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The FA's Guidance for Grassroots football during covid-19

Updated Guidance on Permitted Grassroots Football Activity During COVID-19 - 1 June 2020



The FA has today issued further guidance to all grassroots football and informal football activity outside the professional game following The Government's relaxation of COVID-19 restrictions from 1 June 2020.

Consistent with Government advice, published on Monday 1 June, the following outdoor football activity is currently permitted:

PLAYING FOOTBALL INDIVIDUALLY

e.g. practice of individual skills or fitness activities



PLAYING FOOTBALL WITH YOUR FAMILY OR OTHER PEOPLE LIVING IN YOUR HOUSEHOLD



FOOTBALL TRAINING OR FITNESS ACTIVITIES IN GROUPS OF NO MORE THAN SIX, KEEPING TWO METRES APART AT ALL TIMES



– 2 METRES

Sharing of equipment should be kept to a minimum and strong hand hygiene practice should be in place before and after.



Physical contact with anyone outside of your household is not permitted, therefore, playing of any games (small-sided or full) is also not permitted at this time. Avoid meeting in groups of six in busy or overcrowded areas, if it is so busy that it is not possible to maintain social distancing at all times. FOOTBALL COACHING WITH SMALL GROUPS OF UP TO SIX PEOPLE

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Football coaches can now undertake small group sessions up to six people (including the coach) but are reminded to follow The FA safeguarding policies when coaching/working with children. This must include risk assessing the activities, gaining consent from parents/carers and ensuring you are in sight of another adult e.g. parents/carer or another coach and that the ratio of coach to different age-groups of childre is appropriate – see Download 5.5 at http://www.thefa.com/florties/noise.goscmans.fulloguarding/section.11-the.com/fields_downloads_drection.11-the

For clarity, the additional parent/carer or coach is not included as part of the group of six but must remain in sight of the activity.

TRAINING FOR TWO OR MORE GROUPS OF SIX (INCLUDING COACH)

It is permissible for coaches to organise a training session that has two or more groups of six (including the coach) involved as long as the groups of six are kept separate, everyone is socially distancing, and strict hygiene measures are in place with any equipment.

FOOTBALL COACHES WORKING WITH PEOPLE WITH IMPAIRMENTS



Must ensure they can adequately cater for any additional needs whist still avoiding physical contact and maintaining social distancing. Individuals should follow Government guidance relevant to their own impairment or health condition.



Please be reminded, if an individual is symptomatic, living in a household with a possible COVID-19 infection or if you are classified as extremely vulnerable on health grounds, the guidance is that you should remain at home.

The FA continues to work closely with the Department for Digital, Culture, Media & Sport (DCMS) and Sport England in order to provide good practice guidance for those responsible for delivering different aspects of grassroots football and we will share further information as soon as possible.

NO

ISSUE/HAZARD AND
WHAT CAN GO
WRONG

PEOPLE AT

RISK RATING BEFORE CONTROLS – H/M/L

CONTROL MEASURES/ MITIGATIONS TO BE IMPLEMENTED RISK RATING AFTER CONTROLS -H/M/L

People with symptoms of COVID-19 creating potential for transmission from person to person

Staff Children

visitors contractors

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- Staff, children, parents, carers or any visitors, such as contractors are made aware, they must not enter the childcare setting if they or any member of their household are displaying any symptoms of COVID-19. All parents to tick they have read the declaration when making booking. If the child becomes unwell after booking a credit note will be issued and no refund will be made.
- If anyone becomes unwell at a venue with a new, continuous cough or a high temperature or loss of sense of taste and/or smell, they are sent home/their parents or carer are contacted to collect them and they are advised to follow the staying at home guidance.

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RISK RATING RISK RATING ISSUE/HAZARD AND PEOPLE AT BEFORE CONTROL MEASURES/ AFTER NO WHAT CAN GO CONTROLS -MITIGATIONS TO BE IMPLEMENTED CONTROLS -RISK WRONG H/M/L H/M/L On arriving at venue, all staff and children are The potential for transmission of Staff Children required to wash their hands or apply hand virus droplets from surfaces to the sanitiser. Children are well versed in the Н visitors contractors hands and then to the face arrangements and handwashing methods, plus their role in infection control through school environment. Prominent signage is provided in the arrival area, so all are clear what is expected of them in relation to handwashing/ hand sanitising. All staff and children are reminded to wash their 2 hands regularly during the day, especially before eating, and drinking and to avoid touching their nose, mouth, or eyes. Where a sink is not nearby, hand sanitiser is provided by coach. This should be applied before, during and at the end of the day. Promote good respiratory hygiene - promoting 'catch it, bin it, kill it'.

RISK RATING RISK RATING ISSUE/HAZARD AND CONTROL MEASURES/ PEOPLE AT **BEFORE** AFTER NO WHAT CAN GO MITIGATIONS TO BE CONTROLS -CONTROLS -RISK WRONG **IMPLEMENTED** H/M/L H/M/L Parents to drop off children at arrival area **Social Distancing** Staff Children and must not enter the venue when dropping & collecting their child. (This should be • Exposure to virus is Н visitors contractors outdoors) increased unless players, staff and parents adhere to Temperature checks can be done at social distancing guidelines. managers discretion. Players will be escorted from the arrival area to join their designated bubble group. Members of staff who are escorting the **Arrival Area** children can have access to PPE 3 Hand sanitiser provided upon arrival Briefing will take place before each session Staggered breaks throughout the day

including water breaks and lunch

NO	ISSUE/HAZARD AND WHAT CAN GO WRONG	PEOPLE AT RISK	RISK RATING BEFORE CONTROLS – H/M/L	CONTROL MEASURES/ MITIGATIONS TO BE IMPLEMENTED	RISK RATING AFTER CONTROLS - H/M/L
4	Social Distancing • Exposure to virus is increased unless players, staff and parents adhere to social distancing guidelines. Group Sizes	Staff Children visitors contractors	Н	Where possible and appropriate, outside space is utilised for sessions or activities. Gazebos or classroom spaces are offered to bubble groups as safe spaces to store their items or to have breaks & lunch. Group sizes have been adjusted to allow for social distancing with 5 children working with 1 coach. Age groups are kept together where possible and children are always in the same small groups each day, and different groups are not mixed during the day, or on subsequent days. The same coaches and other staff are assigned to each group and, as far as possible, these stay the same during the day and on subsequent days. Children use the same area of a setting throughout the day, with a thorough cleaning of equipment and space used at the end of the day. Classroom and office window(s) are kept open enough to maintain good general ventilation where possible. Children and staff are encouraged not to share items or equipment where possible.	L

NO	ISSUE/HAZARD AND WHAT CAN GO WRONG	PEOPLE AT RISK	RISK RATING BEFORE CONTROLS – H/M/L	CONTROL MEASURES/ MITIGATIONS TO BE IMPLEMENTED	RISK RATING AFTER CONTROLS - H/M/L
	Social Distancing - Drop off and collection times	Staff Children visitors contractors	Н	Unnecessary travel on coaches, buses or public transport is avoided where possible. Parents are discouraged from gathering at the arrival area and once child is dropped off must move away from the area. Drop off and collection times are staggered to avoid larger groups gathering, for example different age groups at different times.	L

NO	ISSUE/HAZARD AND WHAT CAN GO WRONG	PEOPLE AT RISK	RISK RATING BEFORE CONTROLS – H/M/L	CONTROL MEASURES/ MITIGATIONS TO BE IMPLEMENTED	RISK RATING AFTER CONTROLS - H/M/L
	Social distancing - movement around the venue.	Staff Children visitors contractors	Н	Break times and the movement of children around the venue are staggered to reduce large groups of children gathering. Toilets will operate a 1 in 1 out policy.	L
				In school premises some windows along corridors are opened to help with general ventilation where possible.	
6				Where physically possible, movement around the venue is via a one-way system with one set of stairs used for going up and one for going down.	

RISK RATING RISK RATING ISSUE/HAZARD AND CONTROL MEASURES/ PEOPLE AT **BEFORE** AFTER NO WHAT CAN GO MITIGATIONS TO BE CONTROLS -CONTROLS -RISK WRONG **IMPLEMENTED** H/M/L H/M/L First aiders have access to local handwashing facilities including soap and paper towels/hand Staff Children **Exposure to the virus is** sanitiser. increased if first aiders on visitors contractors site do not wear the relevant Disposable gloves are provided for first aiders PPE. (preferably non-latex for allergy reasons). First aiders should wear gloves & mask when carrying out direct patient care, particularly for those suspected or confirmed as COVID-19 cases. Clean hands thoroughly with soap and water or Н alcohol sanitiser before putting on and after taking off PPE. Exposure to the virus is also increased if you do not Where possible a window is kept open in the first minimise the time you share aid room to help ensure good ventilation. a breathing zone See also the section on 'Someone develops COVID-19 symptoms whilst at a venue"

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ISSUE/HAZARD AND WHAT CAN GO WRONG

PEOPLE AT RISK RISK RATING BEFORE CONTROL S – H/M/L

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CONTROL MEASURES/ MITIGATIONS TO BE IMPLEMENTED

RISK RATING AFTER CONTR OLS -H/M/L

Someone develops COVID-19 symptoms whilst at a venue.

Staff Children

visitors contractors

If anyone becomes unwell with a new, continuous cough or a high temperature they are sent home/their parents or carer are contacted to collect them and they are advised to follow the Staying at Home advice. If a pupil is awaiting collection, they are moved to the designated COVID area where they can be isolated, depending on the age of the child and with appropriate adult supervision if required.

Where possible, a window is opened for ventilation.

If the pupil needs direct personal care until they can return home, a fluidresistant surgical face mask should be worn by the supervising adult if a distance of 2 metres cannot be maintained.

If contact with the pupil is necessary, then disposable gloves, a disposable apron and a face mask should be worn by the supervising adult. If a risk assessment determines that there is a risk of splashing to the eyes, for example from coughing, spitting, or vomiting, then eye protection should also be worn (full mask that covers the eyes)

If they need to go to the bathroom while waiting to be collected, they use a separate bathroom where possible. The bathroom should be cleaned and disinfected using standard cleaning products before being used by anyone else.

The site manager will call 999 if they are seriously ill or injured or their life is at risk.

If a member of staff has helped someone who was taken unwell with a new, continuous cough or a high temperature, they do not need to go home unless they develop symptoms themselves.

Staff wash their hands thoroughly for at least 20 seconds after any contact with someone who is unwell.

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ISSUE/HAZARD AND
NO WHAT CAN GO
WRONG

PEOPLE AT RISK RISK RATING BEFORE CONTROL S – H/M/L

CONTROL MEASURES/ MITIGATIONS TO BE IMPLEMENTED

RISK RATING AFTER CONTR OLS -H/M/L

The potential for transmission

of virus droplets from surfaces to the hands and then to the face -

shared equipment,

play equipment

Staff Children

visitors contractors

Staff, children use their own pens and stationery where possible, not sharing items with others, including when signing children in.

Bubble groups will have stationery and games that can be shared before using hands must be washed and equipment wiped down after use.

Sanitising wipes are provided for staff to wipe down any equipment used.

Consider how play equipment is used, ensuring it is appropriately cleaned between groups of children using it, and that multiple groups do not use it simultaneously.

Easily cleanable toys should be used. Toys (such as those with intricate parts, soft furnishing or bedding which cannot be easily cleaned should not be used.

Clean toys regularly. Marigold or similar gloves are suitable for this work. Each member of staff who does this task should have their own dedicated pair of gloves and they should not share them with others.

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ISSUE/HAZARD AND WHAT CAN GO WRONG

PEOPLE AT RISK RISK RATING BEFORE CONTROL S – H/M/L

CONTROL MEASURES/ MITIGATIONS TO BE IMPLEMENTED

RISK RATING AFTER CONTR OLS -H/M/L

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Fire Evacuation

Review fire evacuation procedures to consider if there are busy areas and whether the current assembly point presents social distancing issues.

 Make sure all children and staff are aware of the fire evacuation procedure.

NO	ISSUE/HAZARD AND WHAT CAN GO WRONG	PEOPLE AT RISK	RISK RATING BEFORE CONTRO LS – H/M/L	CONTROL MEASURES/ MITIGATIONS TO BE IMPLEMENTED	RISK RATIN G AFTER CONTR OLS - H/M/L
11	Food and drink	All	M	 Staff to make own drinks and not to share, foodstuffs, cutlery and cups etc Staff stagger their break and lunchtimes. Pupils are not allowed to swap food from their lunch boxes/plates. 	
12	COVID controls declaration	-	-	 The Government has produced a declaration poster for employers this has been shared with all staff who have confirmed that the 5 points have been covered. Link: Covid Secure Poster: https://assets.publishing.service.gov.uk/media/5eb97d30d3bf7f5d364bfbb6/staying-covid-19-secure.pdf 	

GUIDELINES Bookings & Groups of children

- ALL children must be pre-booked via our website, this is to ensure we remain within the government guidelines with regards to the size of each group per coach.
- We will not be accepting on the day bookings, due to the meticulous planning required to ensure the safety of the children and our coaches
- We expect to be at full capacity everyday, and therefore will split the children into groups of 5-10 (as per the latest government guidelines at the time of the camp). These groups will be age appropriate to ensure each group can be tailored in accordance to age.

GUIDELINES Arrivals & Lunch

Upon arrival to Claygate Rec, players will be greeted by a member of staff near the Church Road entrance (closest to the toilet block). You should arrive at your allotted arrival time to avoid large groups gathering.

We will be measuring each child's temperature, assuming that all is fine we will then instruct them to use the toilet facility at the Rec to wash their hands before joining their allocated group and coach for the day.

Each group will have a separate designated area to store their belongings and lunch, this will be instructed by their coach for the day.

Lunch-time for each group will be staggered to ensure we can remain at a safe distance, and to also allow for the area to be cleaned before the next group enter under the gazebo.

Hand sanitizers will be available to be used where necessary, we will also have full use of the toilet facilities at Claygate Rec. Where hands can be washed on a regular basis.







GUIDELINES Pick Up

In case of very bad weather will ensure each group has sufficient time under cover, whilst maintaining strict social distancing measures.

At the end of the day children will be dismissed in a staggered manner, 1 group at a time. We ask that parents wait in the arrival area at a social distance and refrain from entering the pitches.

If parents are collecting siblings of different ages or friends within their "bubble" then we ask that you remain patient as we dismiss the children. We will not allow children from different groups to mix.

Once your child or children return home, please ensure you wash their kit, again ensuring that any risk in relation to the contamination or spread of Covid-19 is reduced.



Guidelines Coaches

- Footballs will be cleaned/sprayed with a safe anti-bacterial solution at the start, in the middle and at the end of each day.
- It is advised that players stick to using the same ball where possible throughout the day, sessions will be devised to help this happen where possible.
- Players are encouraged to not touch the balls with their hands.
- Any coaching equipment used i.e. cones, poles, mannequins etc, will be cleaned and wiped down before and after each session.
- All activities throughout the day will be consistent with the latest government guidelines, regarding maintaining social distancing and hygiene always.
- Coaches will be constantly cleaning their own hands and using hand sanitizer, and are therefore the only ones permitted to touch or move the equipment within their group If any symptoms develop within a coach they will be removed immediately and all will be informed so that pre-cautions can be undertaken
- Coaches will present throughout the day and will be strictly assigned to one group for the entire day.
- Coaches will not be permitted to swap or help another group. As they will need to remain within their own allocated group / bubble for the entire day.



Guidelines Players

- Remember to bring all that you need: Water bottles, hand sanitizer, packed lunch, suitable clothing for the days weather forecast, appropriate footwear, sun cream/hats etc...
- Be aware of and ensure they adhere to the social distancing guidelines, 2m where possible. This applies to team members, coaches and parents
- Strictly no swapping of lunch items, and drinks. They must have and use their own only
- Spitting is banned and if children are found to be spitting, they will be sent home immediately
- Avoid touching your face where possible
- If you need to sneeze or cough please follow the government guidelines on this, which is to cough or sneeze into your upper arm/elbow
- If a child feels unwell, they MUST NOT attend, and if they indicate to a coach that they feel unwell during the day we will contact their parent immediately to ask that they're collected to avoid any risk to others.



Guidelines Parents

- Parents are only permitted to drop off and collect children, unfortunately watching will not be allowed. This is to ensure we reduce the number of people congregated in the area, which in turn reduces the risk of spreading the virus.
- We require all parents to monitor and to be transparent with regards to their child's health on a daily basis, both pre and post sessions.
- Ensure your child has sufficient fluids and food to last them the whole day
- Please wash their kit everyday to help reduce the risk of covid-19

