



# Sensory Activities and Speech Games

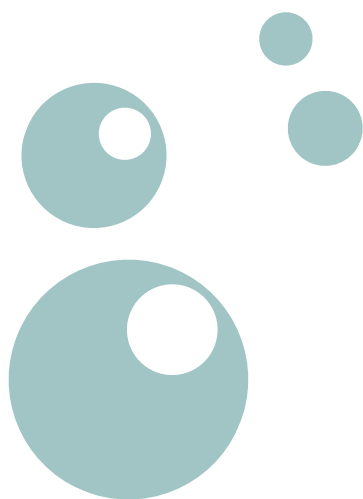


BIBLICAL COUNSELING MAMA



BIBLICAL COUNSELING MAMA

# Bubble Pop



## You need:

- 1 shallow plastic food container
- dish soap
- water
- slotted spatula
- towel

## How to Play:

Fill the food container half way with soap and water. Stir to make suds. Using the slotted spatula as a bubble wand, blow bubbles and have your child chase and pop them! Take turns blowing bubbles.

For more speech fun:

Blowing bubbles helps develop the essential muscles in your child's mouth that are used for speech and feeding. If your child is sensitive to being wet keep a towel close by for drying. This game is great to play with the leftover suds from Car Wash!



BIBLICAL COUNSELING MAMA

# Car Wash



## You need:

- 2 plastic bins
- toy cars
- dish soap
- water
- scrub brushes
- scoops
- a towel

## How to Play:

Fill one bin with a mixture of water and dish soap, stir to make suds. Leave the other bin empty to store clean cars in. Put the toy cars, scrub brushes, and scoops in the bin with the soap mixture and start washing! Dry the cars with the towel and park them in the empty bin.

For more speech fun:

Count the cars. Line them up and race them. Name their colors. Talk about how Jesus washes our sins clean.



BIBLICAL COUNSELING MAMA

# Dinosaur Dig



## You need:

- 1 plastic bin
- kinetic sand
- plastic dinosaur toys
- paintbrushes
- scoops

## How to Play:

Fill the bin with kinetic sand. Distribute dinosaur toys, making sure to hide a few in the sand. Give your child the paintbrushes and scoops and pretend to be paleontologists!

For more speech fun:

Name and describe the dinosaurs when you find one. Count them. Line them up biggest to smallest. Make up stories about their lives. Thank God for creating the dinosaurs. The possibilities are endless!



BIBLICAL COUNSELING MAMA

# Emotional Gummy Bears



## You need:

- 1 fun size pack of gummy bears

## How to Play:

We have emotions because God has emotions. This game targets the emotions happy, sad, silly, mad, and frustrated, and helps kids remember what to do when they feel each one.

Demonstrate with your face what each feeling looks like. When you're happy, clap your hands. When you're sad, give a hug. When you're silly, make a funny face. When you're mad, take a breath and count to 4. When you're frustrated, ask for help.

Now make the faces again and have your child identify the feeling and do the connecting action. Give a gummy bear each time they get one right!



BIBLICAL COUNSELING MAMA

# Number Dance



## You need:

- 3 pieces of paper numbered 1-3
- tape
- music
- toy animals

## How to Play:

King David made music and danced before the Lord and you can too! Tape the pieces of paper to the ground in a triangle shape going from 1-3. Have your child pick a number and stand on it. When you play the music your child dances around the triangle moving from number to number. When the music stops they stop on a number. Have your child say the number they are standing on and retrieve that number of toys from the pile. Keep playing til all the toys are gone.

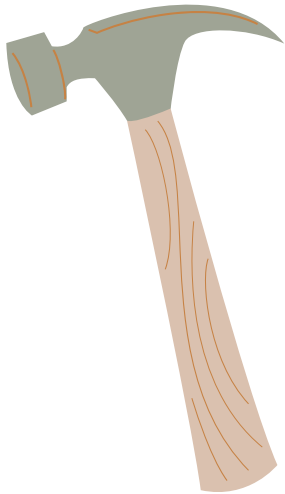
For more speech fun:

Let your child help you make the number papers and say the numbers as you write them. Sing along with the music. Talk about if the music was fast or slow. Experiment with volume playing the music louder or softer.



BIBLICAL COUNSELING MAMA

# Number Smash



You need:

- play dough
- toy hammer

## How to Play:

If you have a mini Hulk on your hands this is the game for you! Make 10 balls of play dough and line them up. Have your child count them one by one smashing the balls as they go.

For more speech fun:

If your child struggles with counting you can have them repeat after you. Have your child yell “smash!” as they hammer the dough. Talk about how the dough feels, is it squishy? Relate this activity back to the fruit of the Spirit self-control.





BIBLICAL COUNSELING MAMA

# Planting Flowers



## You need:

- 1 plastic bin
- dried beans
- fake flowers
- small plastic pots
- tongs
- large spoons
- scoops

## How to Play:

This activity is especially fun in the springtime when we enjoy the sights and smells of God's creation as flowers bloom.

Fill the bin with the dried beans, fake flowers, pots, and utensils. Practice potting the flowers with your child. Use the tongs to pull out "weeds" which could be made from extra faux greenery.

For more speech fun:

Talk about your favorite kind of flower. Name the colors of the flowers. Count the flower pots.





BIBLICAL COUNSELING MAMA

# Scented Dough



## You need:

- 1/3 cup scented hair conditioner
- 1 cup cornstarch
- mixing bowl
- measuring cups

## How to Play:

Mix together the conditioner and cornstarch in the mixing bowl using your hands. This dough is a great base for Number Smash!

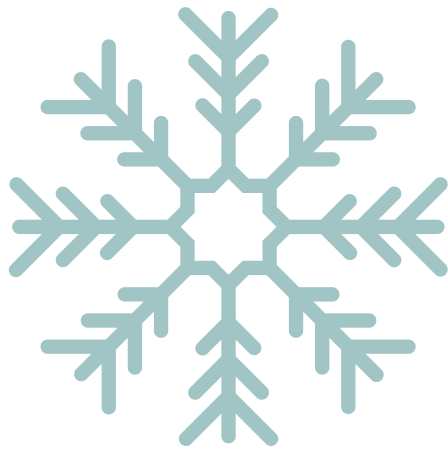
For more speech fun:

Use this time to talk to your child about the 5 senses. Talk about what you smell and if they like the smell. Tell them God created them to enjoy smells. Make shapes with the dough and name the shapes.



BIBLICAL COUNSELING MAMA

# Snow Day



## You need:

- 1 plastic bin
- 1 box of baking soda
- cold water
- mixing bowl
- tablespoon
- toy animals (optional)

## How to Play:

God has given us beautiful seasons to enjoy, but sometimes we wish for snow in the Summer! Make this easy snow whenever you need to cool off.

Dump the box of baking soda into the mixing bowl. Add cold water a tablespoon at a time until you have a snow-like consistency. Transfer the snow into the plastic bin and start playing! You can even add toy animals to play with you.

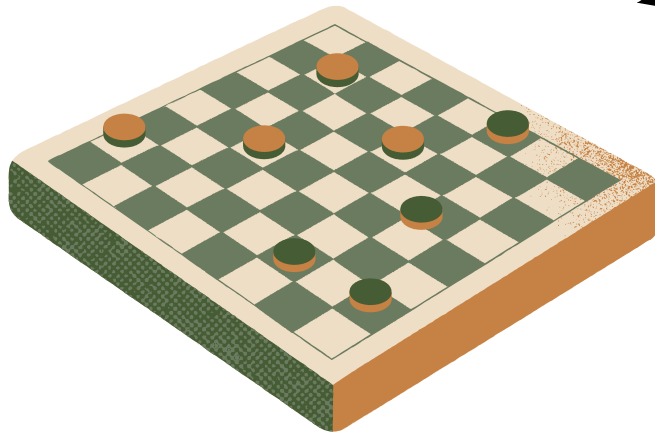
For more speech fun:

Talk about how the snow feels. Is it soft, or cold? Ask your child their favorite thing about winter. Pull out a calendar and count the months until the next snow.



BIBLICAL COUNSELING MAMA

# Toys to Boost Speech



- Candy Land
- Color Fun Fish Bowl
- Fisher-Price Little People Farm
- Guess Who?
- Hi Ho! Cherry-O
- Melissa and Doug Ice Cream Counter
- Pop the Pig
- Pop Up Pirate