

ASSUMPTION AND ACKNOWLEDGMENT OF RISKS FOR MINORS

PLEASE READ CAREFULLY

RE: Use of Premises and Equipment of "Okanagan Firestorm Cheerleading" for non team/class activities (Open Gym, Nerf Night, Tot Time)

TO: "Okanagan Firestorm Cheerleading Inc." operating as "Okanagan Firestorm Cheerleading" (referred to in this document as "Okanagan Firestorm Cheerleading" and its directors, officers, employees, representatives, officials, landlord and agents (collectively referred to in this document as the "Agents")

I have read the guidelines and rules issued for the use of "Okanagan Firestorm Cheerleading" premises and equipment, which I understand, and I agree to be bound by them. I understand that this document will remain valid from the time I sign below until July 1, 2020. I further agree to acknowledge that:

1. The rules and guidelines governing the use of the premises and equipment are solely for that purpose, that is, for the use of cheerleading/gymnastics activities, and it remains my sole responsibility to act and govern myself/my child in such a manner as to be responsible for my/their own safety;
2. I am aware of the risks inherent in participating in cheerleading/gymnastics activities and the use of cheerleading/gymnastics premises, facilities and equipment and I assume the risks and waive notice of all conditions, dangers or otherwise relating to or arising out of such use.

General Gym Rules:

- Do all skills safely
- Ask a coach's permission before getting on equipment
- Ask a coach's permission before attempting new skills
- Be cautious and aware of your surroundings when moving in gym
- If you leave the class, tell the coach on duty

Additional Rules for Tot Time (Ages 4m – 4 Years)

- A parent must be supervising their child at all times.
- Socks are to be worn by parents and tots at all time.
- Parents are not to be spotting their children in gymnastics skills

Date: _____

Participant Name: _____ Birthdate: _____

Signature of Parent / Guardian: _____

Witness Signature: _____

Phone Number: _____

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