



God Made Emotions



BIBLICAL COUNSELING MAMA



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We have emotions because God has emotions. Draw a line from the kid to the emotion that matches.



Happy



Frustrated



Silly



Sad



Angry



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Sometimes our emotions can feel like a storm. Let's make a rain stick!



You need:

- a cardboard tube
- markers
- stickers
- tape
- aluminum foil
- dried rice

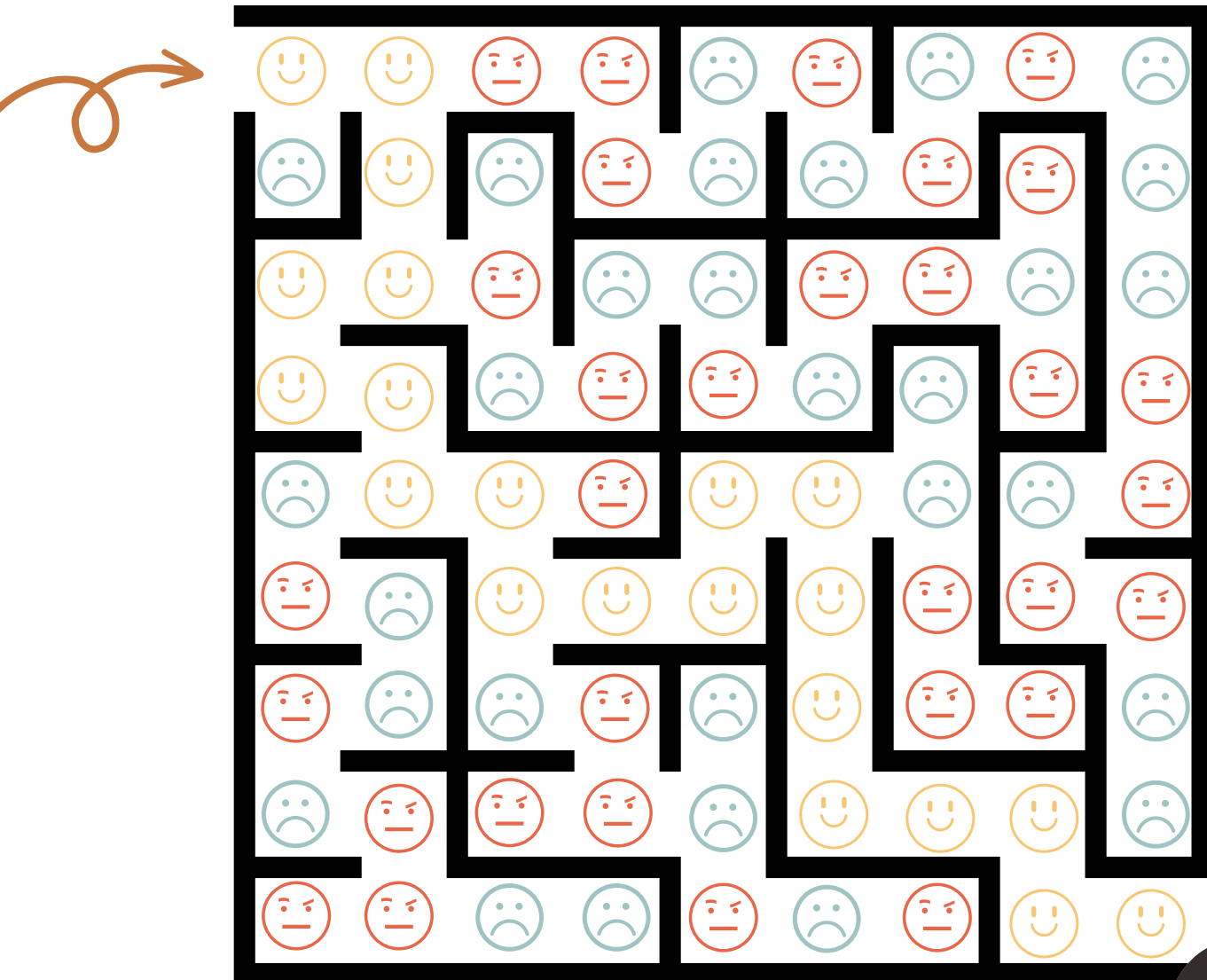
Instructions:

Find a used paper towel or toilet paper roll and start decorating it with markers and stickers. Then, wrap aluminum foil around one end and secure with tape. Fill the tube with the dried rice. Cover the other end with aluminum foil and secure with tape. Shake and turn the stick to hear the rain!



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Using a dot marker or crayon follow the happy faces to complete the maze!





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When Moses saw the burning bush he probably felt scared. Read Exodus 3 and color or paint this page. Talk about a time when you felt scared and God was with you.





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Sometimes we all get frustrated. When that happens we can stop and ask for help. Cut or trace along the lines at the bottom of the page. If you get frustrated ask an adult for help!

