

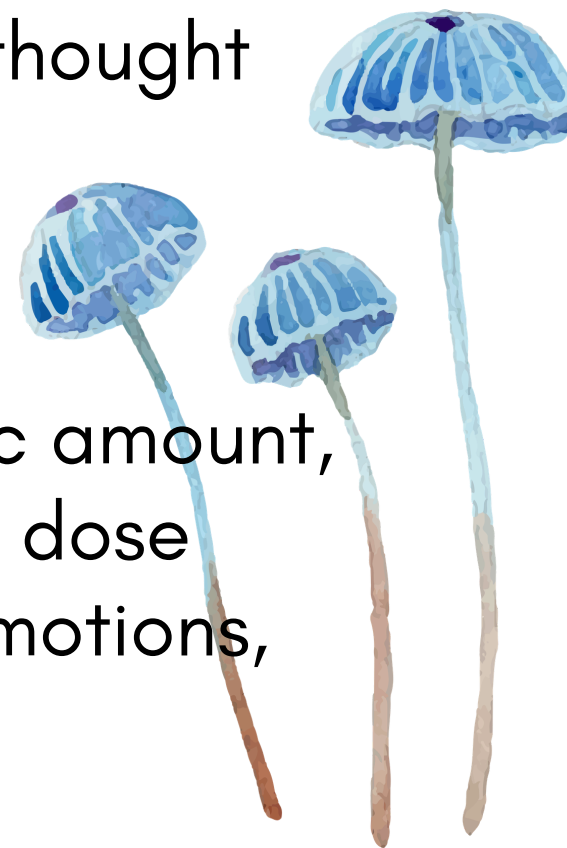
PSYCHEDLIC MUSHROOMS

What is Psilocybin?

A natural compound in certain mushrooms that converts to psilocin in the body. It interacts with serotonin receptors, influencing mood, perception, and thought patterns.

Microdose vs. Full Dose

A microdose is a very small, non-hallucinogenic amount, often used for focus, mood, or creativity. A full dose ("trip") creates stronger shifts in perception, emotions, and self-awareness.



Do You Need to "Trip" for Benefits?

No. Microdosing alone may support balance, clarity, and creativity without hallucinogenic effects. A full dose can bring deeper insights but isn't required for benefits.

What Does Science Say?

Research shows psilocybin may ease depression, anxiety, PTSD, and end-of-life distress. Studies also find it boosts brain connectivity, helping people break old thought patterns and habits.

Is Psilocybin Legal?

Psilocybin is federally illegal in the U.S., but some cities and states have decriminalized or created therapeutic programs. Laws differ widely around the world.



CONDITIONS THAT MAY BENEFIT FROM MICRODOSING PSYCHEDELIC MUSHROOMS:

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| ADHD | Migraine Headaches |
| Anorexia | Multiple Sclerosis |
| Anxiety | Pain |
| Asthma Relief | Poor Libido |
| Autism | Pornography Addiction |
| Binge Eating | Post-Traumatic Stress Disorder (PTSD) |
| Bipolar Disorder | Pregnancy & Breast Feeding |
| Cannabis reduction or cessation | Premenstrual Dysphoric Disorder (PMDD) |
| Cerebral Palsy | Premenstrual Syndrome (PMS) |
| Cluster Headaches | Psych Med Weaning |
| Color Blindness | Schizophrenia |
| Common Cold Relief | Sleep |
| Depression | Stroke |
| Dizziness | Stuttering |
| Eczema | Traumatic Brain Injury (TBI) |
| Ehlers-Danlos Syndrome | Varicella-Zoster Virus (Shingles) |
| Epilepsy | |
| Inflammatory Bowel Disease (IBD) | |
| Long COVID | |
| Lupus | |
| Lyme Disease | |

