Howard: What was I thinking? I don't want to die. I just wanted to see my daughter. My daughter, my wife, my life-I just wanted it back. I wanted my life back. The way it was supposed to be. I know- she doesn't love me anymore-I know I can't threaten my wife to come back to me. I'm so sorry I put you all through this. I didn't mean to pull you all in. I wasn't trying to scare you, or hurt you. I was just so ready to die. So ready to end everything, because my life wasn't the way I wanted it anymore- That's not the thing to do, giving up is not the option to take. I knew that in my heart the whole time, but it was too late. -He made that vest for me, and I put it on and that was it. -I thought I had a timer- a deadline. I do-I mean we all do. A person only gets so much time on this planet and then we're gone, but I thought that vest had my time set for tonight. I didn't think there was a way I would ever see tomorrow morning. I wouldn't have done this, I'm so sorry. As it turns out, there was never anything to worry about, we were safe all along.