

ANTIPASTI - MINESTRE

OUR OWN FRESH SOUP OF THE DAY CUP 3.50 BOWL 6.50

FRIED MOZZARELLA 9.95

Mozzarella Squares Breaded and Deep Fried, Served with Our Marinara Sauce.

BRUSCHETTA 9.95

Focaccia Bread Toasted with Fresh Garlic and Topped with Marinated Tomatoes, Basil and Fresh Mozzarella.

FRIED CALAMARI 10.95

Lightly Battered Fresh Squid, Fried and Served with Our Marinara Sauce.

N.Y. CALAMARI 11.50

Battered Fresh Squid & Hot Peppers Sautéd in a Spicy Marinara Sauce.

INSALATE

Salads of Crisp Fresh Greens, Made to Order!

GARDEN

TOSSED SALAD SM. 5.95 .. LG 6.95
Lettuce, Tomato, Peppers, Onions, Cucumbers.

GREEK SALAD SM.. 7.95 . LG 8.95

Feta Cheese, Greek Olives, Served over Assorted Greens.

CHEF SALAD SM. 8.95 LG 10.50

Imported Ham, Smoked Turkey Breast, Mozzarella & Egg, Served over Assorted Greens.

TUNA PLATE 10.95

Served over Garden Greens & Vegetables, Topped with Mozzarella.

MEATBALL SALAD 10.95

Salad Greens Topped with Mixed Vegetables & Served with Our Famous Meatballs.

MARINATED STEAK SALAD 11.95

Salad Greens Topped with Mixed Vegetables and Thin Sliced Marinated Steak, Caramelized Onions and Roasted Peppers.

EGGPLANT FRIES 11.95

Breaded and Fried Golden Brown Strips Of Eggplant, Served with Parmesan Cheese and a Side of Marinara Sauce.

SPICY CHICKEN WINGS 11.50

A Dozen Chicken Wings Deep Fried Crispy and Served with Our Own Sauce. Regular, BBQ or Garlic Parmesan.

MAMA'S

MEATBALL PLATTER 9.95

House Made Beef & Pork Meatballs Topped with Our Marinara Sauce.

Served with House Ricotta.

ZUPPA DI MUSSELS 11.95

Fresh Maine Mussels Simmered in Our Marina Sauce, Served with Garlic Bread.

CAESAR SALAD 7.95

Made with Romaine Lettuce Tossed with Caesar Dressing & Croutons..

SPINACH GORGONZOLA 10.95

Fresh Baby Spinach, Tomato, Roasted Peppers and Bermuda Onion Topped with Gorgonzola Cheese.

MEDITERRANEAN SHRIMP SALAD 12.95

Pan Seared Shrimp Served over Baby Greens, Topped with Oven Roasted Tomato, Bermuda Onion and Greek Olives.

ITALIAN ANTIPASTO 13.95

Made with Assorted Italian Cold Cuts, Italian Sharp Cheese, Olives and Pepperoncinis, Served over Assorted Greens.

SALAD ADDITIONS:

GRILLED CHICKEN 3.50 • GULF SHRIMP 4.95

Above Served with Your Choice of Dressing: Balsamic Vinaigrette, Italian, Buttermilk Ranch, Blue Cheese, Peppercorn Parmesean & Creamy Dill.

THE PERFECT COMPLIMENT TO OUR SPECIAL PASTA DISHES!

HOT & CRUSTY GARLIC BREAD 5.95
WITH LOTS OF MELTED MOZZARELLA..... 8.95

PASTA MAMA'S WAY!

“Which Means a Lot!

MARINARA 12.95

Our Homestyle Tomato Sauce Seasoned with Fresh Garlic & Fresh Herbs.

AGLIO É OLIO 12.95

Fresh Garlic, Olive Oil, Fresh Herbs, Tossed with Romano Cheese and a Touch of Red Pepper Flakes.

BOLOGNESE 17.95

Lena’s Homestyle Meat Sauce, Slow Roasted Beef & Pork Tossed with Our Marinara and Topped with Ricotta.

ALFREDO 16.95

Heavy Cream , Parmigiana, Pecorino Romano Cheese Sauce.

LENA'S PESTO 15.95

Homestyle Basil Pesto Seasoned with Sundried Tomato, in a Light Cream Sauce and Pine Nuts.

VODKA CREAM 17.95

Tossed with Mushrooms and Peas in a Vodka Cream Sauce with a Hint of Marinara.

PUTTANESCA 16.95

Caper, Fresh Garlic, Sundried Tomatoes, Mushrooms, Kalamata Olives & Anchovies Simmered in a Spicy Marinara Sauce.

CARBONARA 17.95

Prosciutto, Bacon and Ham Tossed in an Alfredo Sauce.

ADD MEATBALL OR SAUSAGE TO ANY OF THE ABOVE DISHES ADD 4.50

CHICKEN WITH ANY OF THE ABOVE ADD 3.50

ALL OF THE ABOVE SERVED WITH HOUSE SALAD OR SOUP AND BREAD.

POLLO

Fresh, Never Frozen Chicken Breast, Some Traditional and Our Favorites and Always Made to Order!

CHICKEN RUSTICA 18.95

Chicken Breast Sautéed with Sausage, Mushrooms, Peppers and Onions in a Garlic Sauce.

CHICKEN ANTONIO 18.95

Breast of Chicken Sautéed with Sausage, Onion and Spinach, Served over Linguine with a White Wine Garlic Sauce.

CHICKEN GUISEPPE 18.95

Strips of Chicken Breast Tossed with Sun Dried Tomato, Broccoli, Onion and Garlic in a Sun Dried Tomato Pesto Sauce, Tossed with Penne.

CHICKEN FRANCAISE 18.50

Egg Battered Boneless Breast of Chicken Sautéed in a Lemon Wine Sauce.

ADD SPINACH 2.00

All Chicken Dishes Served with Penne Pasta, House Salad or Soup and Bread.

There is a 3.00 up charge to substitute Veggies for a Side of Pasta

VITELLO

Milk Fed Veal, Special Seasonings and Our Chef’s Expertise. Bravo!

VEAL PARMIGIANA 21.95

Breaded Veal Baked with Our Marinara Sauce and Topped with Mozzarella.

VEAL MARSALA 21.95

Scaloppine of Veal Sautéed with Mushrooms in a Sweet Marsala Wine Sauce.

CHICKEN PARMIGIANA 18.95

Breaded Boneless Breast of Chicken Baked with our Marinara Sauce and Topped with Mozzarella.

CHICKEN MARSALA 18.50

Boneless Breast of Chicken Sautéed with Mushrooms in a Sweet Marsala Wine Sauce.

CHICKEN PICATTA 18.95

Boneless Breast of Chicken Sautéed with Artichokes and Capers in a Lemon Butter, Wine Sauce.

ADD SPINACH 2.00

VEAL PICATTA 21.95

Scaloppine of Veal Sautéed with Artichoke Hearts and Capers in a Lemon Butter Sauce.

VEAL FRANCAISE 21.95

Tender Veal, Egg Battered and Sautéed in a Lemon Wine Sauce.

ADD SPINACH 2.00

All Veal Dishes Served with Penne Pasta, House Salad or Soup and Bread.

There is a 3.00 up charge to substitute Veggies for a Side of Pasta

FROM THE GRILL

N.Y. STRIP STEAK 23.95

Chargrilled Choice Angus Strip Steak Seasoned with a Garlic Butter Sauce. Served with Roasted Potato and Vegetable.

N.Y. STRIP STEAK POMODORO 24.95

Chargrilled Choice Angus Strip Steak Seasoned with a Garlic Sauce. Topped with Roasted Tomato & Caramelized Onion. Served with Roasted Potatoes.

BLACK ANGUS BURGER..... 10.95

8 oz. of Fresh Ground Angus Sirloin with Lettuce, Tomato, Mayonnaise and Melted Cheese, Served on a Roll with French Fries.

WANT SOME BACON.....ADD 1.50

FRUTTI DI MARE

The Fresh Harvest of The Sea

MUSSELS MARINARA 18.95

A Bowl of Fresh Mussels Sautéed with Garlic, Capers and Our Zesty Marinara Sauce, Served over Linguine.

LINGUINE IN

RED OR WHITE CLAM SAUCE 19.95

Sea Clams and Littlenecks Sautéed in Olive Oil, Capers, White Wine, Fresh Garlic & Herbs. Served over Linguine.

SHRIMP & SCALLOP MARIA 21.95

Gulf Shrimp and Sea Scallops Sautéed with Spinach and Oven Roasted Tomato in a White Wine Garlic Sauce over Creamy Risotto.

BAKED SCALLOPS 23.95

Fresh Sea Scallops Baked in White Wine, Butter and Lemon Topped with Bread Crumbs, Served with a Side of Pasta & Vegetable.

All Seafood Dishes Served with House Salad or Soup and Bread.

There is a 3.00 up charge to substitute Veggies for a Side of Pasta

SIDE ORDERS

FRENCH FRIES 3.95

ONION RINGS 4.95

PASTA MARINARA 4.95

MEATBALL OR SAUSAGE 4.50

MIXED VEGETABLES 6.95

CREAMY RISOTTO 6.95

6.35% Ct. State Sales Tax Applies • Prices Subject to Change

*Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food borne illness.

LENA'S FAMOUS BRICK OVEN PIZZA

HAND MADE IN THE TRADITIONAL SICILIAN THICK CRUST STYLE OR N.Y. THIN CRUST WITH FRESH DOUGH MADE DAILY & WHOLE MILK MOZZARELLA

	SM	LG		SM	LG
MOZZARELLA	10.00	15.00	HAWAIIAN PIZZA	14.50	19.95

BBQ CHICKEN..... 14.50 19.95

Breaded Chicken Breast, Caramelized Onion, Mozzarella & Cheddar Topped with BBQ Sauce.

BUFFALO CHICKEN..... 14.50 19.95

Breaded Chicken Breast Tossed with Spicy Buffalo Sauce, Served over Mozzarella & Cheddar Cheese.

CHICKEN BACON 15.95 21.95

Breaded Chicken Breast, roasted Peppers and Caramelized Onions Bacon, and Cheddar & Mozzarella Cheese,

CIAPPINO..... 12.50 18.95

Fresh Tomatoes, Fresh Garlic, Olive Oil and Herbs over Parmesan & Mozzarella Cheese.

CLAM CASINO 14.50 20.95

Sautéed Clams, Bacon, Fresh Garlic and Herbs over Mozzarella Cheese.

HAWAIIAN PIZZA..... 14.50 19.95

Pineapple, Ham and Bacon.

LENA'S SPECIAL 16.50 22.95

Peppers, Onions, Mushrooms, Pepperoni, Hamburg, Sausage.

MARGHERITA..... 12.50 18.95

Crushed Tomatoes, Fresh Mozzarella, Olive Oil, Fresh Basil and Parmesan Cheese.

MEDITERRANEAN..... 15.50 21.95

A Seasoned White Pie with Spinach, Bermuda Onion, Black & Green Olives, Feta Cheese, Garlic, Olive Oil and Herbs.

PRIMAVERA 15.50 20.95

Peppers, Onions, Mushrooms, Olives and Eggplant.

SAL'S SPECIAL 13.50 19.95

Seasoned White Pie with Mozzarella and Spinach, Topped with Fresh Tomatoes with Olive Oil and Garlic.

SHRIMP SCAMPI 15.50 21.95

Shrimp with Fresh Garlic, Olive Oil, Fresh Herbs and Capers, Over Parmesan & Mozzarella Cheese.

TOPPING/ITEMS

Peppers • Onions • Mushrooms • Olives • Eggplant • Fresh Garlic • Tomatoes • Hot Peppers Sausage • Pepperoni • Hamburg • Bacon • Ham • Anchovies • Sun Dried Tomatoes • Feta Cheese Fresh Broccoli • Fresh Spinach • Extra Cheese

BRICK OVEN CALZONES

10.95

OUR FRESH DOUGH STUFFED WITH

RICOTTA, MOZZARELLA

EACH ADDITIONAL ITEM 1.00

(SELECT FROM PIZZA ITEMS ABOVE)

Please Allow 20 Minutes Calzones Made To Order

SMALL PIZZA

TOPPINGS

1.50

LARGE PIZZA

TOPPINGS

2.00

CHICAGO STYLE STUFFED PIZZA

STUFFED MEAT, SERVES 6 PEOPLE EASILY. A MEAT LOVERS DREAM . . .29.95

A Pizza on Top of Another Pizza, Two Layers Stuffed with Pepperoni, Sausage and Meatball, Loaded with Plenty of Mozzarella.

STUFFED VEGETABLE, SERVES 6 PEOPLE EASILY . . .29 .95

Made the Same as it’s Partner, but Layered with Broccoli, Spinach and Eggplant, Loaded with Plenty of Mozzarella.

SHEET PAN PARTY PIZZA • 24 SLICES

TOMATO SAUCE AND PARMESAN..... 17.00

TOMATO SAUCE AND MOZZARELLA 20.00

EACH ADDITIONAL ITEM 3.50

PLEASE PROVIDE 24 HOUR NOTICE FOR SHEET PAN PIZZAS

TAKE-OUT ONLY

MAMA'S GIANT GRINDERS

SERVED HOT OR COLD

	8"	12"		8"	12"
ITALIAN STEAK	8.75	13.25	PEPPERONI	8.75	13.25
ITALIAN COMBO	8.75	13.25	GENOA SALAMI.....	8.75	13.25
BEEF CUTLET			EGGPLANT		
PARMIGIANA	8.75	13.25	PARMIGIANA.....	8.50	12.75
CHICKEN CUTLET			ITALIAN SAUSAGE	8.50	12.75
PARMIGIANA	8.75	13.25	COOKED SALAMI	8.00	12.00
ROAST BEEF	8.75	13.25	HAM	8.00	12.00
GRILLED			ITALIAN MEATBALL.....	8.00	12.00
CHICKEN BREAST	8.75	13.25	PEPPER & EGG.....	8.00	12.00
CAPICOLLA	8.75	13.25	VEGETARIAN	8.00	12.00
SMOKED			TUNA SALAD.....	8.00	12.00
TURKEY BREAST	8.75	13.2	EXTRA CHEESE75	1.00

LENA'S SPECIALTY BREADS

SAUSAGE BREAD.....	10.95
Made Daily with our Fresh Dough Filled with Sausage, Mozzarella & Sauce	
SPINACH PIE	10.95
Made Daily with our Fresh Dough Filled with Spinach, Sausage and Potato	

LENA'S FAMOUS SAUCE TO GO

MARINARA - 5.00 PT . MEATSAUCE - 7.00 PT

PESTO or ALFREDO - 8.00 PT . VODKA CREAM 9.00 PT

CHILDREN'S MENU

(12 AND UNDER, PLEASE, NO EXCEPTIONS)

RAVIOLI IN OUR MARINARA SAUCE.....	6.50	PIZZA SLICE & FRENCH FRIES.....	6.50
PENNE & MEATBALL	6.50	FRIED CHICKEN TENDERS	
CHEESEBURGER & FRENCH FRIES.....	6.50	& FRENCH FRIES.....	6.50

CHILDREN'S MEALS INCLUDE A FOUNTAIN DRINK
DINE IN ONLY.

BEVERAGES

Apple, Cranberry, Orange	
ESPRESSO	3.50
CAPPUCCINO.....	4.95
HOT CHOCOLATE	2.25
SNAPPLE JUICES.....	2.50

PLANNING A PARTY?
Lena's Offers a Complete Menu for Catering at Your Location.
Please ask your server for details.

PRIVATE ON SITE BANQUET FACILITIES
Available for Parties of up to 100

...HAPPY HOUR...DAILY 3 TO 6

LENA'S, A BRIEF HISTORY

Pasquilina (Lena) and Guiseppe (Joe) Lonero purchased Pizzarama, a pizza and grinder shop, in 1982. When they opened the restaurant they decided to keep the original name and they had their children, Lena and Sal, working by their sides.

Over the years, the business grew and the family incorporated their Italian heritage and traditional family recipes into the menu. The expanded menu includes a wide selection of appetizers, salads and Italian entrees, as well as the traditional pizza and grinders.

As the menu expanded, the patronage increased and the family decided it was time to rename the restaurant, remodel and add a banquet facility to better serve their customers. The name was changed to Lena's Restaurant and Pizza in 1992. The restaurant was named in honor of the matriarch of the family, Lena Lonero, whom customers and staff still call "Mama Lena".

Today Lena's Restaurant is run by their son, Sal Lonero. The restaurant is known for it's great menu selection, delicious Italian food and warm and inviting atmosphere that create an enjoyable dining experience.

Lena's thanks all of it's loyal patrons and welcomes the opportunity to serve new customers.

PLANNING A PARTY?

Lena's Offers a Complete Menu for Catering at Your Location.

Please ask your server for details.

PRIVATE ON SITE BANQUET FACILITIES

Available for Parties of up to 100



FAMILY OWNED SINCE 1982

DINNER MENU

655 John Fitch Boulevard
South Windsor, CT

Phone: (860) 528-5365

Fax: (860) 528-4912

Catering for All Occasions

Private On Site Banquet Facilities Available

Open Monday-Thursday 11 am-9 pm
Friday - Saturday 11 am -9:30 pm
Lunch Served Daily
Closed Sunday

