



CAMINO YOGA RETREATS
Mindful Adventures



One of the many paths that lead to Santiago

Camino season has begun.

On April 14 we will begin walking again, starting in Lisbon and making our way north to our favorite historic city, Santiago de Compostela.

There's something special about the beginning of a Camino season. The first steps carry anticipation and possibility — and a quiet reminder that every Camino brings its own lessons.

We'll be sharing moments from the trail along the way. If you'd like to follow the journey, join us on social media and walk along with us.

Join Us for Our Camino Author Talk

We are looking forward to welcoming Camino author Colleen O'Toole on April 8 at 6:30 PM EST for our very first Camino Author Talk. Colleen will be sharing reflections from her book Restoring Joy, a story that resonates with many pilgrims who find themselves drawn to the Camino during times of transition.

These conversations are always a wonderful way for our community to connect, reflect, and share the Camino spirit together.

[Reserve Your Spot](#)



One More Camino Journey in 2026

Due to continued interest, we have opened one additional retreat for 2026.

October 4 to 13, 2026
Finisterre and Muxía Way

This journey begins in Santiago and continues west to Finisterre, once believed to be the end of the world. From there we walk on to Muxía, where land meets sea and many pilgrims pause for reflection beside the Atlantic.

A Special Moment at the Edge of the Camino

One of the most meaningful moments of this journey comes as we arrive in Muxía. That evening, we gather for a private dinner overlooking the ocean at sunset, a quiet way to mark the completion of our Camino.

This is not a restaurant, but a home.

Laura's Spanish teacher in Muxía, Sarah, and her husband Alex welcome us into their home, where Alex prepares a beautiful meal just for our group. He is an incredible chef, and the evening unfolds slowly, with conversation, laughter, and the quiet feeling of having arrived somewhere special.

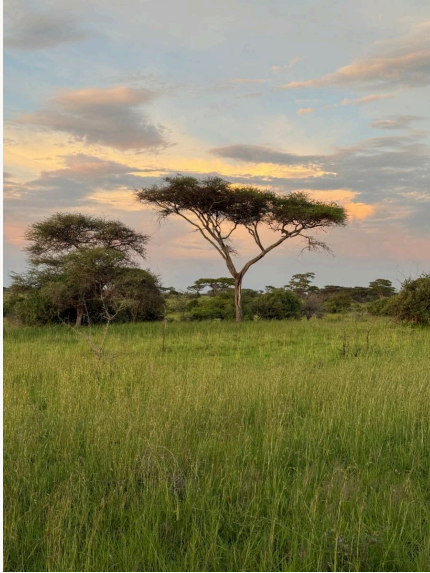
It is simple, intimate, and deeply memorable.

If a 2026 Camino is calling to you, we would love to welcome you.



[Explore this journey](#)

Upcoming Community Gatherings



Tanzania Journey: Virtual Conversation

**Saturday, May 30
10:00 AM ET**

Join us for a virtual conversation where we will share more about our Tanzania journey, the places we visited, and what makes this experience so special.

We will be joined by Marissa from Amani Light in Tanzania.

[Join the Conversation](#)



Camino Yoga Retreats Virtual Open House

**Saturday, June 13
11:00 AM ET**

If you have ever felt called to walk the Camino, this is a beautiful opportunity to meet us, ask questions, and learn more about our retreats.

[Meet Us & Learn More](#)

As Camino season begins again, we are reminded that every journey starts with a single step.

Wherever your path leads this spring, we hope you find moments for reflection, connection, and a little adventure along the way.

Someone recently asked me how I travel so much.

My answer was simple.

I say yes.



Buen Camino,



Laura and Sarah

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