



Maitake

Boosts Immune System, Anti-cancer properties (slows tumor growth), Improves heart health & cholesterol levels, and Improves blood sugar management

Lion's Mane

Boost Immune System, Anti-cancer properties (slows tumor growth), Reduces Inflammation & Oxidative Stress, Protects & Regenerates brain tissue, Improves cognition, mood, & anxiety, Improves speed of recovery from nervous system injuries, and Improves blood sugar management



Shiitake

Boost Immune System, Anti-cancer properties (slows tumor growth), Reduces inflammation, Improves heart health & cholesterol levels, and Improves blood pressure regulation

ADAPTOGENIC MUSHROOMS

Adaptogenic mushrooms help reduce the negative effects of stress on the body. This can be from physical, biological, or chemical stresses to the body.

Cordyceps

Boost Immune System, Anti-cancer properties (slows tumor growth), Reduces inflammation, Improves heart health & cholesterol levels, Improves symptoms of fatigue & Increases energy, Anti-aging benefits, and Improves blood sugar management

Chaga

Boosts Immune System, Anti-cancer properties (slows tumor growth), Reduces inflammation, Improves heart health & cholesterol levels, Rich in antioxidants, and Improves blood sugar management



Reishi

Boost Immune System, Anti-cancer properties (slows tumor growth), Improves heart health & cholesterol levels, Improves symptoms of fatigue & depression, and Improves blood sugar management

Turkey Tail

Boosts Immune System, Anti-cancer properties (slows tumor growth), Improves nervous system function, Antiviral properties, Improves metabolism & gut health, and Enhances athletic performance

