

Player and Parent Training Agreement with 3 Nil Training LLC



Step 1: Please read our terms and training agreement entirely to understand 3 Nil Training expectations. If you have any questions or concerns, reach out to us at info@3niltraining.com to schedule a phone call.

Step 2: Once you have reviewed this document, you simply agree to the terms by entering your full name on the checkout form where it asks "type name" and click the "I agree to the terms and conditions" box to complete your order.

*If you do not agree with our terms and player/parent expectations - we ask that you do **NOT** enroll into our program. Our terms are extremely clear and protect the integrity of our program. Our program is selective and certainly **NOT** for every family. We only want to work with families who truly buy into our culture at 3 Nil Training.

1. Terms

This Agreement will begin on (the day you register to start) and continue for 1 month.

The investment is as stated on the checkout page!

By registering for the program, you agree to the "**terms and conditions**" below, the player expectations and the parent expectations that clearly states 3 Nil Training refund, cancellation details and early termination policy.

2. Player Expectations

I agree to be a positive player who is coachable

I agree to bring my journal to EVERY session to document my progress

I agree to work hard in every session, I'm here to develop and reach my goals as a player I

agree to complete each homework tasks that the Coach assigns me in a timely manner I

agree to be accountable to the Coaches at 3 Nil Training and not make excuses I agree to

bring a full water-jug and my own soccer ball (and proper attire) to each session I agree to

work hard and achieve my personal goals that the Coaches and I set

I agree to be committed every week and dedicate time to work on my own away from our sessions

I agree that I can communicate with Coach daily about my progress inside of the members area that I have access to (Daily Check-In)

I agree to put in the work needed to become a better player. My results are my responsibility.

I agree to fill out my weekly "game evaluations" so the Coaches and I have a deep understanding of my performances throughout the season

I agree to be a positive player when I make mistakes at the sessions

3. Parent Expectations/Terms

Once we become a member, all communication is done through our app (that you receive access to once you enroll your child)

We have a very clear no refund policy. All sales are final once you enroll into our program.

If you (as a parent) have questions during the week, you can ask questions inside of our app 24/7 and will receive a response within 24 hours (Monday-Friday)

Our Coaches don't have to reply or respond to emails, text messages or calls during the week. If you need to have a 1-on-1 call - you can schedule a 10 minute zoom call through the app.

If practice is canceled due to Weather/COVID/Power issues, Coach will notify the PLAYERS and PARENTS through the app. The session will be moved to ZOOM that evening at the same time as training was supposed to be. We will still train regardless of the weather/covid situation. Practice updates/cancellations are only communicated through the app. We do not text/call/email during the week

I agree to bring my child to our scheduled weekly session 10 minutes early to warm up and stretch

I understand that if we are late to the session we will forfeit the time (all sessions last 60 minutes)

I agree with 3 Nil Training's Reschedule policy, which states that if you miss a session - we don't offer a

private 1-1 makeup session. If you submit a "Reschedule Request Form" the week before our session stating your child can't make it to our assigned session - we WILL allow you to set up an alternative day/time that week within our current schedule to do a Zoom session with the coach. If you do not submit the form within our members area - you will forfeit the session. One "Reschedule Request Form" is permitted for submission per month. I understand that my child has 24/7 access to the 3 Nil Training Coaches inside the members area to ask any questions and receive daily mentorship throughout the week.

As a parent, if I have questions, I understand that I can ask questions anytime through the app. That is our only method of communication. Again, we don't text or email throughout the week - we communicate through our app OR you can set up a 1-on-1 zoom call through the app.

I understand that during the sessions, I will not pressure my child or yell from the sidelines. We train in a "non-pressured" environment

I understand that the 3 Nil Training Staff will decide the "rain-out's" or rescheduled sessions due to weather/covid/power issue. He will always check field conditions before the sessions and will communicate via the app if there is a cancellation. If the weather forces us to not train outside - we will move our session to ZOOM that evening at the same time as training would take place. We will always have our training session each week. The zoom session will be used if we aren't able to meet in person. Your child is responsible for training on zoom on the days where weather becomes an issue. Inside the members area, they will have a link to access the zoom session inside of our community. It will be well communicated IF we don't have an in-person training session. The PLAYER and YOU (the parent will receive a notification via email that day BEFORE the session stating the cancellation)

I understand how to communicate with the Coach (and set up a 10 minute scheduled call if and when there are conflicts/vacations in advance) so we can better prepare for our sessions.

I understand that if we are "out of town" or "on holidays" that we are still a member of the program. Please communicate with the coach when you are going out of town so we can plan accordingly.

Currently the program is scheduled by the coach for the month. If you can't make it to a session that month - we **do not** allow players to come to the following week and train for TWO hours.

Any dates that coaches will be gone will be communicated ahead of time.

I understand that we will complete 4 sessions within the 1 month agreement.

Missed sessions do **NOT** roll over into the following year/term for any reason.

I understand that 3 Nil Training billing process is an automatic electronic funds transfer that is collected up front before training begins.

I understand that if I have a "failed credit/debit card payment" I will need to register with a new credit or debit card within 12 hours of the failed payment. Sessions for your player will not happen until the payment is collected.

All sales are final. If you enroll and don't use the sessions - there are no make-up sessions for missed

sessions.

We offer a ONE month plan. If you want to CANCEL your membership you are able to do so but will **NOT** receive any refund.

I understand that 3 Nil Training, Coach Gump and any other coach or assistant coach for 3 Nil Training is **NOT** liable for any injuries.

Our Terms and Conditions apply to any training program offered by 3 Nil Training. By scheduling any session, you are agreeing to the following terms and conditions of our company:

SOCIAL MEDIA RELEASE POLICY

"I, the undersigned, do hereby grant permission to 3 Nil Training to post my and/or my child's story, photo, videos, hereinafter referred to as "Materials," taken by 3 Nil Training Staff during sessions or that I submit to and for the 3 Nil Training website, Instagram, Facebook and other social media accounts.

I hereby release you, your representative, employees, managers, members, officers, parent companies, subsidiaries, and directors, from all claims and demands arising out of or in connection with any use of said "Materials", including, without limitation, all claims for invasion of privacy, infringement of my right of publicity, defamation and any other personal and/or property rights".

HEALTH AND WELLNESS POLICY

"I have enrolled in a program offered through 3 Nil Training LLC.

I recognize that the program may involve strenuous physical activity including, but not limited to, muscle strength and endurance training, cardiovascular conditioning and training, and other various fitness activities.

I hereby affirm that my child is in good physical condition and does not suffer from any known disability or condition which would prevent or limit my participation in this exercise program. I acknowledge my enrollment and participation in 3 Nil Training program

"I fully understand that my child may injure myself as a result of my enrollment and participation in this program and I hereby Release and Forever Discharge 3 Nil Training LLC and its agents, employees, representatives, affiliates, successors, or assigns, from any and all liability now or in the future for any conditions, injuries, sickness, losses, expenses or damages that I may obtain or incur. These conditions may include, but are not limited to, heart attacks, muscle strains, muscle pulls, muscle tears, broken bones, shin splints, heat prostration, injuries to knees, injuries to back, injuries to foot, or any other soreness that I may incur, including death."

INJURY POLICY

If an injury occurs and a player is unable to participate in the training sessions, one of two processes will be followed. If the injury happened before the day of the 2nd training session and the injury is going to prevent the player from participating in the remaining sessions (based on recommendations made by a doctor and shown through a doctor's note) the remaining 3 sessions will be eligible for a credit.

If the injury happens after the day of the 2nd training session, then no credit will be given.

MISSED SESSION POLICY

We have a zero-tolerance missed session policy. If you miss a session without notice, you will forfeit the session. We respectfully request at least 6 hours advance notice for all cancellations to be eligible for an alternative Zoom call with the coach.

No siblings or friends are permitted to fill in for a player at a session.

RAINOUT POLICY

If the fields are too wet or if there is significant rain during the morning or evening of our scheduled session, the session may be rescheduled upon 3 Nil Training staff decisions at least 90 minutes before training. Our staff will check to ensure the field is safe before every session. If the field is playable, we will resume the session. Parents do not determine if the session is canceled. If a parent decides not to attend a session that has been deemed “playable”, then that session will count as a cancellation and the session will be forfeited.

PAYMENT POLICY

By signing to our Regular Training Agreement, you agree with the contract that you can commit to the entire training period. The payment will be made in full before training begins. If your credit card fails, our system will prompt you to replace your card within a 24-hour period. If a new card is not registered within 24 hours, there will be a late payment fee of \$20.

REFUND POLICY

Due to the demand for our programs, we do not offer refunds for ANY case for any program, including private training, partner training, small group training, group training, camps, clinics or any program that is added to our Training Page.

Once a player reserves a training spot, we hold the spot for the player for the specific program.

By becoming a customer of 3 Nil Training LLC, I agree to the terms on this website. I have signed a contract stating that I have reviewed this page in depth and agree to all of 3 Nil Training LLC Terms and Conditions.