

## LUNCH TIME SPECIALS MENU

Available Tuesday – Friday  
12:00pm until 5:00pm

1 Course - £6.95 • 2 Course – £10.95  
• 3 Course - £14.95

## STARTERS

### BREADED CHICKEN GOUJONS

With dressed salad & sweet chilli jam

### PRAWNS & SMOKED SALMON PARCEL

Prawns in a Marie Rose sauce, encased in smoked salmon, set on a bed of mixed leaves salad & warm bread

### HUMMUS V

With flatbread & olive dressed salad

## DESSERTS

### HOMEMADE CRUMBLE

Traditionally served with custard; cream or ice-cream available (*ask for details*)

### CHOCOLATE BROWNIE

Served with vanilla ice-cream

### MALVA PUDDING

Traditional South African pudding (similar to sticky toffee), traditionally served with custard; cream or ice-cream available

### SHERRY TRIFLE

Sherry soaked sponge, topped with layers of raspberry compote, custard flavour mousse & cream, finished with toasted flaked almonds

### SELECTION OF ICE-CREAMS

Combination options: Vanilla, Strawberry or Chocolate

## MAINS

### HONEY ROASTED HAM

Served with chips, free range egg, peas & mustard mayo

### JERK CHICKEN BURGER

Spicy marinated chicken breast in a brioche bun topped, baby gem, tomato & red onion, served with sweet chilli jam, chips & dressed salad

### SPICED NUT ROAST BURGER WITH MOZZARELLA V

Homemade nut roast in a brioche bun topped with mozzarella, baby gem, tomato & red onion, served with sweet chilli jam, chips & dressed mixed leaves salad

### HOMEMADE BEER BATTER FISH & CHIPS

Served with chips, peas & tartar sauce  
(*Gluten free option available*)

### WHOLE TAIL SCAMPI

Cooked until golden, served with chips, dressed mixed leaves salad & tartar sauce

### HOMEMADE SHEPHERD'S PIE

Traditional shepherd's pie made with lamb mince & topped with potato & cheese, browned until golden, served with seasonal vegetables

### CIABATTAS

with a choice of fillings served with baby gem, tomatoes, red onion & dressed mixed leaves salad

Jerk chicken & sweet chilli jam

Honey roasted ham with mustard mayo

Prawns & smoked salmon with Marie Rose sauce

Cheese ploughman's with sweet pickle V

Classic blt with mayo

### JACKET POTATOES

with a choice of fillings, served with dressed salad

Honey roasted ham & cheese

Prawns with marie rose sauce

Cheese & beans

Mushroom & blue cheese

All dishes are offered subject to availability. (V) Dishes are suitable for vegetarians. (VG) Dishes are suitable for vegans. (GF) Dishes are gluten free. Whilst we take care to preserve the integrity of our products, we must advise that these products are handled in a multi-product kitchen environment. Meat, poultry and fish may contain bone/shell. If you suffer from an allergy, please make us aware as our dish descriptions may not list every ingredient. All ingredients are prepared in a kitchen where products containing nuts, seeds and other allergens are prepared. This means we are not able to fully guarantee that our food will not contain traces of a specific allergen. BBQ denotes flavour and not cooking method. Upon request, our staff will be able to give you further information on specific products and cooking methods so that you are able to make an informed decision as to whether a dish is likely to be suitable for you.