Choreography for Beginners (Mar 13, 2021 thru Apr 24, 2021)

This 3 month workshop is for the person who enjoys learning through performing. Or, this is for the student who desires to be more free on the dance floor. We will create a basic, choreographed piece to a specific song chosen by participants during the first class; majority wins. Not only will you have fun and gain confidence by participating in this class, you will also challenge your personal dance ability and grow to a new level!

Clients are required to register for all sessions.

Salsa Dance (Mar 12, 2021 thru Apr 02, 2021)

Do you love to dance? Do you love the picture and feelings of salsa? This workshop is designed for those who crave the heat both for their body and minds. Join me as we build salsa choreography, dance it, and feel it. No partner is necessary. This is individual choreography that you can use to brighten your own day. The first two weeks we will learn the choreography. The second two weeks we will apply technique and styling. Last week we will perform...for who? Ourselves of course!

Waltzing in the Living Room (Mar 12, 2021 thru Apr 02, 2021)

We will learn the magic of waltzing by oneself or with a partner in your own living room. A great class to stretch and strengthen leg muscles. All levels are welcomed and will benefit from this online five-week workshop. Join me as we learn to waltz in our living rooms!