

**Spring Refresh 2025**  
**April 25-26, 2025 — Auburn Alliance Church, 630 N. Seward Avenue, Auburn, NY**

**Keynote Speaker—Michelle Lazurek**  
**Global Moments—IW Kathy Eikost**  
**Teen Breakout Session Leader—Gabrielle Swartz**

**IMPORTANT INSTRUCTIONS, REMINDERS AND NOTES**

**PLEASE NOTE: REGISTRATION IS ONLINE ONLY. TO REGISTER JUST YOURSELF YOU CAN YOU CAN USE THIS LINK: <https://forms.gle/wmrX82JHbMwSkuJq9> TO REGISTER MORE THAN ONE PERSON, USE THIS LINK (UP TO 3 PEOPLE ON ONE LINK): <https://forms.gle/NC4VMQ5oipHFvRnj6>**

**IF YOU NEED HELP WITH ONLINE REGISTRATION, PLEASE CONNECT WITH SOMEONE IN YOUR CHURCH TO HELP or CONTACT OUR REGISTRAR, SONI MURPHY, FOR ASSISTANCE.**

**The conference begins at 3 p.m. on Friday. We will have a break at 4:30 for dinner on your own for Friday night dinner. Use this as an opportunity to fellowship with your group or another group of ladies.**

**THREE DATES TO REMEMBER:**

- **April 3rd —Hotel Room must be booked by then to get the price quoted to us.**
- **April 7th—Early Bird Deadline—\$42.00 (\$37 teen girls)**
- **April 14th—Final Deadline for \$10 more—\$52 (\$47 teen girls) - No registrations after this date.**

**HOTEL INFORMATION:**

You or someone from your group must make your own reservations.

- **HOLIDAY INN RESERVATIONS—** We have a block of 70 rooms reserved at the Holiday Inn Finger Lakes for a guaranteed room price of \$140.12 (includes tax). The deadline to get this guaranteed price is **APRIL 3rd** — registrations are being taken now – CALL ASAP at 315-253-4531 and let them know you are with the NED Alliance Women Refresh Conference.
- You may also use this link to book the hotel room: <https://www.holidayinn.com/redirect?path=hd&brandCode=HI&localeCode=en&regionCode=1&hotelCode=SYRAU&PMID=99801505&GPC=NDA&cn=no&viewfullsite=true>
- You can also try a different hotel in the area. You can take advantage of special deals through Priceline, etc. Some other local hotels include the following:

Hilton Garden Inn, 74 State Street, Auburn, NY,  
315-252-5511, Hilton.com

Inn at the Finger Lakes, 15 John Street, Auburn, NY  
315-253-5000, innatthefingerlakes.com

- **IMPORTANT:** There is a **small** amount of financial assistance available for pastors' wives/official workers/women in church leadership. If you or someone you know has a financial need, please contact Peg Kielwaski at (716) 720-0589 or mikelwaski@yahoo.com for guidelines. Sign-up for assistance begins now through April 7th, **but you need to contact Peg first BEFORE REGISTERING.**
- Refresh registrar is Soni Murphy and her contact information for questions - (607) 727-4569 or srmmurphy61@gmail.com .
- There will be opportunity to shop from Mercy Market which helps support at-risk women around the world as well as from Generous Roasting Company, a Delta Lake ministry and other vendors. Shopping will be open during break times.
- The registration fee of \$42 includes refreshments on Friday night, breakfast on Saturday and lunch on Saturday. **YOU MUST REGISTER FOR THE ENTIRE CONFERENCE.**
- There will be a light breakfast available at the church on Saturday morning from 8-8:45 a.m. and will feature items such as yogurt, granola, fruit, pastries, bagels, juice and coffee and tea. (May change slightly). If you require something heavier or have special dietary issues, we suggest you bring your own or eat prior to the morning service which will start at 9 a.m.
- Please select your Saturday afternoon lunch choice on the registration form. Lunch choices are:
  - Turkey and Cheddar—Mayo on the Side with Chips and a Chocolate Chip Cookie
  - Cranberry Walnut Chicken Salad Sandwich with Chips and a Chocolate Chip Cookie
  - Mediterranean Veggie Sandwich with Chips and a Chocolate Chip Cookie
  - Fuji Apple Chicken Salad with French Baguette and a Chocolate Chip Cookie
  - Green Goddess Chicken Cobb Salad with French Baguette and a Chocolate Chip Cookie

## **REFRESH PRELIMINARY SCHEDULE**

### **Friday**

3:00-4:30 p.m.—Program

4:30-6:45 p.m.—Dinner on your own

7:00 p.m.—8:30 p.m.—Program

8:30 p.m.— Refreshments, fellowship, shop at vendor tables

### **Saturday Morning**

8:00-8:45 – Light breakfast at the church

9:00 a.m.—Program

11:00 a.m.—12:00 p.m. — Break and shopping at Mercy Market, Vendor Tables

### **Saturday Afternoon**

12:00—1:00 p.m. — Lunch

1:00- 3:00– Program

**WE ARE LOOKING FORWARD TO SEEING MANY OF YOU JOIN US FOR SPRING REFRESH 2025**