

Introduction to the Royal Game of Chess!

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Brief Introduction to Chess

Chess is a two-player strategy board game played on a checkered board with 64 squares arranged in an 8x8 square grid. This game is played by millions of people worldwide.

In the game of Chess, each player begins with 16 pieces: one king, one queen, two rooks, two knights, two bishops, and eight pawns. Each piece type moves differently, with the most powerful being the queen and the least powerful the pawn.



The **objective is to checkmate the opponent's king** by placing it under an inescapable threat of capture.

Benefits of playing Chess

Improves Focus - In my experience coaching children, I have experienced first-hand the immense benefits that Chess brings in the overall development of a child. I have seen children developing their Focus and Concentration. With experience and practice, children can sit and concentrate on a Chess game for long periods of time. In the State and National Chess tournaments, this means 6-8 hours of continuous Chess Play in a tournament setting. This has an immediate positive impact on their academics as they can produce similar levels of Focus and Concentration in their School Work.

Develops Will Power - Chess develops Will Power! Children learn the ability to keep persisting in the face of challenges. I have seen children display a 'Do Not Quit' Attitude in their Chess games. This Grit and Determination goes a long way in developing a Strong and Healthy Character which serves them well in all areas of life.

Improves Planning Skills - Children learn to develop long range goals and take actions to achieve it. They learn to be flexible and adjust their plans as new developments change the situation.

Thinking Ahead - Children learn to think first and then act. We teach them to think moves ahead. Over time, chess helps develop patience and thoughtfulness.

Visualizing - Children learn to imagine a sequence of moves and actions before it happens. We help them strengthen the ability to visualize by training them to move the pieces in their mind, first one move and then several moves ahead.

Improves Decision Making - Children learn that they do not have to do the first thing that pops into their mind. They learn to analyze, identify alternatives, and consider the pros and cons of various actions.



- IMPROVES CONCENTRATION LEVEL
- IMPROVES DECISION MAKING
- INCREASES IQ LEVEL
- IMPROVES PROBLEM SOLVING SKILLS
- ENHANCES READING ABILITY
- INCREASES MEMORY
- ENHANCES MATHEMATICAL AND LOGICAL ABILITIES

