

SOUL CAFE

BRUNCH

Served
7:30 AM - 2 PM
Tuesday - Sunday



FROM THE GRIDDLE

Chicken & Toast

Cinnamon French toast topped with buttermilk fried chicken, drizzled in AZ honey; served with 2 pieces of applewood bacon

21

Two Good Two Be True

Any 2 (Lemon Ricotta, Bacon Blueberry, Apple Cinnamon, Granola Raspberry or French toast), two eggs your way, & applewood bacon or sausage (sub: chicken sausage, vegan sausage or jalapeño bacon +\$1)

18

Some Like It Hot

Two small corn cakes made with zucchini, red pepper, cilantro, jalapeño & onion, with two eggs-your-way* & jalapeño-infused bacon

18

Just want one pancake? We've got you covered!

Plain \$4 • Gluten Free Plain \$5 • Specialty \$6 • Gluten Free Specialty \$7 • Pure Maple Syrup \$3

SOUL CLASSICS

Crazy Cowboy

Crispy country fried steak, green pork chili, pork sausage gravy, 2 eggs-your-way; roasted potatoes

19 Chilaquiles & Eggs {gf}

15

Fried corn tortillas topped with green pork chili & cheddar jack cheese, baked, topped with two eggs-your-way*, crumbled feta, diced tomato & cilantro

Eggs Jared

(Our version of eggs Benedict)

Two English muffin* halves topped with tomato, crisp bacon, basted eggs* & mild jalapeño cheese sauce; served with roasted potatoes

17

Tres Locos {gf}

17

Three corn cups filled with scrambled eggs & cheese topped with green pork chili, red beef chili & spicy pinto beans; roasted potatoes

Heavenly Hash {gf}

Medium-rare beef tenderloin*, jalapeño bacon, roasted potatoes, mixed grilled vegetables, topped with two eggs* & mild jalapeño cheese sauce

19 Christmas Tamales {gf}

21

2 homemade cheese tamales, one smothered in green pork chili, one smothered in red beef chili, served with 2 eggs-your-way* & spicy pinto beans

Crazy Biscuits

A buttermilk biscuit split, one smothered in pork sausage gravy, one smothered in green pork chili; topped with 2 eggs-your-way,* & roasted potatoes

16 Green and Red Chili Empanadas

22

Flaky pie crust (2) one filled with green pork chili and one filled with red beef chili: Jalapeno cream, pintos and eggs your way

Chicken Ranchero {gf}

Two fried corn tortillas topped with pinto beans, chicken in ranchero sauce, eggs your way

16 Jumbo Wet Burrito

16

Scrambled eggs* with chorizo sausage, roasted potatoes & cheddar jack cheese, wrapped in a flour tortilla & smothered in green pork chili

OMELETS

Sub egg whites add \$2. Sub gluten free toast \$1, Smother any omelet with green or red chili add \$5

The Wild Western*

Jalapeño bacon, chorizo, longanisa sausage, red pepper, red onion, cheddar cheese; served with roasted potatoes & toast

17

The Open Italian*

16

Frittata-style omelet, Italian sausage, tomato, fresh basil, mozzarella cheese; served with roasted potatoes & toast

The Mediterranean*

Italian sausage, spinach, red pepper, red onion, feta cheese; served with roasted potatoes & toast

16

Farmer's Market Scramble*

18

Grilled veggies, spinach, grilled chicken breast & cheddar jack; served with roasted potatoes & toast (sorry, no vegetable can be omitted)

Mushroom Brie* {vg}

Egg whites, mushrooms, brie cheese, arugula; served with roasted potatoes & toast

16

Grilled Veggie* {vg}

16

Egg whites, red pepper, eggplant, red onion, zucchini, asparagus, spinach, goat cheese; served with roasted potatoes & toast; (sorry, no vegetable can be omitted)

El Chorizo*

Chorizo sausage, cilantro, pepper jack, fresh avocado; served with pinto beans and flour tortilla

16

Sheila's Fitness Frittata*

19

Egg whites, basil, mozzarella & goat cheeses, crisp bacon, tomato, avocado; served with a fruit cup

Full of B.S.*

Bacon, spinach, Swiss cheese, sliced tomato; served with roasted potatoes & toast

16

*These dishes may be served undercooked. Consuming raw or undercooked meats or eggs may increase risk for food-borne illness.
{gf} = Gluten Free - we are not a gluten free kitchen • {vg} = Vegetarian • {v} = Vegan

GOOD FOR YOUR SOUL

Banana Bread {gf, vg}

Pecan maple butter

Avocado Toast {vg}

Crusty Italian toast, smashed avocado, pickled onion, fresno chilis, cherry tomatoes; 2 eggs-your-way*

Churro Waffles

Cinnamon sugar fried waffles topped with fresh strawberries, bananas, chocolate ganache and toasted pecans

12 Zucchini Walnut Bread {vg}

Cranberry butter

15 Cinnamon Apple Oatmeal {gf, vg}

Homemade granola (made with nuts), cinnamon, apple; brown sugar, almond milk

16 Açai Bowl {gf, vg}

Frozen açai, fresh fruit (bananas, peaches, berries, seasonal), Greek yogurt, granola (made with nuts), coconut & honey

SALADS

Add a Proten: chopped grilled (cold) chicken breast +6, Hot grilled chicken breast +8, fried chicken strips +6, grilled Salmon +10, grilled shrimp +10

Garden Salad {gf, vg} 8

Mixed greens, cherry tomatoes, cucumbers, red onion, red pepper, watermelon radish, choice of dressing

Watermelon Strawberry Salad {gf, vg} 12

Watermelon, arugula, strawberries, mint, goat cheese, toasted almonds, balsamic reduction

Green Goddess {gf, vg} 12

Mixed greens, sugar snap peas, green apple, avocado, broccolini, feta, pistachios, watermelon radish, green goddess dressing

Caprese {gf, vg} 14

Fresh Mozzarella, sweet tomato, fresh basil, Kalamata olives, balsamic reduction, pesto

Mediterranean Salad {gf, vg} 14

Mixed greens, feta cheese, cherry tomatoes, Kalamata olives, red pepper, red onion, cucumber, pepperoncini, lemon vinaigrette

BLT Salad {gf} 15

Iceberg and mixed greens, crisp bacon, cherry tomatoes, avocado, bleu cheese crumbles, ranch dressing

Summer Squash Salad {vg} 15

Butternut squash, farro, dried apricots, pistachios, feta cheese, avocado, spinach, arugula, honey vinaigrette

Beet Salad {gf, vg} 14

Golden beets, orange slices, feta cheese, pistachios, blueberries, citrus vinaigrette

HOT SANDWICHES

Choice of any fries or garden salad

The Ranch 18

Fried buttermilk fried chicken, breast, crispy bacon, melted cheddar cheese & ranch, toasted brioche bun, lettuce, tomato, onion

Hot Pastrami 17

Boars Head lean pastrami, melted swiss, horseradish mayo, coleslaw, grilled rye

Grilled Salmon* 24

Grilled salmon, crisp bacon, avocado, crisp apple slices, arugula, lemon aioli, on toasted brioche bun

Build Your Own Burger* 16

Hand formed lean ground beef or beyond beef +\$1, lettuce, tomato, red onion, pickles, brioche bun

Cheese- cheddar, Swiss, provolone, pepper jack, American + \$1 **Meats** - apple wood bacon + 1 Jalapeno bacon + \$2

COLD SANDWICHES

Choice of any fries or garden salad, all sandwiches can be made Gluten free + \$1

Tuna Salad Sandwich 16

Albacore tuna, mayo, red onion, celery, dill on 9 grain, lettuce and tomato

Turkey BLT 17

Oven roasted Boars Head Turkey, apple wood bacon, lettuce, tomato, provolone cheese, sourdough

Chicken Salad Sandwich 16

Tender chicken breast, mayo, celery, chopped apple, toasted pecans, on sourdough

Roast Beef Sandwich 17

Lean Boars Head roast beef, cheddar cheese, pepperoncini, red onion, lettuce, tomato, horseradish mayo, on 9 grain

SIDES

Roasted Potatoes **5**

Two-Eggs-Your-Way* **4**

Applewood Bacon **5**

Jalapeño Bacon **6**

Sausage (2 links) **5**

Vegan Sausage (2 patties) **7**

Chicken Sausage **7**

Longaniza Sausage **8**

Grilled Veggies **6**

Tomato Slices **3**

Cup Green Pork Chili **8**

Cup Red Beef Chili **8**

Toast (2 slices) **3**

Spicy Pinto Beans **6**

Buttermilk Biscuit **3**

English Muffin **3**