

# Anti-Bullying Policy



Bullying is not easy to define, can take many forms and is usually repeated over a length over a period of time. The three main types of bullying are: physical (eg hitting, kicking), verbal (eg racist or homophobic remarks, threats, name calling) and emotional (eg isolating an individual from activities). They will all include:

- Deliberate hostility and aggression towards the victim
- A victim who is weaker than the bully or bullies
- An outcome which is always painful & distressing for the victim

## **Bullying behaviour may also include:**

- Other forms of violence
- Sarcasm, spreading rumours, persistent teasing or theft
- Tormenting, ridiculing, humiliation
- Racial taunts, graffiti, gestures
- Unwanted physical contact or abusive or offensive comments of a sexual nature

## **Emotional and verbal bullying is difficult to cope with or prove. Petersfield Town Juniors FC undertakes to:**

- Take the problem seriously
- Investigate any incidents
- Talk to the bullies and victims separately

## **In the event of bullying being found, Petersfield Town Juniors FC will use appropriate courses of action, such as:**

- Obtain apology from the bully(ies) to the victim
- Inform parents of the bully(ies)
- Insist on the return of items "borrowed" or stolen
- Insist bullies compensate the victim
- Hold club or age group discussions about bullying
- Provide support for the coach of the victim.