



*Medication management is **one** component of Chronic Pain Management*

CHRONIC PAIN MANAGEMENT

Medicare has approved a chronic care management program which consists of a monthly appointment, covered by your insurance. After the first in-person appointment, future appointments may be by televideo visits.

- The goal is to create a patient-centered treatment plan
- Giving patients an opportunity to discuss issues, problems or concerns surrounding chronic pain in depth, which are not addressed at a usual scheduled visit
- Medicare hopes this will allow for a more holistic approach to treating chronic pain.

Physical Medicine of South Florida

will be implementing the Chronic Pain Management program for all patients meeting the criteria of chronic pain, described as pain lasting more than 3 months.

Some things chronic pain management involves are:

- setting goals so that patients may return to once-enjoyed activities
- help patients cope with chronic pain,
- decrease pain symptoms through all available interventions
- return a sense of normalcy to a patient's life.
- This program is NOT implemented to change pain medication regimens.

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Integrative Treatment for Chronic Pain