

o Food and Nutrition Policy

GLC STUDENT FILE CHECKLIST

Date: _	
Child's	Name:
0	Childcare Application for Enrollment
0	Signed Statement Acknowledging receipt of:
0	Florida Certificate of Immunization (Within 30 days)
0	Student Health Examination (Within 30 days)
0	Authorization for Prescription and/or Non-Prescription Medication (if applicable)
0	Allergy Documentation and/or Special Diet Order with Sample Meal Plan
0	Accident/Incident Report(s) -Retain for 1 year
0	Permission slips for Transportation and/or Field Trips (if applicable)
0	Authorization for Food Activities/ Permission Form
0	Expulsion Policy/ Discipline Policy
0	Food Program Application Combo



State of Florida Department of Children and Families

CHILD CARE APPLICATION FOR ENROLLMENT

Student Information: Dat	e of Birth:	Sex:	Date of Enrollment:
Full Name:			
Last	First	Middle	Nickname
Child's Physical Address:			
Primary Hours of Care: From	າ	To	
Days of the Week in Care: N	T W	Th F	Sa Su
Meals Typically Served While in	n Care: Breakfast	AM Snack	Lunch PM Snack Supper
Family Information:	Child Lives With:		
Parent/Guardian Name:			rdian Name:
Address:			
Home Phone:		Home Phon	e:
Employer:		Employer: _	
Address:		Address:	
Work Phone:/Ce	ll:	Work Phone	e:/Cell:
Relationship to the child:		Relationship	to the child:
Custody: Mother	Father		Other
Medical Information: I hereby grant permission for the obtain emergency medical care	e staff of this facility if warranted.	to contact the t	following medical personnel to
Doctor:	Address:		Phone:
Doctor:	Address:		Phone:
Dentist:	Address:		Phone:
Hospital Preference:			
Please list allergies, special me	dical or dietary need	s, or other area	as of concern:
Emergency Care Plan instructio actual emergency (if applicable)	ns including sympton	ms, medication	, and notification in the event of ar

Ch be fac	low. The following	d only to the custodial parent people will also be contacte ess, accident or emergency, i	d and are authorized to reme	ove the child from the
Na	ame	Address	Work#	Cell/Home#
Na	ame	Address	Work#	Cell/Home#
Na	ame	Address	Work#	Cell/Home#
Na	ame	Address	Work#	Cell/Home#
He	elpful Information	About Child:		
			<u> </u>	
thi	Section 7.3, of the Care Facility Brook Section 8.3, of the that parent(s) rec Home Provider" (Section 7.3, C.3 of nutrition policies of the disciplinary and expection 2.3, of the that parents are recare provider.	of the Child Care Facility Hanused by the child care facility e Child Care Facility Handboxpulsion policies used by the e Family Day Care Home/ La notified in writing of the discip of indicates that you have receis complete and accurate. I he	ok, requires that parents received fracility" (CF/PI 175-24), or arge Family Child Care Home care home brochure, "Selected book, requires that parents ook, requires that parents are a child care facility, or arge Family Child Care Home linary and expulsion policies eived the above items and the	eive a copy of the Child Handbook, requires ting A Family Day Care are provided food and notified in writing of the Handbook, requires used by the family day
Si	gnature of Parent/	Guardian	Da	te



Parent of
Acknowledge I have read the below documents provided by CLC.
 Expulsion/Discipline Policy. GLC Handbook outlining emergency and evacuation policy. Know your childcare facility brochure. Distracted adult brochure. Rilya Wilson Act.
Photo Release Consent
I hereby DO or DO Not (Please circle one) give permission for my child
to have his or her photo/video taken within the center or on field trips and events by Generations of Leaders Learning Center LLC. At no time shall there be an inappropriate photos taken. Photos may be placed on GLC's website or social media sites to display positivity.
Parent or Legal Guardian's Printed Name
Parent or Legal Guardians Signature
Date:

Parent's Role

- A parent's role in quality child care is vital:
- Inquire about the qualifications and experience of child care staff, as well as staff turnover.
- Know the facility's policies and procedures.
- Communicate directly with caregivers. Visit and observe the facility.
- Participate in special activities,
- Talk to your child about their daily meetings, and conferences. experiences in child care.

Arrange alternate care for their child

when they are sick.

Familiarize yourself with the child care standards used to license the child

> More information and free resources:

MyFLFamilies.com/ChildCare



OFFICE OF CHILD CARE REGULATION AND BACKGROUND SCREENING MYFLFAMILIES.COM

Florida Abuse Hotline at 1-800-962-2873 child abuse or neglect, please call the To report suspected or actual cases of

Office of Child Care Regulation and Background Screening Florida Department of Children and Families, This brochure was created by the pursuant to s. 402.3125(5), F.S., CF/PI 175-24, 03/2014

MyFLFamilies.com/childcare provider, please visit: the compliance history of this child care For more information regarding License Issued on _ Administrative Code (F.A.C.). (F.S.), and Chapter 65C-22, Florida section 402.305, Florida Statutes standards included in according to the minimum licensure This child care facility is licensed License Expires on _ License Number: _



Know Your Child Care Facility

MyFLFamilies.com/ChildCare

General Requirements

to, the following: pursuant to s. 402.305, F.S., and ch. the minimum state child care licensing standards Every licensed child care facility must meet 65C-22, F.A.C., which include, but are not limited

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All staff oppropriately opposed	Valid license p
20000	posted
	for
5	posted for parents to see.
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	see.

- (if transportation is provided) Maintain appropriate transportation vehicles All staff appropriately screened
- Provide parents with written disciplinary practices used by the facility.
- al hours

	L
of operatio	Provide access to the facili
on.	ccess
	ರ
	the
	facility
	lity during n
	norma

Maintain minimum staff-to-child ratios

	3 yea	1 yea	Infan	A	
ar old	ar old	ar old	•	ge of Child	
11:1 15:1		6:1	4:1	Child: Teacher Ration	
	3 year old 15:	2 year old 11:			Child

Health Related Requirements

- ☐ Emergency procedures that include:
- Posting Florida Abuse Hotline number along with other emergency numbers.
- CPR on the premises at all times. Staff trained in first aid and Infant/Child
- Fully stocked first aid kit.
- children and staff documented monthly fire drills with A working fire extinguisher and
- Medication and hazardous materials are inaccessible and out of children's reach

Training Requirements

- 40-hour introductory child care training.
- 10-hour in-service training annually.
- 0.5 continuing education unit of approved early literacy and language development. training or 5 clock hours of training in
- Director Credential for all facility directors

Food and Nutrition

 Post a meal and snack menu that prodren (if meals are provided). vides daily nutritional needs of the chil-

- Record Keeping Maintain accurate records that include:
- Medication records. record.

Children's health exam/immunization

- Enrollment information
- Personnel records.
- Daily attendance.
- Accidents and incidents
- administration of medications Parental permission for field trips and

Physical Environment

- Maintain sufficient usable indoor floor space
- Provide space that is clean and free of litter and other hazards. for playing, working, and napping.
- Maintain sufficient lighting and inside temperatures.
- Equipt with age and developmentally appropriate toys.
- Provide appropriate bathroom facilities and other furnishings.
- Provide isolation area for children who
- Practice proper hand washing, toileting, and diapering activities

Quality Child Care

Quality Caregivers

Are friendly and eager to care for children.

Quality child care offers healthy, social, and the following indicators should be considered: skills, build independence and instill self-respect. age-appropriate activities that help develop essential Children in these settings participate in daily, in a safe, nurturing, and stimulating environment. educational experiences under qualified supervision When evaluating the quality of a child care setting,

Help children manage their behavior in a positive Use a pleasant tone of voice and freqently hold, Are warm, understanding, encouraging, and

cuddle, and talk to the children.

responsive to each child's individual needs. Accept family cultural and ethnic differences

Quality Activities

- Are children initiated and teacher facilitated.
- Are expressive including play, painting, drawing, Include social interchanges with all children. story telling, music, dancing, and other varied
- Include exercise and coordination development
- Include opportunities for all children to read, be Include free play and organized activities.

creative, explore, and problem-solve.

Communicate with parents. Demonstrate knowledge of social and emotional needs and developmental tasks for all children.

Provide stimulating, interesting, and educational

Are attentive to and interact with the children.

Allow children to play alone or in small groups. constructive, and non-threatening manner.

Are clean, safe, inviting, comfortable, child-friendly

Quality Environments

- Provide easy access to age-appropriate toys.
- Display children's activities and creations.
- Provide a safe and secure environment that fosters the growing independence of all children.



A change in daily routine, lack of sleep, stress, fatigue, cell phone use, and simple distractions are some things parents experience and can be contributing factors as to why children have been left unknowingly in vehicles...





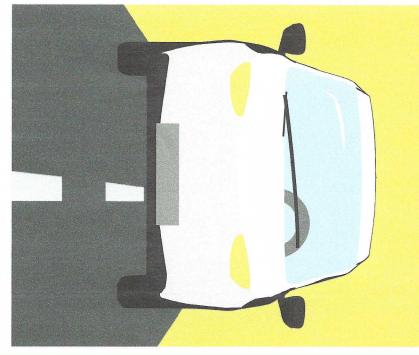
Developed by:

The Office of Child Care Regulation

www.myflfamilies.com/childcare CF/PI 175-12, May 2019

When life happens...Don't be a

DISTRACTED





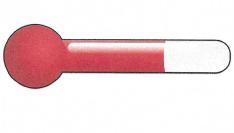
FACTS ABOUT

HEATSTROKE:
It only takes a car 10 minutes to heat up 20 degrees and become deadly.

Even with a **window cracked,** the temperature inside a vehicle can cause heatstroke.

The body temperature of a child increases

3 to 5 times faster than an adult's body.



PREVENTION TIPS:

- Never leave your child alone in a car and call 911 if you see any child locked in a car!
- Make a habit of checking the front and back seat of the car before you walk away.
- Be especially mindful during hectic or busy times schedule or route changes, and periods of emotional stress or chaos.
- Create reminders by putting something in the back seat that you will need at work, school or home such as a briefcase, purse, cell phone or your left shoe.
- Keep a stuffed animal in the baby's car seat and place it on the front seat as a reminder when the baby is in the back seat.
- Set a calendar reminder on your electronic device to make sure you dropped your child off at child care.
- Make it a routine to always notify your child's child care provider in advance if your child is going to be late or absent; ask them to contact you if your child hasn't arrived as scheduled.

During the 2018 legislative session

a new law was passed that requires child care facilities, family day care homes and large family child care homes to provide parents, during the months of April and September each year, with information regarding the potential for distracted adults to fail to drop off a child at the facility/home and instead leave them in the adult's vehicle

upon arrival at the adult's destination.

My signature below verifies receipt of the Distracted Adult brochure

Parent/Guardian:

Child's Name:

Date:

Please complete and return this portion of the brochure to your child care provider, to maintain the receipt in their records.

What is the influenza (flu) virus?

Influenza ("the flu") is caused by a virus which infects the nose, throat, and lungs. According to the US Center for Disease Control and Prevention (CDC), the flu is more dangerous than the common cold for children. Unlike the common cold, the flu can cause severe illness and life threatening complications in many people. Children under 5 who have the flu commonly need medical care. Severe flu complications are most common in children younger than 2 years old. Flu season can begin as early as October and last as late as May.



How can I tell if my child has a cold, or the flu?

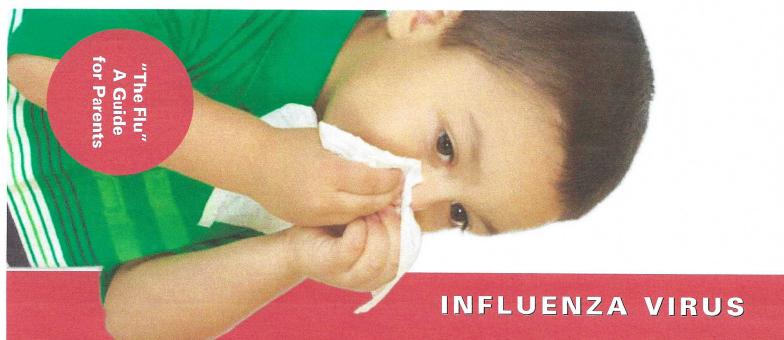
Most people with the flu feel tired and have fever, headache, dry cough, sore throat, runny or stuffy nose, and sore muscles. Some people, especially children, may also have stomach problems and diarrhea. Because the flu and colds have similar symptoms, it can be difficult to tell the difference between them based on symptoms alone. In general, the flu is worse than the common cold, and symptoms such as fever, body aches, extreme tiredness, and dry cough are more common and intense. People with colds are more likely to have a runny or stuffy nose. Colds generally do not result in serious health problems, such as pneumonia, bacterial infections, or hospitalizations.



For additional information, please visit www.myflorida.com/childcare or contact your local licensing office below:

CF/PI 175-70, June 2009

This brochure was created by the Department of Children and Families in consultation with the Department of Health.



During the 2009 legislative session, a new law was passed that requires child care facilities, family day care homes and large family child care homes provide parents with information detailing the causes, symptoms, and transmission of the influenza virus (the flu) every year during August and September.

My signature below verifies receipt of the brochure on *Influenza Virus, The Flu, A Guide to Parents:*

Name:_

Child's Name:_

Date Received:

Signature:

Please complete and return this portion of the brochure to your child care provider, in order for them to maintain it in their records.



What should I do if my child gets sick?

Consult your doctor and make sure your child gets plenty of rest and drinks a lot of fluids. Never give aspirin or medicine that has aspirin in it to children or teenagers who may have the flu.

CALL OR TAKE YOUR CHILD TO A DOCTOR RIGHT AWAY IF YOUR CHILD:

- Has a high fever or fever that lasts a long time
- Has trouble breathing or breathes fast
- Has skin that looks blue
- Is not drinking enough
- Seems confused, will not wake up, does not want to be held, or has seizures (uncontrolled shaking)
- Gets better but then worse again
- Has other conditions (like heart or lung disease, diabetes) that get worse



How can I protect my child from the flu?

A flu vaccine is the best way to protect against the flu. Because the flu virus changes year to year, annual vaccination against the flu is recommended. The CDC recommends that all children from the ages of 6 months up to their 19th birthday receive a flu vaccine every fall or winter (children receiving a vaccine for the first time require two doses). You also can protect your child by receiving a flu vaccine yourself.

What can I do to prevent the spread of germs?

The main way that the flu spreads is in respiratory droplets from coughing and sneezing. This can happen when droplets from a cough or sneeze of an infected person are propelled through the air and infect someone nearby. Though much less frequent, the flu may also spread through indirect contact with contaminated hands and articles soiled with nose and throat secretions. To prevent the spread of germs:

- Wash hands often with soap and water.
- Cover mouth/nose during coughs and sneezes. If you don't have a tissue, cough or sneeze into your upper sleeve, not your hands.
- Limit contact with people who show signs of illness.
- Keep hands away from the face. Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.



When should my child stay home from child care?

A person may be contagious and able to spread the virus from 1 day before showing symptoms to up to 5 days after getting sick. The time frame could be longer in children and in people who don't fight disease well (people with weakened immune systems). When sick, your child should stay at home to rest and to avoid giving the flu to other children and should not return to child care or other group setting until his or her temperature has been normal and has been sign and symptom free for a period of 24 hours.

For additional helpful information about the dangers of the flu and how to protect your child, visit: http://www.cdc.gov/flu/ or http://www.immunizeflorida.org/

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GENERATIONS OF LEADERS FOOD AND NUTRITION POLICY

Policy Statement

Good nutrition is vital to children's overall development and well-being. In an effort to provide the best possib le nutrition environment for the children in our facility, Generations of Leaders Learning Center has develop ed the following child care nutrition policies to encourage the development of good eating habits that will last a lifetime.

Child Care Nutrition

Generations of Leaders Learning Center follows the child care nutrition guidelines recommended by the USDA CACFP (Child and Adult Care Food Program) for all the foods we serve. To provide a healthy and balanced diet that includes fruits, vegetables, and whole grains and limits foods and beverages that are high in sugar, and/or fat, our nutrition policy includes the following:

- ✓ Fruits and Vegetables:We serve fruit at least 2 times a day.
- $\sqrt{}$ We offer a vegetable other than white potatoes at least once a day.

Grains

 \checkmark We serve whole grain foods at least once a day.

Beverages

- √ We limit juice intake to once per day in a serving size specified for the child's age group.

 When served, the juice is 100% fruit juice.
- $\sqrt{}$ We do not serve sugar sweetened beverages.
- \checkmark We serve only skim or 1% milk to children age 2 years and older.

Fats and Sugars

- √ High fat meats, such as bologna, bacon, and sausage, are served no more than two times per week.
- √ Fried or pre-fried vegetables, including potatoes, are served no more than once per week.
- \checkmark We limit sweet food items to no more than two times per week.

Role of Staff in Nutrition Education

- √ Staff provide opportunities for children to learn about nutrition 1 time per week or more.
- \checkmark Staff act as role models for healthy eating in front of the children.

Meal and snack times are planned so that no child will go more than four hours without being offered food. We provide a variety of nutritionally balanced, high quality foods each day so please do not send your child with outside food and drinks.

Weekly Menus

Our weekly menus are carefully planned to follow child care nutrition guidelines at every meal. Each menu is designed to provide a wide variety of nutritious foods that are different in color, shape, size and texture. All of our child care menus include foods that are culturally diverse and seasonally appropriate. We also like to introduce new and different foods and include children's favorite recipes in our menu planning. Menus are rotated on a weekly basis to provide the children with a balance of variety and familiarity. Menus are adapted to incorporate local and fresh in-season produce when available.

Nutrition and Punishment

Staff will never use food as a reward or as a punishment.

Celebrations

From birthday parties to holidays there are many opportunities for celebrations in our child care center. A birthday party will be held monthly in each classroom. If you would like to recognize your child's actual birthday, we request that you not send in treats or goody bags but instead send a birthday book. For holiday celebrations, a sign—up sheet with specific foods and beverages will be placed on the classroom door.

Professional Development

Annual nutrition training is required to ensure that all staff understand the important role nutrition plays in the overall well-being of children.

My signature below indicates that I have received a copy of the nutrition policy, it has been reviewed with me, and I have read and understand this policy.

Parent Signature	Date
Staff Signature	Date
Name of child	

CHILD CARE FOOD PROGRAM FREE AND REDUCED-PRICE MEAL APPLICATION - COMBO

Child's Name: Center Name & Address: _ Generations of Leaders Learning Center 1430 W Kaley Ave									
Primary Hours of Care: From: To:	Days of the	Week in Care: M	T W TH F S	S Meals Ty	pically Serv	ed While	in Care: E	BR MS LU AS	SU ES None
Please read the instructions and accompanying	Parent Letter before con	npleting this form. If	you need assis	tance compl	eting this for	m, call: (_	407_)_2	234-4695	
STEP 1: Complete the following table for all	INFANTS and CHILDRE	N through age 18	that reside in t	he househo	old, even if n	ot related	I. (include d	child listed at top	of form)
Child's Name (Last Name, First Name)					ld? (circle)			Homeless/Run	
		Yes I	No	Yes	No	Yes	No	Yes	No
		Yes I	No	Yes	No	Yes	No	Yes	No
		Yes I	No	Yes	No	Yes	No	Yes	No
			No	Yes	No	Yes		Yes	No
STEP 2: Do any household members (children If NO, go to STEP 3. If YES, enter one of the fol			ogram (FAP/SN	AP) or Tem	porary Assis	stance fo	r Needy Fa	amilies (TANF) b	enefits?
FAP/SNAP Case Number: STEP 3: Children's Income Information (see	reverse side for what to		Case Number		listed a case	 e # in STE	 P 2)	_ _	
Children's Income – sometimes children earn								the income is rece	eived.
Children's income – Total: \$		eived? (check only							
STEP 4: Household income and adult housel		<u> </u>							•
Adult Household Members and Income – list taxes & deductions) from each source in who that does not receive income from any source, we have a source of the company of the	ole dollars only (no cer	nts) and how often	it is received (i.e., weekly,	bi-weekly, t	wice a m	onth, mon	thly, or annually	/). For an adult
Adult Household Member's Name (Last Name, First Name)	Earnings fro (\$ Amount / Ho		Public Assis	stance/Child Amount / Ho		imony		Retirement/All Amount / How o	
		eekly Biweekly Monthly vice a Month Annually	\$		dy Biweekly Mont	,	\$		Biweekly Monthly Month Annually
	\$ / w	eekly Biweekly Monthly vice a Month Annually	\$	/ Week	kly Biweekly Mont	hly	\$	/ Weekly	Biweekly Monthly Nonth Annually
Total Household Members (Add STEP 1 & 4): STEP 5: Contact information and adult signa	Last four digits	of Social Security	/ Number (SSN			-	_ _ _		SN, write "none."
By signing below, I am certifying (promising) that a of federal funds and that institution officials may ve	ll information on this appli								
Home address (if available):					ı	Davtime i	ohone #: ()	_
		dress, City, State, Zip	Code			,	· · · · · · · · · · · · · · · · · · ·		
Signature of adult household member:			Printed name:					Date signed:	
OPTIONAL: Child's ethnic and racial identities We a Responding to this section is optional and does not affect									
Race (check one or more): American Indian or	Alaskan Native As	ian Black or <i>i</i>	African American	Nativ	e Hawaiian or	Other Pac	fic Islander	White	
FOR CONTRACTOR USE ONLY: Categorical Eligibility: FAP/SNAP or TANF Hous	ehold □ Foster Child	Total Household	Size·	Total House	old Income:	\$			
Eligibility Determination: ☐ Free ☐ Reduced-Pri NOTE: If different income frequencies are	ce 🗆 Non-needy	How Often Incom	e is Received (F	requency): 🗆	l Weekly □	Biweekly		Month	•
Reason for Non-needy Status: Income too High					n: weekiy x 52			. σαινιυιια ΙΧ ∠4 , ΙΝΙ	Jimily X 12
Determining Official's Signature:		Date:			Signature:				Date:
Revised 6/2019		bate Page 1 of :		raity Check	oigilatule				U-009-08