

RheuMix

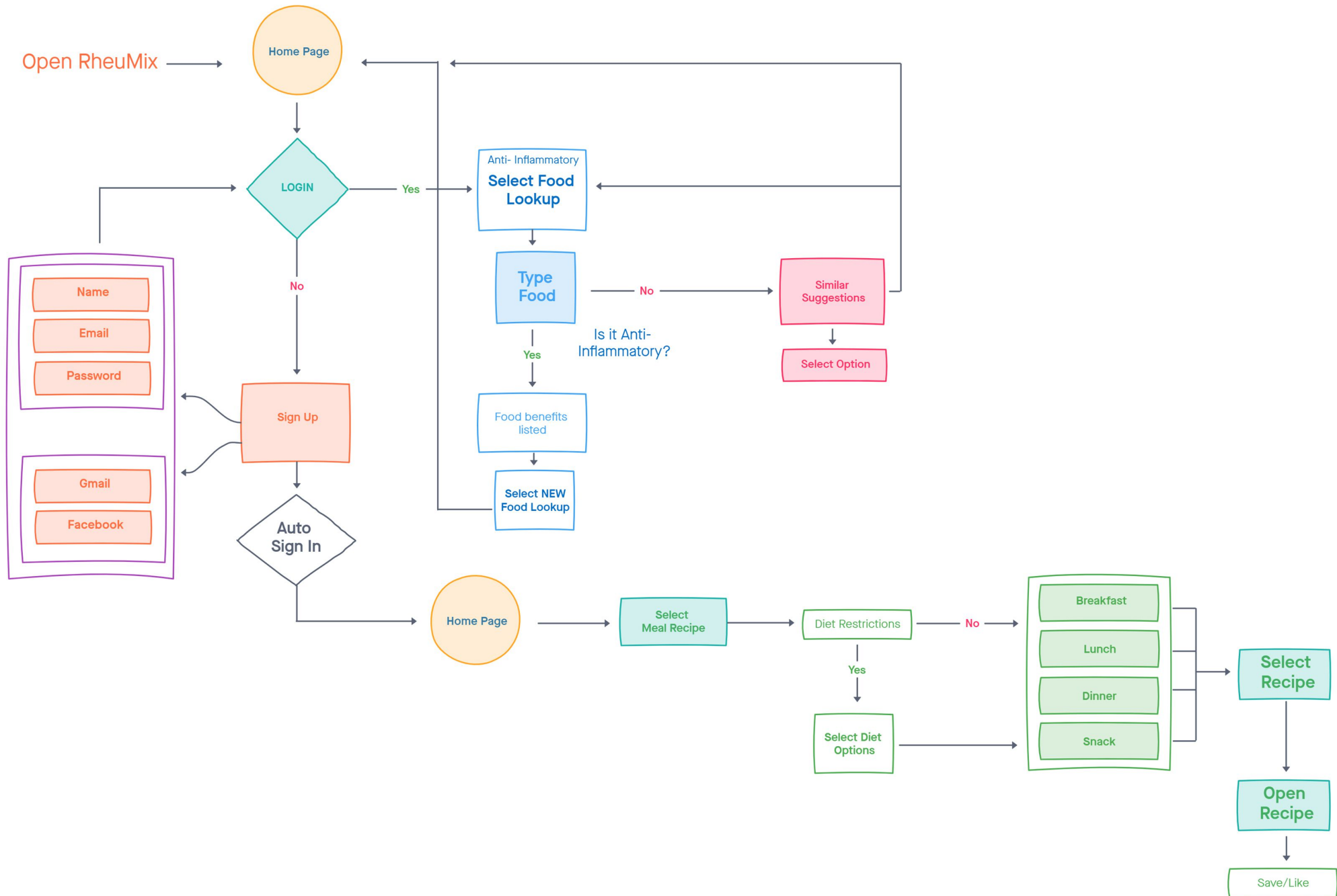
My app helps individuals with Rheumatoid Arthritis to live a happy anti-inflammatory lifestyle through food. RheuMix helps connect people to information foods, spices, and recipes that will help their autoimmune symptoms. It is like a little guide at the tip of your fingers.

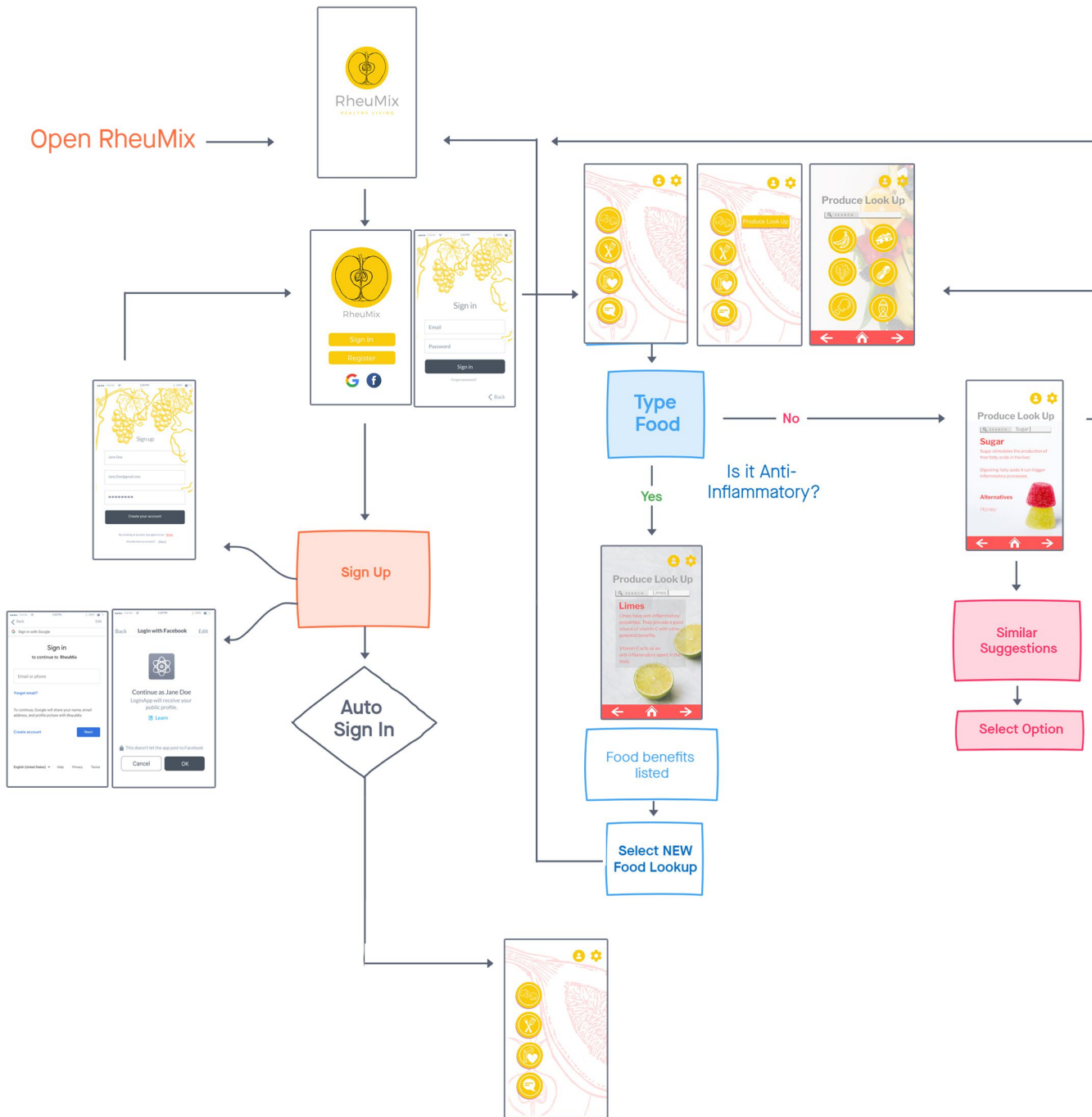
Inflammation? No way! Come eat the healthy way!

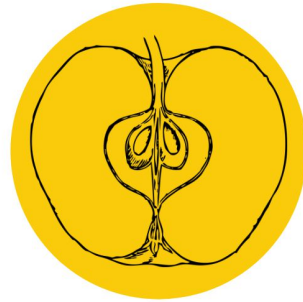


1. Can look up to see if a certain food has any anti inflammatory properties or suggestions of an alternative.
2. Gives users suggestions on meals / snacks that are Rheumatoid friendly.
3. Connects users together to give suggestions, support, and reviews.
4. Saves personally edited recipes to share to others.



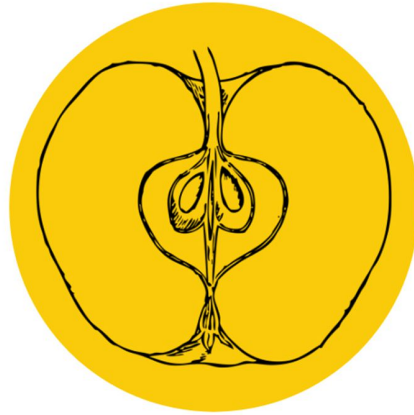






RheuMix

HEALTHY LIVING

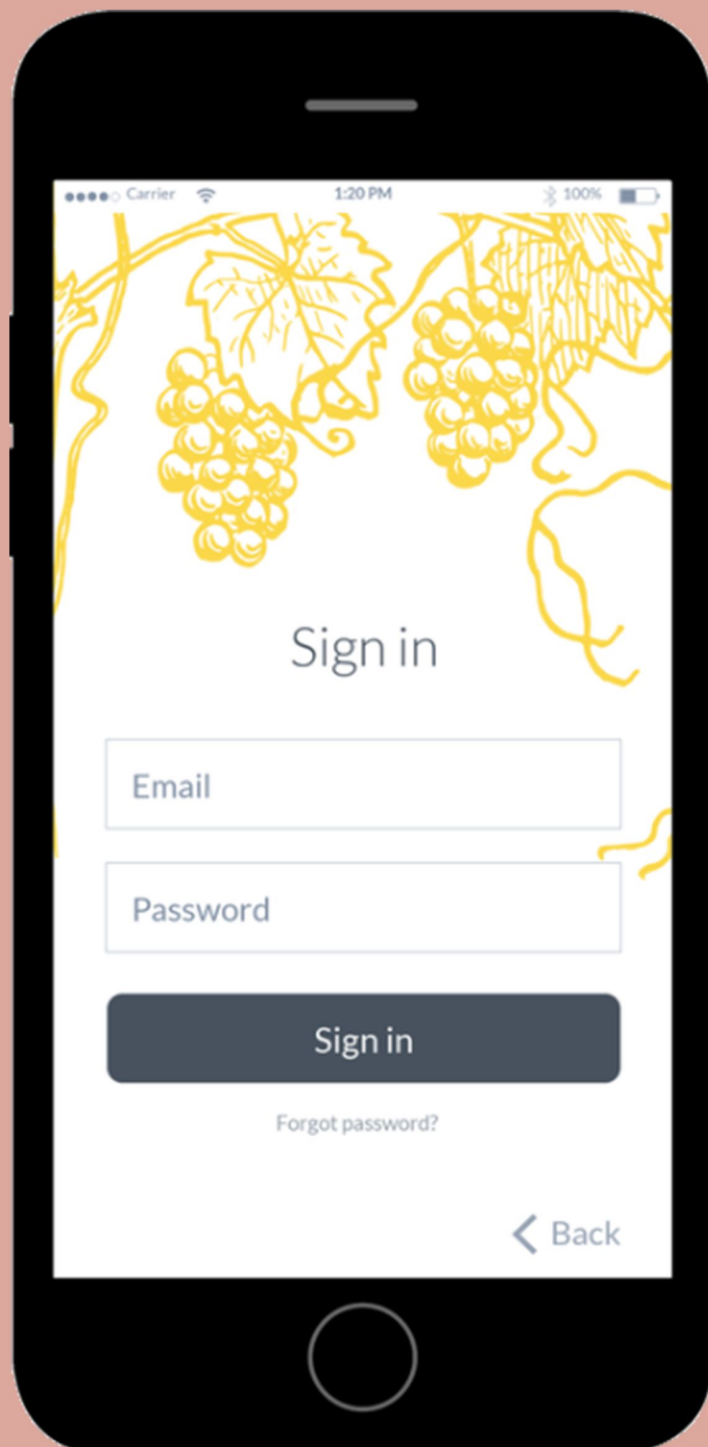


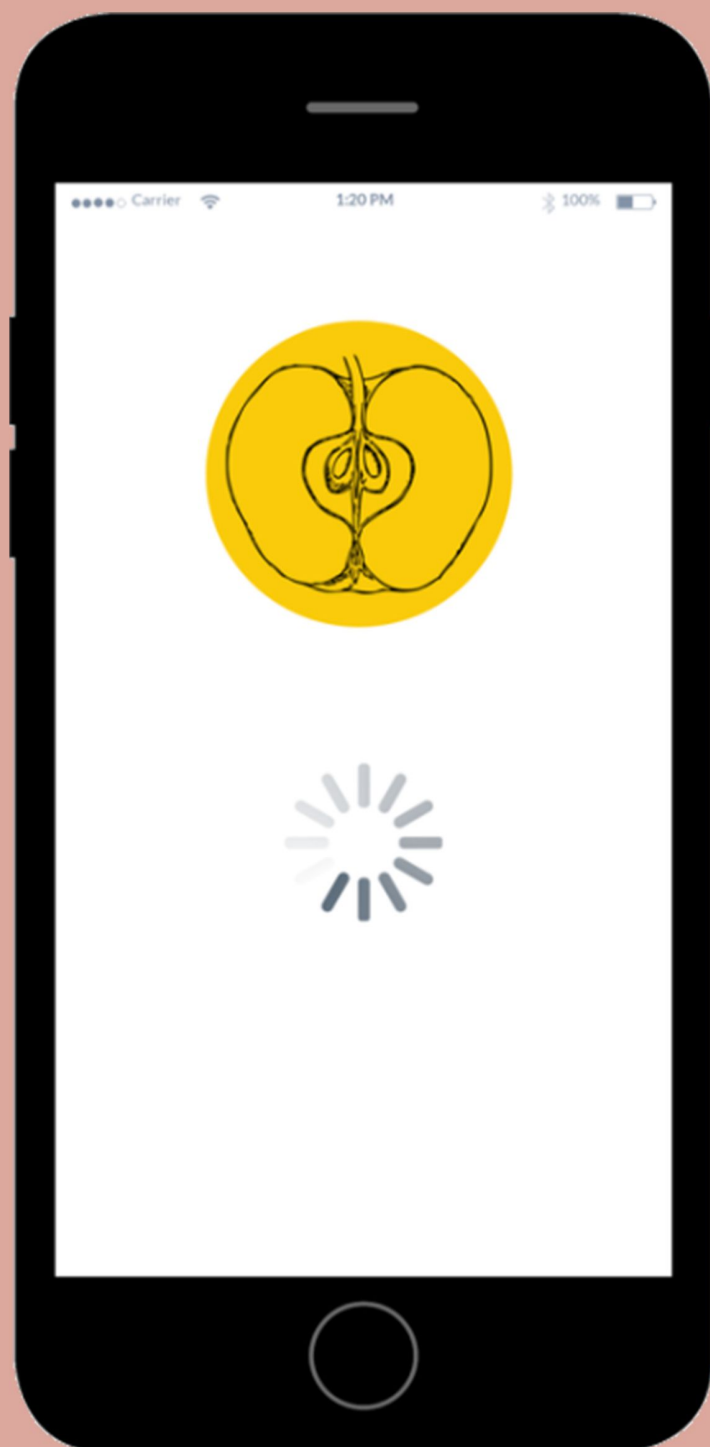
RheuMix

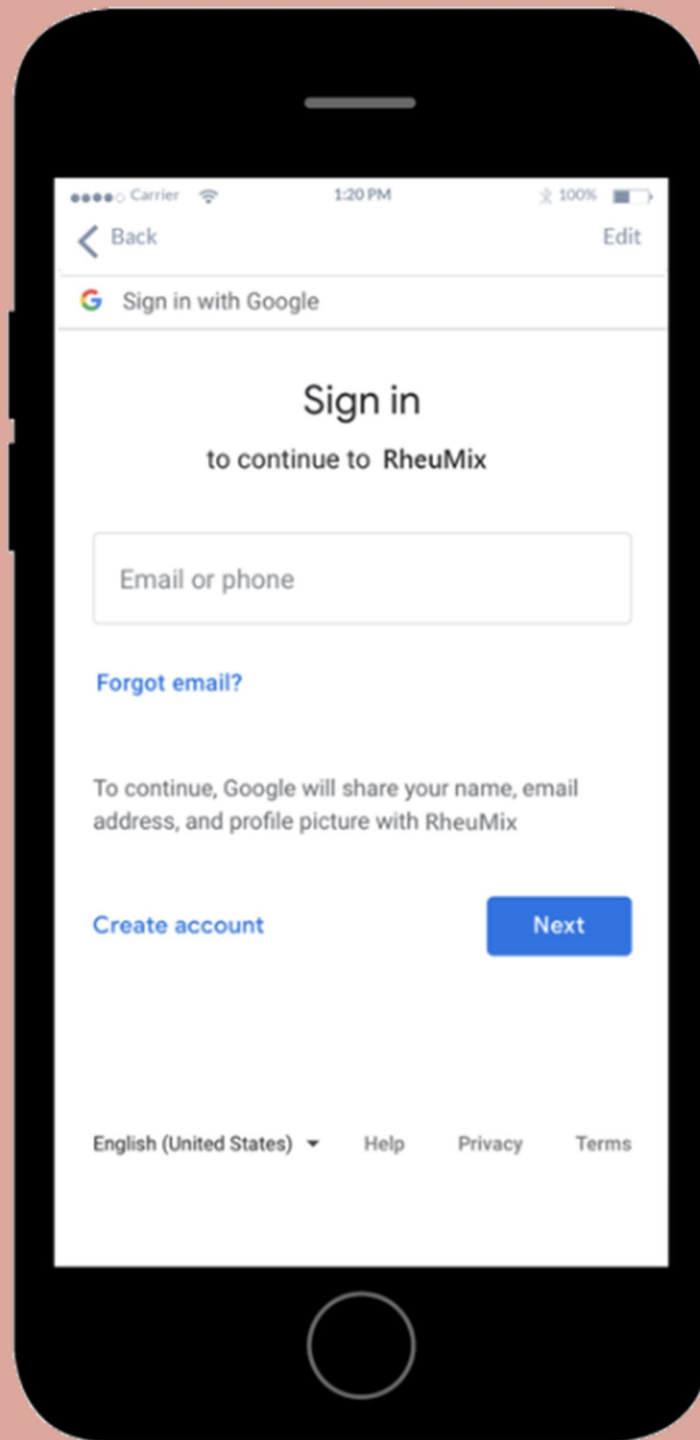
Sign In

Register



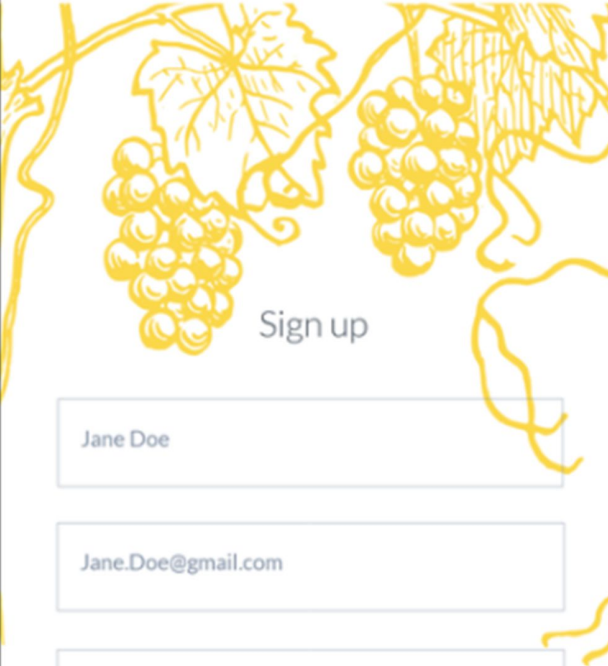








Carrier 1:20 PM 100%



Sign up

Jane Doe

Jane.Doe@gmail.com

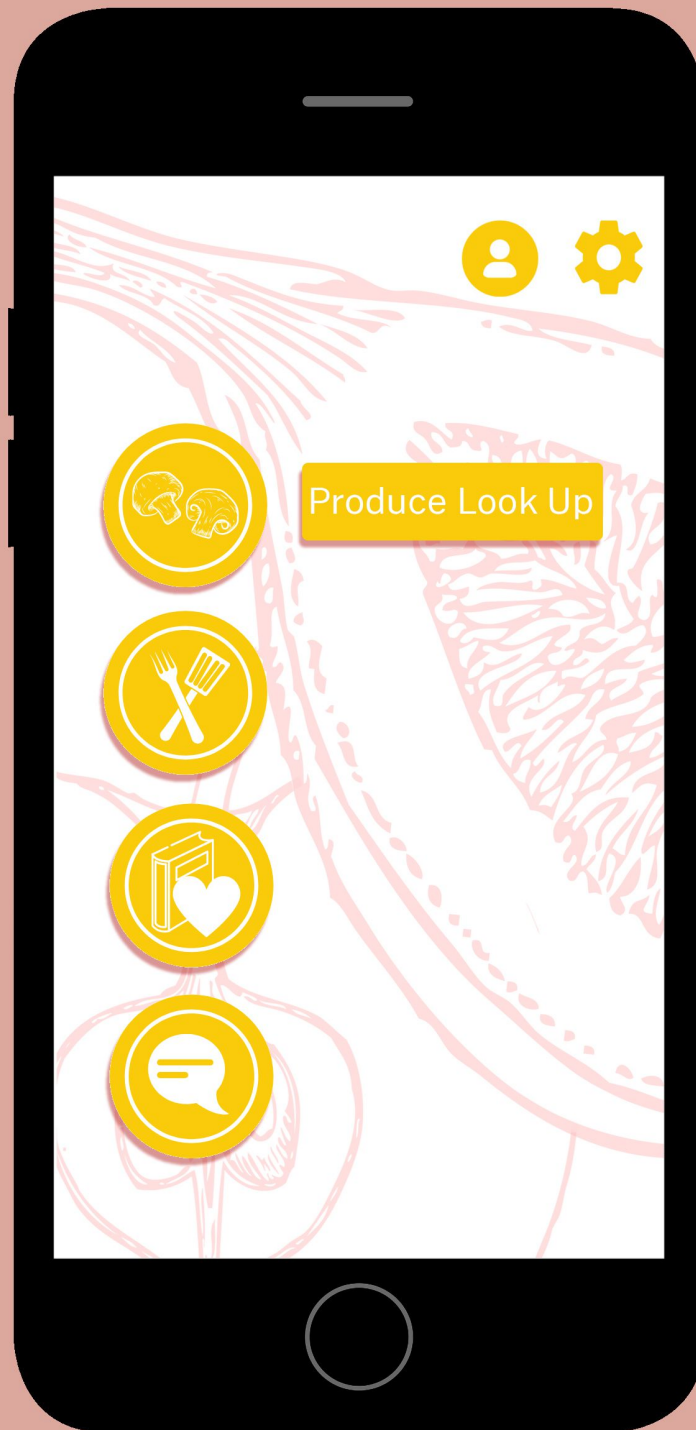
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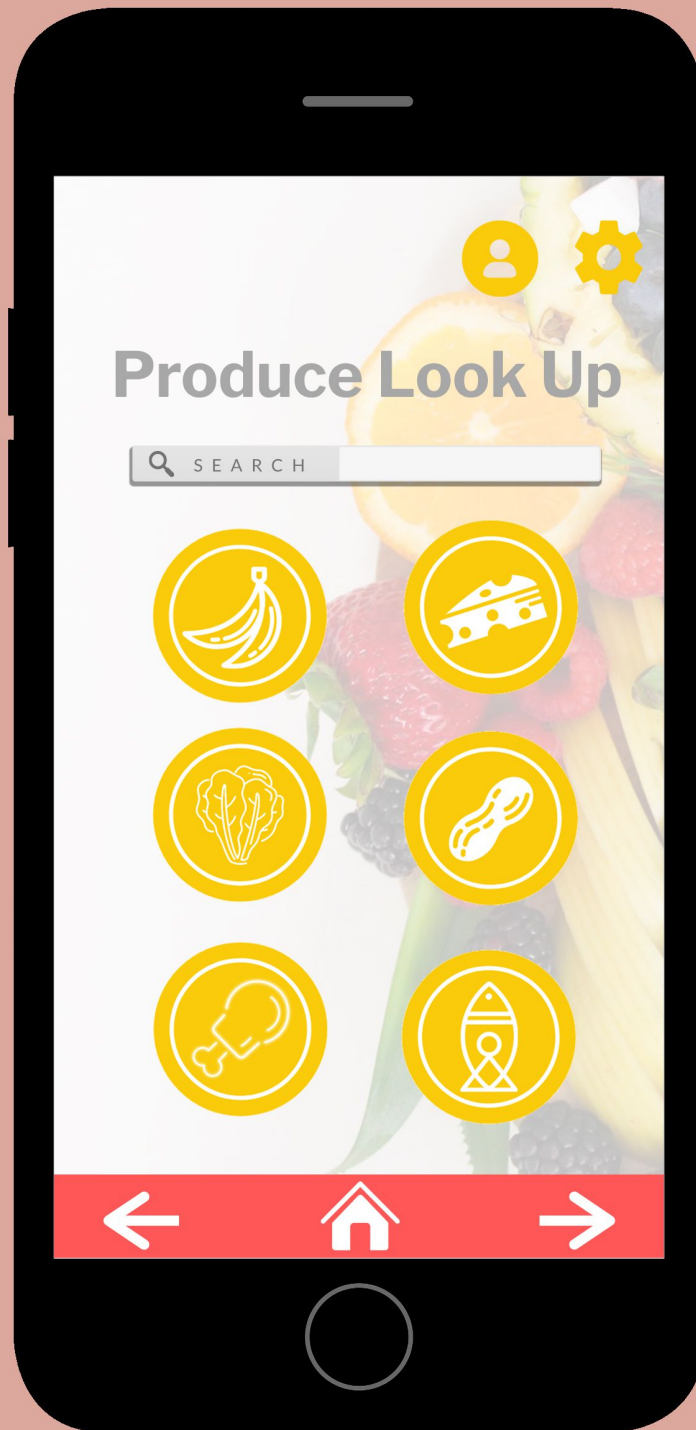
Create your account

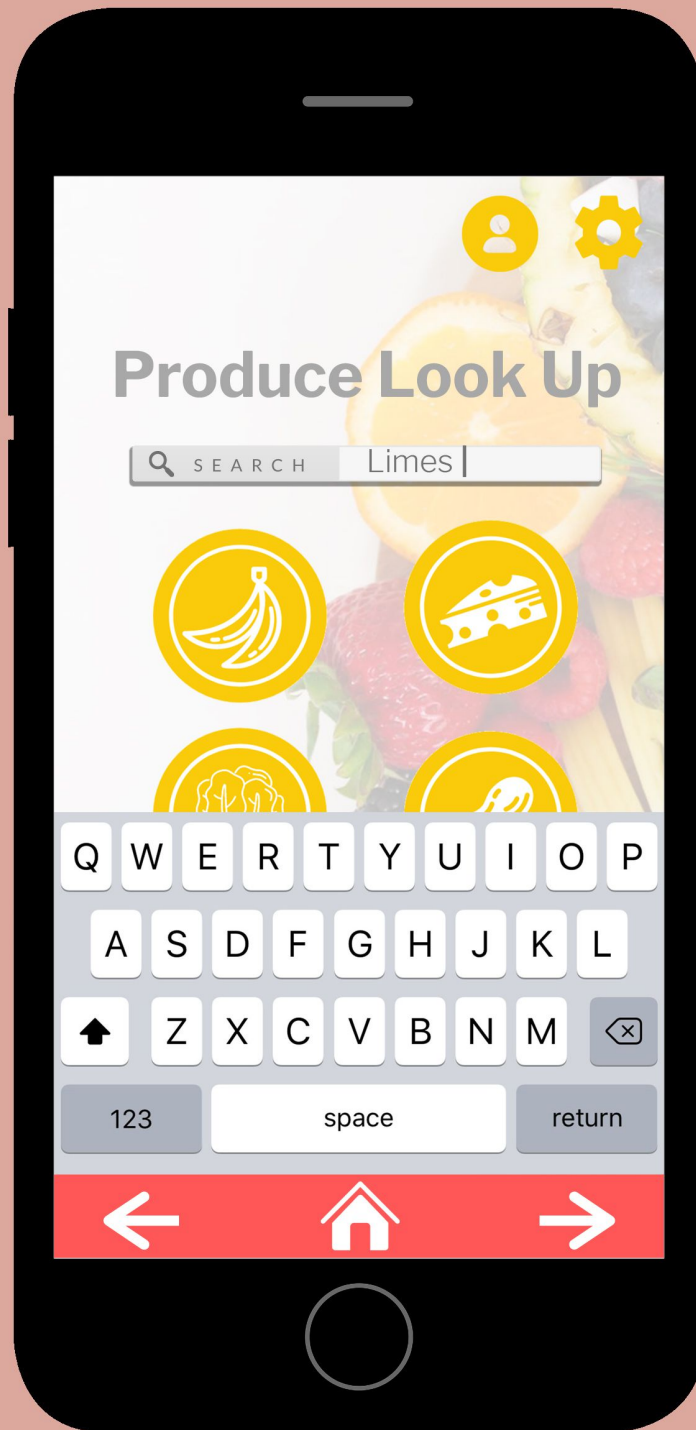
By creating an account, you agree to our [Terms](#)

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Produce Look Up

SEARCH Limes

Limes

Limes have anti-inflammatory properties. They provide a good source of vitamin C with other potential benefits.

Vitamin C acts as an anti-inflammatory agent in the body.





Produce Look Up

SEARCH Sugar

Sugar

Sugar stimulates the production of free fatty acids in the liver.

Digesting fatty acids it can trigger inflammatory processes.

Alternatives

Honey

