

The Seed We Are

**“The Reality of Life,
Living as Us!”**



Dr. Undrai Fizer

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FOREWORD

“Have YOU Determined the Source behind Your
“Force?” Dr. Undrai F. Fizer, from his book
“How to Love Yourself Back to Power”



Dr. Undrai F. Fizer is a Master Life Strategist, as well as founder
of director of Fizer, InterGlobal in Houston, Texas.

He and his wife, Dr. Bridget E. Fizer, have committed their lives to
provide the way of Wisdom and Clarity to those in pursuit of their
life’s purpose in the world.

The Seed We Are. What Does It Actually Mean?

To be strong or weak is not anything we try to be. We simply reveal the nature of our convictions. It makes us either strong or weak. We all live the natural strength of our conviction. It is not a need to be strong “all the time.” Nor “weak” some of the time. We effortlessly manifest the state of where we are naturally established within our core values, convictions, and life practices. Our spirit will guide us on how to live “its” LIFE.

Your Spirit will govern your persona and behavior. You don’t have to act your “acts!” The Seed you are, will form you into its harvest. Life is complicated to many who have yet to recognize that they are literally, living seeds! LIFE will reflect whatever Seed we are innately being. LIFE will mirror the Seed we are. We will not have to struggle being whatever Seed we are. We will only struggle when going against the Seed we claim to be. We are the Seeds of whatever we

perceive ourselves to be. Life itself, will live out the expression of whatever we believe we are within our Mind and Consciousness. The nature of that Seed will reveal itself naturally within our persona and behavior. I guess we can say that Life “is living us” out loud. As we think, so are we. We, as living beings, are being lived out by the source that governs who we are being, as “seeds!”

When we possess strong convictions of spiritual knowing, it reveals a strong, sense of living. We are not “acting” spiritual. We are not “acting” Christian-like. Our Knowing is simply living itself out through us. When our sacred convictions are not established, it reveals itself as weakened, or carnal. It reveals itself as common, or non-supernatural. The Super-natural is not “spookiness, neither is it pie-in-the sky!” It is a higher dimension of Spirit-led Humanity, raised up in a higher belief frequency. When I have realized that I AM a Seed of God, the Life of that truth will live itself out in YOU. You are a carrier of a Divine Life that is alive! As a matter of fact, the Universe has no clue as what being

“Christian” is. However, it does relate and have superior knowledge of the Presence of a Preeminent Glory and Divine Reality.

We are weak when we seek to live as a Seed that we have not yet realized in Consciousness. We struggle when trying to live as a harvest “ungrown, and untilled!” Even if we are Sacred, trying to live as something else beneath its power, we yet struggle. We exist as the “trees” we have planted within ourselves. Our lives are more than mere morals. Our lives are simply mirroring what, and who we have believed ourselves to be in this life. To be strong, or weak, is more than a try or an attempt. It is simply the Nature of the Seed that you believe most about yourself.

Our thoughts and imaginal systems are a thing of brilliance. We innately express and reveal our capacity and ability. While under the demands of pressure, survival, and expectations from others, we may excel beyond our norm. For ourselves, there may exist, based on our own perceived value of self, a certain “cut off point” of

patience, potential, or exertion. Unless we perceive our own intention of excellence and power, we may choose not to dig deep enough to yield much fruit from our inner soil. The jobs and careers that enable us to provide ourselves with resources for survival, continually place daily demands upon our potential. It causes us to go the extra mile, when we are ready to quit, and the extra hour when we have reached a point of requiring more funds. On our own, based on where our self-perceived value resonates, we probably would have found a way to quit a long time ago. Survival in a certain infrastructure, obligates our demand and potential. Thus, we grow tired and weary, simply because we are striving in limitation and not the spirit of Life.

A renewed way of re-seeing ourselves will innately shift the infrastructures used to establish the perception of our own, personal humanity. The Seed that we are, naturally produces the harvest of decisions, behaviors, and activity, that establishes us as the “trees” that we embrace ourselves to be. As Nature itself has Seasons for

which it thrives, so will we. Certain “Seasons” affect the Seed we are! Certain “Seasons” expose our strengths or “weaknesses!” In some Seasons, our Convictions are dominant, while in others, our convictions are being pruned! LIFE will live us out differently, according to the powers found within our own convictions, and divine likeness. We “grow” according to Seed we are. If we are not established within the core Values of our Divine Spirit, it would be impossible to “grow as a tall tree” whose Seed we are not. I cannot grow into anything unplanted.

We all are Divine Seeds of the Creative Genius of God. However, we grow “from who we perceive we are!” We become what we have allowed LIFE to experience with us. When we fear the renewing or transformation of our mental experience, out of fear of the “unknown,” we naturally maintain an illusional identity that appears as tangible to us “as the shirt on our backs!” We have built a Humanity and a System that totally resonates with our own self-perception. This is what I mean by the term “infrastructure.” We have built families,

friendships, careers, and even forms of spirituality, in order to cater to our embraced “identities!” As we are, we form systems. Even certain perspectives and formulas of God. We have made God in our own Image, instead of subjecting ourselves to the Image of Who created us to be. We are trying to live for God “instead of allowing God to simply live as US!” Many have forgotten the type and kind of Vine that they are a part of. Christ said, “I AM the Vine and you are the branches,” (John 15:5, The Scriptures). We are all part of a great, big Tree called GOD! God is a culmination of A Divine Christ and its Offspring. We are Seeds and LIFE “naturally lives out its capacity through us.” LIFE is living as us, and we are the vessels of it.

We are the vessels of a Life, lived. We are the carriers of whatever “fruit” our “Tree of Life,” is manifesting. We are the revealed voices of The Sound that is living in earth, as us. Our very own Humanity are expressions of the Spirit we are, regardless of its quality. Life is living, as us.

Whatever is possessing us, is portraying us, to the rest of the world.

Your Insights:

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Shifting the Seed?

How do we “shift the seed?” The Seed becomes whatever we “perceive ourselves to be!” We live our desired Life. We permit our bodies, minds, and abilities, to the Control and Love of our Soul. We are not giving ourselves over to mere information, no. We are giving ourselves over to “formation!” Whoever, or whatever we desire, is forming us into its very own Body. Whosoever’s “body we become,” is also the language that we so readily speak. It is the mentality that we so readily embrace, as well as the personality that we so welcomely emulate to our world. We mimic what we naturally are excited by and we cannot wait to express it. A “shift in Seed” comes when we “shift what the heart loves.” The heart naturally loves the source which is responsible for its being. The heart loves who, or what is responsible for bringing it forth. The Seed will not Shift, simply because we asked it to do so. The Seed will Shift through the heart’s desires and actions. The Tree we believe ourselves to BE, will begin to naturally live itself out through us.

“Works” are when we try to live out what would naturally live itself out, within us. We do not have to try to live anything that we already are. This is what is meant by “BEING” or “Just BE!”

Enlightenment is our salvation to remembrance. Enlightenment causes us to re-member the JOY that The Creator had in His imagination, concerning us. Within Enlightenment, we begin to make covenant with our faith of the Impossible. We begin to believe that a Virgin gave birth and that a crucified Christ came back to Life! To begin our journey in Enlightenment, it begins with those two “impossibilities.” If we have mastered believing human “impossibilities,” then we gain Power over earthen possibilities. If we have mastered what is impossible, it is also a Power that allows us to manage what is possible! Our SEED of Mindset becomes “stretched beyond its settled boundaries!” Thus, opening the Door to a Greater, Divine Reality of Ourselves. We are the SEED of what we find possible to believe.

The Source of Us

The Voice of God speaks to us all according to design. God will not speak to an “apple tree” in the same way He would speak to a pebble on the beach. The Vibration of God speaks from within, according to the frame in which we were divinely designed. According to the wisdom of my wife, Bridget, the “louder the sound,” the more cluttered is the mind. The “still, small voice,” affirms the Clarity and openness of the Soul. The lighter the vibration, the higher our inner frequency. We are, as Sacred Seeds, perfectly tuned into the heart of the Divine. Our Lives are actually interjecting what it hears from God, into the movements of our very own Being-ness. We are not attempting, nor trying to be “obedient.” Obedience is actually living itself through us, from us, to us. Who we are as a Seed, is actually doing the work.

The Enlightened Writings of Scripture says, “Whosoever is born of God does not commit sin, for His “Seed” remains in him; and he cannot sin,

because he is born of God,” (I John3:9). In other words, when we live as an established Seed of Divine Life within our lives, mind, and consciousness, the aura we release from our physical energy “will not be an aura of sin, limited or immoral living, or progressive carnality.” Our lives will not lead us to express anything beneath our Image. It is not just in the acts of wrongdoing, no. Who we are as a Sacred Seed, will not lead ourselves into the reestablishing of an unfulfilling lifestyle. We will not seek out limitational frequencies for our joy. Once Purpose is established authentically, we will find it impossible to abandon it, simply because our heart is perfectly established in Divine Love!

We all live by design. Each individual is living “perfectly” as their own “seed.” Each “seed” is revealing its perfection. The imperfection however, is found in being something unknown. To live and not know why. To live limited, perfectly, and not know why, to the point that we have not realized how to shift the narrative, or the principle. It is a tragic thing to live, who you are

not, as though you are. And a severity to grow comfortably tolerant of an existence in falsehood.

Christ once said, “The lust, or will of your source, will be done through you,” (John 8:44, The Scriptures). As the Seed of our designated “source” of value, whatever its bidding is, we will do naturally. We are the servants of the “fathers of the Seeds” that we are. Who we are naturally reveals the expression of the source of what has formed our constant agreements. When our Source is limitation, we function perfectly and naturally in the spirit of indecision, complacency, and double-mindedness. We may try to modify our behavior, but true change will never come until we renew our Mind (Shift the Seed). When our Source is Sacredness, we naturally express the Power, Wisdom, and Divine Intelligence of God. We are free of “a holy attempt at righteousness through the narrative of Christianity,” and have become within the Unlimited Expression of a Zone described in Scripture as “The Way,” (Acts 24:14, The Scriptures)

The Way is revealed through the lives of its Seed. The Way will live itself out through us. In my former religiosity, I allowed myself to be burdened by the unfulfillment of rules, dogmas, and obligational interpretations of the Righteousness of Christ. I was gifted in the Word, but not yet enlightened to the Word. I had yet to experience an Identity Salvation. I had only allowed myself a salvation from wrong doings. I hadn’t allowed myself a salvation to enlightenment, or the capacity to perceive myself from a sphere of Divine Originality. I knew better, but my need to be accepted by the status quo, had severely “quenched my confidence!”

Enlightenment floods our Soul with the Light of the Divine Mind. Thus, revealing our true and authentic Origins to ourselves, while releasing within it, the Life of our life. Christ becomes the Life of our lives. (Colossians 3:4, The Scriptures).

Christianity, nor any other religious affiliation, is our life. Christ becomes our Life. As a Divine Seed, Christ lives from our very own essence. We are simply going along for the ride. The Christ of

our Original Design, will naturally live itself out through us. This means that every one of us as a Divine Seed, are very unique, peculiar, and set apart. It is not required for us to live the same, even while being the same “kind!” We live as we are Designed. The Purposes behind our particular Design, will authentically express itself through our behavior. We are the vessels for the Life of our Original, Divine Design. As a carrier and vessel of our Source, we innately yield ourselves to its Bidding, without fear. We become carriers and protégé’s of the Mind of God. We are students of the Unlimited and the offspring of the Creator!

Your Insights:

Where, and How, Did YOU Flow?

Before you required help in the realms of your behavior, how did your Life naturally flow? What did YOU consistently do, without fail? If no one would have had a problem with it, judged it, or gave an opinion to it, what would YOU still be found doing? How did Life treat YOU after you discontinued your groove? Did you feel a sense of loss? What type of relational Circles were you a part of before you were required to quit them? What went wrong within the confines of your natural flow that required you to make a change? Did someone else tell you to change? Or, did your very own life request it? Did you change in order to obtain something you did not previously have? Did you succeed in obtaining it? Was it worth the shift? Did it fulfill YOU? How did YOU previously flow before you decided to change your mind? Were you “perfect” in your previous movements? Has your Life always been dictated by other people? By judgement? By opinion? You do know that your Life was not required to listen to anybody else, right? When we are living “other

people’s lives,” we then have no life of our own. Our lives will cosign for every problem that is related to the life we borrowed. What, and Whose Life, is living YOU? Did YOU change for “them,” or for YOU? Did YOU yourself, realize that YOU needed to make a Change? When YOU tell Yourself what is needed, without the coercion of another, YOU will be more freer and more responsible for your actions.

Your Insights:

Competitive “Spirituality?”

A spirituality that is comparable and competitive, will awaken within us, a certain “romantic attraction” to hyper-grace; a sort of tolerable spirituality that sort of makes light of our “weaknesses,” while silently bemoaning the excellence and strength of commitment. Strength will be frowned upon, as though the “nobody’s perfect” mantra, is the main target for understanding. Strength will be perceived as “pride,” while the struggle in spirituality will be perceived as “realistic!” Those who consistently excel, will be deemed as “the deep, or woke ones,” while those who are consistently distracted, will be deemed as the “graced” or the “real ones.” Neither is true. Authentic Strength is the energy that is released from the essence of those whose Sacred Seed is firmly established. The Strong is being represented by the Presence of Divine Strength. It is not the “works” of the committed that is seen, but the Energies of the Living One that is “using the lives of those who share Oneness in The Source!” When LOVE abides

within the Seeds of the Sacred, it resonates with an intense fragrance of beauty, posture, and governance. When we are “comparing” our Paths, however, we will find ourselves “judging and analyzing the fragrance,” seeking to find its source. Competitive spirituality causes us to “shape shift,” living life as chameleons, while changing our posture to accommodate every audience we encounter. We will change according to who we are constantly around. It is imperative for us to Be whoever it is we are going to be, because straddling the fence will tire us out, and being lukewarm is confusing! When we are neither “hot, nor cold,” we will be regurgitated from the “belly of the Divine!”

When we are ignorant of the Seed that we are, we become a little bit of everything. We are confused, simply because there is a natural way and flow that have desires to live, and to be judged or critiqued in those ways, will cause us to shift ourselves without love. We can grow tired of constantly “changing ourselves” in order to fit in spaces that we were probably not designed to fit

in. To constantly change yourself, without love and purpose, causes one's head to spin. I guess the question would be, "Have YOU recognized what is so insecure about the lifestyle that you were truly comfortable with?" When we have come to recognize the Purpose of whatever it is we live, we become free of the stings of judgement and opinion. Words only affect us and have power over us "when we have no Power" within us! We will not change out of competitiveness nor comparison. We will not feel the pressure to become "someone else" just to fit into worlds we despise. When we are ignorant of our world, we will seek another's. We are the citizens of whatever is living its Life through us. If we do not like the city, MOVE! Decide on the beauty that YOU desire to live through YOU and become the Seed of it. Become the Seed of the Flow that YOU desire to live as YOU. You cannot be a Seed of two worlds. Choose a World. Choose a Kingdom. Choose a Power. YOU cannot be a Seed of one city, and a few days later, you are a

Seed of another. There are no "dual citizenships" when it comes to your Consciousness of Being.

Become the Seed of the Reality of the Commitment that YOU want living through YOU. When we are Seeds of the Divine, the Christ said that He and His Father would make their abode within us, and we shall be One. Whoever makes their abode within us, will live as US! Has Christ made His abode in YOU? Your Life will live out "the reasons" of its abider." Our lives will live out "the purposes and motives" of who abides within us. Christ said, "If YOU abide in Me, and I in YOU, ask whatever YOU will and it will be done for YOU," (John 15:7, The Scriptures.) Whatever it is that abides in us, will live itself out through us. When we despise our own "houses", we will seek out the houses of others. True friends will reveal to YOU how to rebuild your house anew. No one is required to "let you move" into their spheres. Have YOU committed to the process of renewing your systems of living? Have YOU committed to the process of restructuring your house? If you are lazy with your own, you will

mismanage and destroy someone else's. Most people find "purpose" in handling other people's business and affairs, while theirs go broken. The need to be needed, in order to have something to do or somewhere different to go, is exhausting. When we are not aligned as the proper, Sacred Seed, our fruits will dry themselves out.

Remember, how would you live “if you didn’t consider or fear” the things that would be said about it? What would YOU allow in your Life? What would you grant permission to, if you didn’t fear the criticisms? If you did not consider the world, what would YOU plant in your yard? Well, “that Life’ is waiting for YOU. It wants to live YOU out! If YOU have recognized your possession of a Desire that is afraid to be seen, critiqued, or judged, then Beloved, that is not a LIFE! True Life does not fear its difference. True Life does not consider its enemies, nor its naysayers. The Sacred Seed will not be afraid of the “faces of others!”

Your Insights:

[illegible]

The Orchard

There are various types of orchards. There are Fruit, Nut, and Seed Orchards. An orchard farm is a facility which focuses on growing tree-bearing fruits. Some examples of orchard fruits are apples, dates, figs, and oranges. Some examples of orchard nuts are cashews, walnuts, and almonds. An orchard however, is made up of at least 5 trees. We all possess 5 senses of Sight, Sound, Smell, Taste, and Touch. These are our Human Senses. As we recognize the seed that we are of, it will determine the Orchard that we are a part of. It will determine the Divine Space in which we find our strength. If we seek to live what our Seed is not, we can appear weak, limited, and common. When we are in the “sphere of our designed Orchard,” we may appear strong, assured, and powerful. We call these orchards, our CIRCLES! Who we are as Seeds, will live itself out through our Senses. We become the “Trees” of its Lifestyle, and the representatives of its nature. As a Sacred Seed, we are Trees of Divine Life and

representatives of the Ideals and Wisdom of God. We are as Trees planted by the Rivers of Water, yielding fruit in due season. LIFE is living us out in the public. When we find ourselves flowing in a dimension with no effort, we have connected to our Orchard. If you do not approve of what is so effortlessly flowing out of YOU, Shift your Seed! But never “shift your seed” to accommodate another tree. Never shift your seed to accommodate an opinion. Shift Your Seed at your own recognition. If you do not approve of limitation, Shift your Orchard. When a limited thing accepts a soul that is seeking acceptance, the accepted soul will find it hard to abandon the thing that approved it. We find it hard to evict ourselves from those spheres that so readily accepted who we perceived ourselves to BE. The issue, however, is this. The Seed that We truly, originally, and authentically are, will also seek to break the monotony of who we think we are. Who YOU are “will let YOU know!” The Seed you are “will grow itself out” from within YOU, no matter how much you try to deny it, ignore it, or quench

it. The Divine Nature you are will shift your trees, and remove you from orchards that you are not designated to thrive in.

Has the Divine Nature criticized your Life? Has it given an opinion of it? Are YOU a Sacred Seed, trying to live Life as a common seed? Are you feeling overwhelmed by the Responsibilities from the Sacred Orchard? Has God passed judgement over your flow? Has God given His opinion of your flow? No Source will pass judgement over its own kind. Every “tree” will embrace itself. If we are not aligned in The Vine, we are like a branch that is thrown away and withers; such branches are picked up, and thrown into the fire and burned, (John 15:6). Are we feeling a sense of waywardness as a living seed? Are we existing as a broken branch, lying on the ground? Are we living as a wasted seed, burned and parched on the side of the road? We all will struggle in trying to do what is not within our design, or within our sense of “enlightenment.” Let me ask you, “what is it that YOU see to live?” What is seeking to live itself out through YOU? Have YOU determined

the nature of the thing? Are you embarrassed by it? Are you afraid of it? As long as we are going against what is natural, we will experience continual opposition and struggle. Have YOU recognized the Reality that desires to live itself through YOU? Whatever that Source is, it will speak to YOU daily.

Your Insights:
