



metto coffee and tea

(843) 216-8832 | Hello@Mettocoffee.com | 354 W Coleman Blvd

breakfast menu

scratch-made pastries

<u>Metto's Made-from-Scratch Muffins</u>	2.40
Blueberry, espresso bran, cranberry orange, and seasonal flavors	
<u>Gluten-Free* Blueberry-Almond Muffin</u>	2.90
<u>Fresh Scones</u> (flavors vary)	2.75
<u>Gluten-Free* Scones</u>	2.95
<u>Gluten Free* Brownie</u>	2.75
<u>Pastry 'Pop' Tart</u> (flavors vary)	2.75
<u>Fresh-Baked Butter Croissant</u>	2.20
<u>Mini Chocolate Croissant</u>	1.25
<u>Chocolate Chip Cookie</u>	1.75
<u>Fresh Quiche:</u> made with Boar's Head meats and cheeses, & local produce	3.75

sandwiches and wraps

<u>Bacon, Egg, & Cheese Bagel</u>	4.00
<u>Bacon, Egg, & Cheese Croissant</u>	4.20
<u>Bacon, Egg, & Cheese Wrap</u>	3.75
<u>Bacon, Egg, & Cheese on GF* Bread</u>	4.20
<u>Bacon, Lettuce and Tomato</u>	5.25
<u>Veggie Breakfast Wrap</u>	3.50
Egg, cheese, and chopped onion, green peppers, and tomatoes	
<u>Additions and Exceptions:</u>	
- Substitute ham or turkey	.50
- Add veggies	.25
- Egg whites only	.50

Served until 11 am Mon-Fri and 12 pm Sat-Sun



call ahead for convenient pickup!
843.216.8832

*We practice serious caution in preparing our gluten free, vegan, and nut-free items and do our best to ensure the integrity of the product. Metto is not a gluten-free or nut free environment. Patrons are encouraged to consider this information in light of their individual needs.

more breakfast items

<u>Yogurt and Granola Parfait</u>	4.50
<u>House-Made Gluten-Free Granola</u>	3.00
<u>Fresh Fruit Cup</u>	3.75
<u>Gluten-Free* Oatmeal</u>	2.25
<u>Fresh Bagel</u>	1.75
Locally sourced from Charleston Bagel Company.	
- Dress it up with cream cheese, veggie cream cheese, peanut butter, or house-made Jam	.50
<u>Biscotti</u> (flavors vary)	2.40

