of sessions, children watch, listen to instructions, and do virtual exercises that are shown and explained in detail how to do.

The time it takes to complete a level varies per child and their age, their delays, inabilities in their learning or everyday living skills, or a diagnosis they have received. On average, levels A-E can be completed in 9 months to a 1 year unless they have a medical diagnosis such as ADHD, Autism, Dyslexia, Dysgraphia, Dysarthria, and others.

**One-on-One sessions:** VMB person demonstrates, watches, and instructs child doing exercises with parent watching and possibly helping at times. The child is tested on exercises while having their sessions so their progress level in each of our categories can be at a different pace. The current monthly charge per child is \$500.00.

**Group sessions:** VMB person is only instructing and doing exercises. A parent watches their child and can help provide more instruction and assistance when needed. When a parent feels their child has no struggle doing all categories of exercises at the level they are currently in, a one-on-one session is scheduled to test and pass that level to begin having group sessions in the next level of more difficult exercises in all categories. There is currently NO charge for group sessions as we currently have funding through donations. Testing: Current charge per each 30-45 testing session is a donation of at least \$100.00, which is used to provide virtual sessions for your child and others.

It is highly recommended that children complete and pass all levels, A-E, to have the ability to retain their mental, physical, and emotional improvements they make and their willingness to keep improving.

**Enrollment Form Link Below: For Group or One-On-One Sessions:**  
<https://form.jotform.com/230458438088161>

**VMB Development, Inc. Nonprofit 501(c)(3)**  
(**V**isual / **V**ocal / **M**emory / **M**ind / **M**otor/ **B**alance / **B**ehavior)

**Julie Stuhlsatz, CBT, RBT, CDA, EFT/TFT**  
**Development & Sessions Director**  
**2015 Forest, Suite 200, Great Bend, KS 67530**  
**Cell: 620-639-2696 / <https://www.vmbdevelopment.org>**