

ANTIPASTI - MINESTRE

OUR OWN FRESH SOUP OF THE DAY
CUP 3.50 BOWL 6.50

- FRIED MOZZARELLA..... 9.95
Mozzarella Squares Breaded and Deep Fried,
Served with Our Marinara Sauce.
- BRUSCHETTA 9.95
Focaccia Bread Tossed with Fresh Garlic and Topped
with Marinated Tomatoes, Basil and Fresh Mozzarella.
- FRIED CALAMARI 10.95
Lightly Battered Fresh Squid, Fried
and Served with Our Marinara Sauce.
- N.Y. CALAMARI 11.50
Battered Fresh Squid & Hot Peppers
Sautéd in a Spicy Marinara Sauce.

INSALATE

Salads of Crisp Fresh Greens, Made to Order!

- GARDEN
TOSSED SALAD SM. 5.95 .. LG 6.95
Lettuce, Tomato, Peppers, Onions, Cucumbers.
- GREEK SALAD SM. 7.95 . LG 8.95
Feta Cheese, Greek Olives, Served over Assorted Greens.
- CHEF SALAD SM. 8.95 LG 10.50
Imported Ham, Smoked Turkey Breast,
Mozzarella & Egg, Served over Assorted Greens.
- TUNA PLATE 10.95
Served over Garden Greens & Vegetables,
Topped with Mozzarella.
- MEATBALL SALAD 10.95
Salad Greens Topped with Mixed Vegetables &
Served with Our Famous Meatballs.
- MARINATED STEAK SALAD 11.95
Salad Greens Topped with Mixed Vegetables and
Thin Sliced Marinated Steak, Caramelized Onions
and Roasted Peppers.

- EGGPLANT FRIES 11.95
Breaded and Fried Golden Brown Strips
Of Eggplant, Served with Parmesan Cheese
and a Side of Marinara Sauce.
- SPICY CHICKEN WINGS 11.50
A Dozen Chicken Wings Deep Fried Crispy
and Served with Our Own Sauce.
Regular, BBQ or Garlic Parmesan.
- MAMA'S MEATBALL PLATTER 9.95
House Made Beef & Pork Meatballs Topped with
Our Marinara Sauce. Served with House Ricotta.
- ZUPPA DI MUSSELS 11.95
Fresh Maine Mussels Simmered in Our
Marina Sauce, Served with Garlic Bread.

- CAESAR SALAD 7.95
Made with Romaine Lettuce Tossed with
Caesar Dressing & Croutons..
- SPINACH GORGONZOLA 10.95
Fresh Baby Spinach, Tomato, Roasted Peppers and
Bermuda Onion Topped with Gorgonzola Cheese.
- MEDITERRANEAN SHRIMP SALAD 12.95
Pan Seared Shrimp Served over Baby Greens, Topped
with Oven Roasted Tomato, Bermuda Onion and
Greek Olives.
- ITALIAN ANTIPASTO 13.95
Made with Assorted Italian Cold Cuts, Italian Sharp
Cheese, Olives and Pepperoncinis, Served over Assorted
Greens.

SALAD ADDITIONS:
GRILLED CHICKEN 3.50 • GULF SHRIMP 4.95

Above Served with Your Choice of Dressing: Balsamic Vinaigrette, Italian, Buttermilk Ranch, Blue Cheese,
Peppercorn Parmesean & Creamy Dill.

THE PERFECT COMPLIMENT TO OUR SPECIAL PASTA DISHES!

- HOT & CRUSTY GARLIC BREAD 5.95
WITH LOTS OF MELTED MOZZARELLA..... 8.95

PASTA

MAMA'S WAY!
WHICH MEANS A LOT!

Your Choice of Imported Pasta, Penne, Linguine or Angel Hair
Prepared Fresh To Order with Our House Made Specialty Sauces,
All Pastas Served with Bread.

- MAMA'S MARINARA 8.95
Our Homestyle Tomato Sauce Seasoned
with Fresh Garlic & Fresh Herbs.
- AGLIO É OLIO 8.95
Fresh Garlic, Olive Oil, Fresh Herbs Tossed with
Romano Cheese and a Touch of Red Pepper Flakes.
- BOLOGNESE 13.95
Lena's Homestyle Meat Sauce, Slow Roasted
Beef & Pork Tossed with Our Marinara and
Topped with Ricotta.
- PUTTANESCA 12.95
Caper, Fresh Garlic, Sundried Tomatoes,
Mushrooms, Kalamata Olives, & Anchovies
Simmered in a Spicy Marinara Sauce..

- LENA'S PESTO 11.95
Homestyle Basil Pesto Seasoned with Sundried
Tomato, in a Light Cream Sauce and Pine Nuts.
- VODKA CREAM..... 12.95
Tossed with Mushrooms and Peas in a
Vodka Cream Sauce with a Hint of Marinara.
- ALFREDO 11.95
Heavy Cream , Parmigiana,
Pecorino Romano Cheese Sauce.
- CARBONARA 12.95
Prosciutto, Bacon and Ham Tossed in
an Alfredo Sauce.

ADD MEATBALL OR SAUSAGE TO ANY OF THE ABOVE DISHES ADD 4.50
CHICKEN WITH ANY OF THE ABOVE, ADD 3.50 SALAD WITH PASTA, ADD 2.95

OLD ITALIAN FAVORITES

- MEAT OR CHEESE RAVIOLI 10.95
With Our Famous Marinara Sauce.
- PENNE AL FORNO 12.95
Some Call it Baked Ziti made with Ricotta,
Mozzarella & Marinara Sauce.
- BAKED MANICOTTI 10.95
with Marinara Sauce and
Topped with Mozzarella.
- MAMA'S FAMOUS MEAT LASAGNA 12.95
Baked with Marinara Sauce and
Topped with Mozzarella.
- ITALIAN SAUSAGE WITH
ROASTED PEPPERS 12.95
Sausage and Peppers Sautéed with Caramelized Onions,
Garlic & Herbs in a Red or White Garlic Sauce Served
with a Side of Pasta.
- BAKED EGGPLANT PARMIGIANA 11.95
Our Own Breaded Eggplant in a Marinara Sauce,
Topped with Mozzarella Served with a Side of Pasta

ADD MEATBALL OR SAUSAGE TO ANY
OF THE ABOVE DISHES ADD 4.50

All of the above served with Bread • Add a Salad for 2.95
There is a 3.00 up charge to substitute Veggies for a Side of Pasta

POLLO

- CHICKEN PARMIGIANA 12.50
Breaded Boneless Breast of Chicken Baked with our
Marinara Sauce and Topped with Mozzarella.

- CHICKEN MARSALA 12.50
Boneless Breast of Chicken Sautéed with
Mushrooms in a Sweet Marsala Wine Sauce.

- CHICKEN FRANCAISE 12.50
Egg Battered Boneless Breast of Chicken
Sautéed in a Lemon Butter, Wine Sauce.

ADD SPINACH 2.00

- CHICKEN PICATTA 12.50
Boneless Breast of Chicken Sautéed with Artichoke
Hearts and Capers in a Lemon Butter Sauce.

- CHICKEN ANTONIO 12.95
Breast of Chicken Sautéed with Sausage, Onion
and Spinach, Served over Linguine with a
White Wine Garlic Sauce.

- CHICKEN GUISEPPE 12.95
Strips of Chicken Breast Tossed with Sun Dried
Tomato, Broccoli, Onion and Garlic in a Sun Dried
Tomato Pesto Sauce, Tossed with Penne.

All the Above Dishes Served with Penne Pasta and Bread • Add a Salad for 2.95
There is a 3.00 up charge to substitute Veggies for a Side of Pasta

FRUTTI DI MARE

THE FRESH HARVEST OF THE SEA

- MUSSELS MARINARA 12.95
A Bowl of Fresh Mussels Sautéed with Garlic, Capers
Our Zesty Marinara Sauce, Served over Linguine.

- LINGUINE IN
RED OR WHITE CLAM SAUCE 13.95
Sea Clams and Littlenecks Sautéed in Olive Oil,
White Wine, with Capers, Fresh Garlic & Herbs.
Served over Linguine.

- SHRIMP SCAMPI 13.95
Shrimp Sautéed in Olive Oil, Fresh Garlic,
Butter, Lemon and Capers, Served over Linguine

All Seafood Dishes Served with Bread • Add a Salad for 2.95

LENA'S SPECIALTY BREADS

- SAUSAGE BREAD 10.95
Made Daily with our Fresh Dough Filled with Sausage, Mozzarella & Sauce

- SPINACH PIE 10.95
Made Daily with our Fresh Dough Filled with Spinach, Sausage and Potato.

*Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food borne illness.

LENA'S FAMOUS BRICK OVEN PIZZA

HAND MADE IN THE TRADITIONAL SICILIAN THICK CRUST STYLE
OR N.Y. THIN CRUST WITH FRESH DOUGH MADE DAILY & WHOLE MILK MOZZARELLA

- | | | | | | |
|-----------------|-------|-------|--|-------|-------|
| | SM | LG | | SM | LG |
| MOZZARELLA..... | 10.00 | 15.00 | | 14.50 | 19.95 |

- BBQ CHICKEN..... 14.50 19.95
Breaded Chicken Breast, Caramelized Onion,
Mozzarella & Cheddar Topped with BBQ Sauce.

- BUFFALO CHICKEN..... 14.50 19.95
Breaded Chicken Breast Tossed with Spicy Buffalo
Sauce, Served over Mozzarella & Cheddar Cheese.

- CHICKEN BACON 15.95 21.95
Breaded Chicken Breast, roasted Peppers and
Caramelized Onions Bacon, and Cheddar &
Mozzarella Cheese,

- CIAPPINO 12.50 18.95
Fresh Tomatoes, Fresh Garlic, Olive Oil
and Herbs over Parmesan & Mozzarella Cheese.

- CLAM CASINO 14.50 20.95
Sautéed Clams, Bacon, Fresh Garlic
and Herbs over Mozzarella Cheese.

- HAWAIIAN PIZZA..... 14.50 19.95
Pineapple, Ham and Bacon.

- LENA'S SPECIAL 16.50 22.95
Peppers, Onions, Mushrooms,
Pepperoni, Hamburg, Sausage.

- MARGHERITA..... 12.50 18.95
Crushed Tomatoes, Fresh Mozzarella, Olive Oil,
Fresh Basil and Parmesan Cheese.

- MEDITERRANEAN..... 15.50 21.95
A Seasoned White Pie with Spinach, Bermuda Onion,
Black & Green Olives, Feta Cheese, Garlic, Olive Oil
and Herbs.

- PRIMAVERA 15.50 20.95
Peppers, Onions, Mushrooms, Olives and Eggplant.

- SAL'S SPECIAL 13.50 19.95
Seasoned White Pie with Mozzarella and Spinach,
Topped with Fresh Tomatoes with Olive Oil and Garlic.

- SHRIMP SCAMPI 15.50 21.95
Shrimp with Fresh Garlic, Olive Oil, Fresh Herbs
and Capers, Over Parmesan & Mozzarella Cheese.

PIZZA BY THE SLICE
CHEESE • 2.00

TOPPINGS/ITEMS

Peppers • Onions • Mushrooms • Olives • Eggplant
Fresh Garlic • Tomatoes • Hot Peppers
Sausage • Pepperoni • Hamburg • Bacon • Ham • Anchovies
Sun Dried Tomatoes • Feta Cheese
Fresh Broccoli • Fresh Spinach • Extra Cheese-

STUFFED PIZZA
BY THE SLICE
4.95

BRICK OVEN CALZONES

10.95

OUR FRESH DOUGH STUFFED
WITH RICOTTA, MOZZARELLA
EACH ADDITIONAL ITEM 1.00
(SELECT FROM PIZZA ITEMS ABOVE)

SMALL PIZZA TOPPINGS

1.50

LARGE PIZZA TOPPINGS

2.00

Please Allow 20 Minutes Calzones Made To Order

CHICAGO STYLE STUFFED PIZZA

- STUFFED MEAT, SERVES 6 PEOPLE EASILY. A MEAT LOVERS DREAM . . .29.95
A Pizza on Top of Another Pizza, Two Layers Stuffed with Pepperoni, Sausage and Meatball,
Loaded with Plenty of Mozzarella.

- STUFFED VEGETABLE, SERVES 6 PEOPLE EASILY . . .29 .95
Made the Same as it's Partner, but Layered with Broccoli, Spinach and Eggplant,
Loaded with Plenty of Mozzarella.

SHEET PAN PARTY PIZZA • 24 SLICES

- TOMATO SAUCE AND PARMESAN 17.00
TOMATO SAUCE AND MOZZARELLA..... 20.00
EACH ADDITIONAL ITEM..... 3.50
PLEASE PROVIDE 24 HOUR NOTICE FOR SHEET PAN PIZZAS

TAKE-OUT ONLY

*Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food borne illness.

MAMA'S GIANT GRINDERS

SERVED HOT OR COLD

	8"	12"		8"	12"
ITALIAN STEAK	8.75	13.25	PEPPERONI	8.75	13.25
ITALIAN COMBO	8.75	13.25	GENOA SALAMI	8.75	13.25
BEEF CUTLET			EGGPLANT		
PARMIGIANA	8.75	13.25	PARMIGIANA	8.50	12.75
CHICKEN CUTLET			ITALIAN SAUSAGE	8.50	12.75
PARMIGIANA	8.75	13.25	COOKED SALAMI	8.00	12.00
ROAST BEEF	8.75	13.25	HAM	8.00	12.00
GRILLED			ITALIAN MEATBALL	8.00	12.00
CHICKEN BREAST	8.75	13.25	PEPPER & EGG	8.00	12.00
CAPICOLLA	8.75	13.25	VEGETARIAN	8.00	12.00
SMOKED			TUNA SALAD	8.00	12.00
TURKEY BREAST	8.75	13.2	EXTRA CHEESE75	1.00

Sandwiches made with your choice of
White, Wheat, Rye, Roll or Wrap.

BLACK ANGUS BURGER10.95
8 oz. of Fresh Ground Angus Sirloin with Lettuce, Tomato, Mayonnaise and Melted Cheese,
Served on a Roll with French Fries.
WANT SOME BACON **ADD 1.50**

BACK TO THE BASICS

All Served with French Fries and Cole Slaw.

BLT	8.95	CHICKEN PANINI	9.95
Bacon Lettuce, Tomato & Mayonnaise on White Toast.		Charbroiled Chicken Topped with Roasted Peppers & Fresh Mozzarella, Served on a Grilled Focaccia.	
GRILLED CHEESE & TOMATO	7.95	LENA'S SICILIAN	10.95
American Cheese & Tomato, Melted on Your Choice of Bread.		Prosciutto, Roasted Red Peppers, Tomato, Fresh Mozzarella and Marinated Oil, Served on a Fresh Grilled Focaccia.	
ORIGINAL GRILLED CHICKEN	9.50	TRADITIONAL CLUB SANDWICH	10.95
Broiled Chicken Breast with Lettuce, Tomato & Cheese, Served on a Roll.		Made with Your Choice of Turkey Breast, Ham, Roast Beef or Italian Combo with Bacon, Lettuce, Tomato & Mayonnaise on Toasted White Bread.	
TUNA MELT	8.50		
Tuna Salad on Buttered Rye with Swiss Cheese.			

CHILDREN'S MENU

(12 AND UNDER, PLEASE, NO EXCEPTIONS)

RAVIOLI IN OUR MARINARA SAUCE	6.50	PIZZA SLICE & FRENCH FRIES	6.50
PENNE & MEATBALL	6.50	FRIED CHICKEN TENDERS & FRENCH FRIES	6.50
CHEESEBURGER & FRENCH FRIES	6.50		

Kid's Meals Include a Fountain Drink • Dine In Only.

LENA'S FAMOUS SAUCE TO GO

MARINARA - 5.00 PT • MEATSAUCE - 7.00 PT

PESTO OR ALFREDO - 8.00 PT • VODKA CREAM 9.00 PT

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SIDE ORDERS

FRENCH FRIES 3.95	MEATBALL OR SAUSAGE 4.50
ONION RINGS 4.95	PASTA MARINARA 4.95
	MIXED VEGETABLES 6.95

LENA'S, A BRIEF HISTORY

Pasquilina (Lena) and Guiseppe (Joe) Lonero purchased Pizzarama, a pizza and grinder shop, in 1982. When they opened the restaurant they decided to keep the original name and they had their children, Lena and Sal, working by their sides.

Over the years, the business grew and the family incorporated their Italian heritage and traditional family recipes into the menu. The expanded menu includes a wide selection of appetizers, salads and Italian entrees, as well as the traditional pizza and grinders.

As the menu expanded, the patronage increased and the family decided it was time to rename the restaurant, remodel and add a banquet facility to better serve their customers. The name was changed to Lena's Restaurant and Pizza in 1992. The restaurant was named in honor of the matriarch of the family, Lena Lonero, whom customers and staff still call "Mama Lena".

Today Lena's Restaurant is run by their son, Sal Lonero. The restaurant is known for it's great menu selection, delicious Italian food and warm and inviting atmosphere that create an enjoyable dining experience.

Lena's thanks all of it's loyal patrons and welcomes the opportunity to serve new customers.

HAPPY HOUR DAILY

3 TO 6

PLANNING A PARTY?

Lena's Offers a Complete Menu for Catering
at Your Location.

Please ask your server for details.

PRIVATE ON SITE

BANQUET FACILITIES

AVAILABLE FOR PARTIES OF UP TO 100

IN OUR PRIVATE DINING ROOM.



FAMILY OWNED SINCE 1982

LUNCH MENU

655 John Fitch Boulevard
South Windsor, CT 06074

Phone: (860) 528-5365

Fax: (860) 528-4912

PRIVATE ON SITE BANQUET
FACILITIES AVAILABLE
FOR UP TO 100

Catering for All Occasions

Open Monday-Thursday 11 am-9 pm
Friday - Saturday 11 am -9:30 pm
Lunch Served Daily
Closed Sunday



VISIT US ONE THE WEB AT:
WWW.LENAS-RESTAURANT.COM