

Spring Refresh 2026

April 24-25, 2026 — Auburn Alliance Church, 630 N. Seward Avenue, Auburn, NY

**Keynote Speaker—Ana Cuevas
Teen Breakout Session Leader—Gabrielle Swartz**

IMPORTANT INSTRUCTIONS, REMINDERS AND NOTES

PLEASE NOTE: REGISTRATION IS ONLINE ONLY. TO REGISTER YOU CAN YOU CAN USE THIS LINK: <https://bit.ly/3Ns479t>. IF YOU NEED HELP WITH ONLINE REGISTRATION, PLEASE CONNECT WITH SOMEONE IN YOUR CHURCH TO HELP or CONTACT OUR REGISTRAR, SONI MURPHY, FOR ASSISTANCE.

Registration begins at 2:15 p.m. on Friday and the conference begins at 3 p.m. on Friday. We will have a break at 4:30 for dinner on your own for Friday night dinner. Use this as an opportunity to fellowship with your group or another group of ladies.

THREE DATES TO REMEMBER:

- **March 24th**—Hotel Room must be booked by then to get the price quoted to us.
- **April 3rd**—Early Bird Deadline—\$45.00 (\$40 teen girls)
- **April 15th**—Final Deadline for \$10 more—\$55 (\$50 teen girls) - No registrations after this date.

HOTEL INFORMATION:

You or someone from your group must make your own reservations.

- **HOLIDAY INN RESERVATIONS**— We have a block of 75 rooms reserved at the Holiday Inn Finger Lakes for a guaranteed room price of \$152.22 (includes tax). The deadline to get this guaranteed price is **March 24th** — registrations are being taken now – CALL ASAP at 315-253-4531 and let them know you are with the NED Alliance Women Refresh Conference.
- You may also use this link to book the hotel room: <https://www.ihg.com/redirect?path=rates&brandCode=HI&localeCode=en®ionCode=1&hotelCode=SYRAU&checkInDate=24&checkInMonthYear=032026&checkOutDate=25&checkOutMonthYear=032026&PMID=99801505&GPC=NDA&cn=no&adjustMonth=false&showApp=true&monthIndex=00>
- You can also try a different hotel in the area. You can take advantage of special deals through Priceline, etc. Some other local hotels include the following:

Hilton Garden Inn, 74 State Street, Auburn, NY,
315-252-5511, Hilton.com

Inn at the Finger Lakes, 15 John Street, Auburn, NY
315-253-5000, innatthefingerlakes.com

- IMPORTANT: There is a small amount of financial assistance available for pastors' wives/official workers/women in church leadership. If you or someone you know has a financial need, please contact Peg Kielwaski at (716) 720-0589 or mikelwaski@yahoo.com for guidelines. Sign-up for assistance begins now through April 3rd, but you need to contact Peg first BEFORE REGISTERING.
- Refresh registrar is Soni Murphy and her contact information for questions - (607) 727-4569 or srmmurphy61@gmail.com .
- The registration fee of \$46.65 includes refreshments on Friday night, breakfast on Saturday and lunch on Saturday. **YOU MUST REGISTER FOR THE ENTIRE CONFERENCE.**
- There will be a light breakfast available at the church on Saturday morning from 8-8:45 a.m. and will feature items such as yogurt, granola, fruit, pastries, bagels, juice and coffee and tea. (May change slightly). If you require something heavier or have special dietary issues, we suggest you bring your own or eat prior to the morning service which will start at 9 a.m.
- Please select your Saturday afternoon lunch choice on the registration form. Lunch choices are:

Turkey and Cheddar SANDWICH—Mayo on the Side with Chips and a Chocolate Chip Cookie
 Cranberry Walnut Chicken Salad SANDWICH with Chips and a Chocolate Chip Cookie
 Mediterranean Veggie SANDWICH with Chips and a Chocolate Chip Cookie
 Fuji Apple Chicken SALAD with French Baguette and a Chocolate Chip Cookie
 Green Goddess Chicken Cobb SALAD with chips, and a Chocolate Chip Cookie

***Cookie will be replaced with a fruit cup for those who are gluten-free**

REFRESH PRELIMINARY SCHEDULE

Friday

2:15-3:00—Registration
 3:00-4:30 p.m.—Program
 4:30-6:45 p.m.—Dinner on your own
 7:00 p.m.—8:30 p.m.—Program
 8:30 p.m.— Refreshments, fellowship, shop at vendor tables

Saturday Morning

8:00-8:45 – Light breakfast at the church
 9:00 a.m.—Program
 11:00 a.m.—12:00 p.m. — Break and shopping at Vendor Tables

Saturday Afternoon

12:00—1:00 p.m. — Lunch
 1:00- 3:00— Program

WE ARE LOOKING FORWARD TO SEEING MANY OF YOU JOIN US FOR SPRING REFRESH 2026