



Queensland Specialist Centre

Unit 3 / 63 Annerley Road, Woolloongabba, QLD, 4102

Phone: 07 3217 3690

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www.qldspecialist.com

E: admin@qldspecialist.com

Treatment Consent Form

Please read carefully and initial or sign where necessary

Confidentiality

Confidentiality between a client and clinician is protected by federal and state law. Although there are some important exceptions, in general we will not disclose any information about you without your written permission. You will be given a copy of the privacy and confidentiality statement applicable to this practice to obtain information from other services or disclose your information to other services who are involved in your medical care.

Fees and Payments

By signing this form, you agree to be prepared to pay the booking fee unless other arrangements have been made in writing (e.g., work cover, insurance, NDIS etc.). Acceptable forms of payment include cash, and selected credit cards. If you are unable to attend your scheduled appointments due to an emergency, we instruct you to send us an email at least 48 hrs earlier so that we can offer your place to someone who may be in urgent need. During these circumstances, we will be able to offer you either another booking or refund your fee. Otherwise, the fee will not be refunded or carried over to your next appointment.

Cancelations and No-Shows

Queensland Specialist Centre strives to provide personalized care that is tailored to the needs of the individual. To provide such diligent care, it is imperative that patients adhere to the appointment times. If there is a need to cancel or reschedule an appointment, please notify the office at least 48 hours prior to the appointment time. **Patients that fail to cancel or reschedule an appointment 48 hours prior are responsible for payment for the requested visit.** Please note, two cancellations/no show appointments without proper notice can result in termination of care and discharge to GP.

Sobriety During Session

We require our clients to be sober from drugs, alcohol, and any other mood-altering substances during scheduled session time. This excludes any medication being taken as prescribed if it does not preclude the ability to participate fully in session. It is the policy of Queensland Specialist Centre that if a client attends a session under the influence of a substance the session will not be held.

Professional Records

Mental health records are standard practice in psychiatry and protected by both law and professional standards. Although you are entitled to review a copy, these records can be misinterpreted given their professional nature. In rare cases when it is deemed potentially damaging for Queensland Specialist Centre to provide you with the full records, they are available to an appropriate mental health professional of your choice. Alternatively, we can review them together and/or treatment summaries can be provided. Please note that professional fees will be charged for any preparation time required to comply with such requests.

CONFIDENTIALITY

Confidentiality is a cornerstone of mental health treatment and is protected by the law. Aside from emergency situations, information can only be released about your care with your written permission. If insurance reimbursement is pursued, insurance companies also often require information about diagnosis, treatment, and other important information (as described above) as a condition of your insurance coverage. Several exceptions to confidentiality do exist that actually require disclosure by law: (1) danger to self – if there is threat to harm yourself, our providers are required to seek hospitalization for the client, or to contact family members or others who can help provide protection; (2) danger to others – if there is threat of serious bodily harm to others, our providers are required to take protective actions, which may include notifying the potential victim, notifying the police, or seeking appropriate hospitalization; (3) grave disability – if due to mental illness, you are unable to meet your basic needs, such as clothing, food, and shelter, our providers may have to disclose information in order to access services to provide for your basic needs; (4) suspicion of child, elder, or dependent abuse – if there is an indication of abuse to a child, an elderly person, or a disabled person, even if it is about a party other than yourself, our providers must file a report with the appropriate state agency; (5) certain judicial proceedings – if you are involved in judicial proceedings, you have the right to prevent your physician from providing any information about your treatment. However, in some circumstances in which your emotional condition is an important element, a judge may require my testimony through a subpoena. Although these situations can be rare, our providers will make every effort to discuss the proceedings accordingly. Queensland Specialist Centre also reserves the right to have a clinical consultation with supervisors or other mental health professionals for the purpose of best practices and treatment efficacy. In these circumstances, your identity will not be revealed, and only important clinical information will be discussed. Please note that such consultants are also legally bound to keep this information confidential.

Contacting Providers

Our providers attempt to be accessible for all urgent issues. If they are not immediately available by office telephone, please leave an email message and we will write back to you when a suitable staff is available.

Emails are generally returned within five business day. However, this will not be assured due to COVID 19 situation.

In situations that require immediate attention, your provider will give you their direct contact information for Acute Mental Health Service at the first visit. You may also contact your GP or “000” for any emergency. Please be judicious when calling after normal business hours. If your call is an emergency, please contact “000” immediately instead of calling the office. Emergency psychiatric services are provided by all the public hospitals through their emergency rooms and do not require appointments.

Queensland Specialist Centre provides assessment and management through a scheduled appointment only.

Termination of Services

Many clients wonder how long treatment will take and how they will know that they are done with services. I encourage you to discuss this with your specialists at any time during the assessment and treatment process. We will support a client’s decision to terminate services under any circumstances, though we may discuss with you if you have concerns about terminating prematurely. You have the right to end services at any time. We also reserve the right to terminate services with any particular client if payment is not made in a timely fashion or if, in my clinical judgment, I come to the conclusion that therapy is unproductive or potentially harmful to the client. Terminations will always occur with recommendations for alternative treatment resources and time sufficient to connect to these resources. Any kind of aggression, unreasonable demand, and violence towards will result in immediate termination of treatment and in some cases notification to the Police.

Treatment Consent

Your signature below indicates that you have read the Treatment Consent Form and you agree to abide by its terms during our professional relationship.

Name of patient (print): _____

Name of legal guardian (print): _____

**(Only if patient is under 18 or a dependent adult)*

Signature: _____

Date: _____

Authorization for Release of Information

Client's name: _____ Date of Birth: _____
Address: _____ City, State, And Zip: _____

I authorize Queensland Specialist Centre, my provider, _____ to release information
to: _____

Name of Provider or Facility

Address

City, State, Zip Code

Phone # Fax #

I authorize Queensland Specialist Centre, my provider, _____ to obtain information
from: _____

Name of Provider or Facility

Address

City, State, Zip Code

Phone # Fax #

PURPOSE OF THIS REQUEST: (check one) Healthcare Insurance Personal

Other (please describe) _____

I understand that:

- This authorization is voluntary and refusing to sign will not affect my ability to obtain treatment.
- I may cancel this authorization at any time by submitting a *written* request to Queensland Specialist Centre, except where a disclosure has already been made in reliance to my prior authorization

Date Client Signature or Signature of Parent/Guardian, if under 18



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ELECTRONIC COMMUNICATION

It is impossible to guarantee the confidentiality of email or text message content. By this notice you grant Queensland Specialist Centre, permission to email and text message you. You acknowledge the risks and release Queensland Specialist Centre from liability for the risk of your confidentiality. Our providers typically return text messages and emails within 24 hours during the week. Emails and text messages should be limited to administrative issues such as scheduling. Our providers do not accept friend requests from clients on Facebook, Linked In or other social media websites.

Please sign here that you acknowledge and agree to the above statement:

Name of Patient: _____

Signature: _____

Date: _____

*If patient is under 18 or a dependent adult

Name of Parent/guardian: _____

Signature: _____

Date: _____