

**PETERSFIELD TOWN JUNIORS FOOTBALL CLUB
&
AFC PETERSFIELD FOOTBALL CLUB
COVID-19 SPECIFIC - RISK ASSESSMENT**



Key Principles for delivery of coaching football sessions, competitive and friendly matches moving from the Government's roadmap from Step 1 to Step 1B and Step 2

- Clean frequently touched surfaces
- Wash hands frequently as part of clear hygiene regime
- Minimise contact
- Ensure good respiratory hygiene

Area of Consideration	Suggested practice	Preventative Actions	Responsibility
Equipment	Cones	Cones are sterilised before and after each coaching session. Only those delivering the session should handle cones	Team Official or Coach
	Footballs	All footballs are numbered for individual ball skill practice. Where possible, use separate footballs for passing/sharing activities Discourage handling of the ball as much as possible Sterilise footballs before and after use and in predetermined stops in a match e.g. end of quarters and half times	Team Official or Coach
	Training vests	Where possible, number training vests to encourage only one player to use that vest Pre-plan sessions as much as possible to avoid changing and sharing vests. Where possible ask players to wear specific colour tops Vests cleaned before and after each use	Team Official or Coach
	Goalkeeper Gloves	Players practicing or playing in goal wear their own gloves only. Gloves are not to be shared around with other players Gloves are sterilised in predetermined stops in a match e.g. end of a quarter and half times	Team Official or Coach. *Players
	All other equipment	Non-exhaustive list – corner flags, goals, line marker handles and anything that is used and shared within the club regularly, must be wiped down and sterilised after use	Team Official or Coach

Area of Consideration	Suggested practice	Preventative Actions	Responsibility
Protective measures and hygiene	Regular hand washing	Players and coaches wash hands or apply hand sanitiser immediately before and after each session or match to mitigate virus transmission	Team Official or Coach and *Players
	Coach hygiene	Have access to and antibacterial wipes and spray, hand sanitiser and non-latex gloves Frequently hand wash and wipe down equipment	Executive Committee
	Respiratory hygiene	Ensure tissues are available with 'catch it, bin it' approach taken	Executive Committee
	Organisational structure	Use FA Guidelines for best practice of coach to player ratios. Guidance as of 17/07/20 is 30 people maximum to a group including coaches.	Team Official or Coach
	Hydration	Players bring their own named drinks bottles which are kept away from session area or pitch and 1 metre apart from another players bottle	*Players, Team Official or Coach
	Track & Trace	QR codes available and on display at Love Lane pavilion, Taro playing fields and The Petersfield School. All players expected to be checked in for training and matches by their parent or carer. All club officials and parent or carer staying advised to check in as well. Those unable or unwilling to support Track & Trace should fill in the clubs google form instead (https://forms.gle/6vAQ5XhWmhP7EBRs9)	Club and Team Officials, Parents or Carer
	Self-Screening	If any child or club official shows symptoms of Covid-19 they must stay home and not attend any football. Anyone showing symptoms whilst at football must be discreetly moved to safe and secure zone to be collected and advised to call 111 If this occurs at football, the session or match must immediately stop and cancelled Everyone present must follow Public Health guidance on self-isolation. If in doubt call 111 for official guidance as this could depend on circumstances	Team Official or Coach *Players

Area of Consideration	Suggested practice	Preventative Actions	Responsibility
Facilities	Cleaning equipment	Anti-bacterial wipes, spray, non-latex gloves and non-contact thermometers are available for use and stored at Taro and Love Lane Playing Fields for use of managers and coaches only	Executive Committee
	Love Lane Pavilion	Can be opened but must be sterilised before and after use. Both access points opened 1) Main entrance to be used by team officials only for access to store room and kitchen 2) Toilet entrance to be used by those who need it Kitchen to be used by one team official per day to refill water bottles or gain access to key box, wiping down all surfaces immediately after use Last to leave premises is responsible for removing all rubbish, wiping down toilet seats, sinks and door handles plus any other high contact surface areas before locking up	Team Officials
	Love Lane Changing Rooms	Changing rooms will be opened where necessary, but should be for minimal use only, or for safety and safeguarding reasons as part of step two of the Government's roadmap. Toilets will be opened no earlier than 30 minutes prior to football activities beginning and no later than 30 minutes after football activities have finished	Team Officials
	The Petersfield School Winter Training	Toilets (if used) are a one in, one out policy Hand sanitising stations available Parents/Spectators remain behind the internal fence or external fence off of the astro-turf and must distance if spectating training or matches	Team Officials
	Penn's Place	Toilets are available through Petersfield Rugby Football Club's facilities. Home and away teams should follow their guidance on display for their use	Team Officials
	Taro Storage	If used – padlocks, keys, door handles and other high contact surface areas must wiped and sterilised before and after use	Team Officials
	Bins	Bins are lined with bags and wiped down and emptied each day in use People are encouraged to take their own litter home	Team Officials
	Signs and distancing	Hand washing signs displayed in toilets Distancing tape placed on floors One way system in place Access signs clearly displayed	Executive Committee

Area of Consideration	Suggested practice	Preventative Actions	Responsibility
Training Sessions and Matches	Outdoors	Teams training at same times should stay apart as much as possible making full use of available space	Team Official or Coach
	Public Zones	Stay away from areas that public could be using including skate park at Love Lane, playground at the Taro and all access areas	Team Official or Coach
	Weather	Players have appropriate sun protection for hot weather and suitable clothing for poor weather	Team Official *Players
	Suitable Activities	Use benefits and advantages of previous social distancing to maintain control and eliminate contact between players during breaks and stoppages Contact takes place only within the nature of the practice or match and where possible in practice control and minimise contact	Team Official or Coach
	Players	Refrain from spitting Refrain from chewing gum Refrain from group goal celebrations	*Players
	Opposing Teams	Informed by email prior to games of all Covid protocols Players - No handshakes before or after matches. Suggest captains only wish good games to each other Team Official makes opposition team official aware of any implementations in place with regard to Covid-19	Team Official or Coach
	Match Officials	Refrain from handshakes Make aware of any implementations in place with regard to Covid-19. Contactless payments where possible	Team Official or Coach
	Travelling Away	Players are transported by household members where possible Players arrive and leave in kit to prevent using changing facilities	Team Official or Coach
	Parents & Spectators	Parents/Carers are permitted at training and matches as spectators and for safeguarding purposes. It is accepted that football taking place on public spaces i.e. Love Lane and Penn's Place cannot prevent people from viewing and as per the Government recommendations of Step 1B and Step 2 (groups of up to 6 people or 2 households. Those in attendance must still: Observe from a safe distance and use clearly marked respects lines and distance as much as possible Do not interfere with matches or training sessions Refrain from shouting and calling out loud to stop the spread of particles Refrain from handling the ball Events that could attract large crowds are currently not allowed until Step 3	Team Official or Coach Respect Steward
Training and Match Fees	Cashless payments to made where possible. Use of FA 'MatchDay' app to help reduce amount of cash being collected	Team Officials	

Area of Consideration	Suggested practice	Preventative Actions	Responsibility
First Aid	Performing first aid	Designated first aider should be present at each training session and match. First aid kit has Personal Protective Equipment (PPE) of face masks and latex gloves must worn whilst performing any first aid Members of household can assist if present and appropriate, with team officials' permission	Designated First Aider
	Medical conditions	Designated first aider has list of any medical conditions a player within the team may have. This is kept in a secure place in accordance to GDPR	Designated First Aider
	Hospitals and Defibrillators	A list and knowledge of these facilities in the local area should be researched and kept on file	Designated First Aider
Safeguarding	Covid-19 Symptoms	If any child or club official shows symptoms of Covid-19 they must stay home and not attend any football. Anyone showing symptoms whilst at football must be discreetly moved to safe and secure zone to be collected and advised to call 111 If this occurs at football, the session or match must immediately stop and cancelled Everyone present must follow Public Health guidance on self-isolation. If in doubt call 111 for official guidance as this could depend on circumstances	Team Official or Coach *Players
	Health and Wellbeing	Players deliberately coughing at another player or person, continually and deliberately making unnecessary contact or other act at a training session or match which could place that person at undue risk is excluded from all football in association with the club for a minimum of 3 weeks Club officials need to be aware of effects on player during prolonged lockdown in terms of struggling with possible lack of physical fitness, how they are mentally and emotionally from being away from the game, may have suffered possible bereavement or witnessed of suffered abuse. Any cases must be referred back to Child Welfare Officer	Team Official or Coach Covid-19 Officer Child Welfare Officer
	Registers	A list of all players and club officials with full contact details must be kept in order to help Track and Trace if anyone contracts the virus Full contact details must be kept for 21 days	Team Official or Coach
	Communication	Team officials, parents and players are informed of their expectations by team officials via club executive committee	Executive Committee Team Official or Coach

***Players under the age of 18 years old may need be informed by parents or guardians of their responsibilities**

Developed with guidance from Government, Association for PE (AfPE) and The FA

Nigel Gardner – Petersfield Town Juniors Covid Officer

Date: 11th April 2021

Resources

www.gov.uk/coronavirus

<https://www.afpe.org.uk/physical-education/afpe-launch-new-support-document-covid-19-interpreting-the-government-guidance-in-a-pesspa-context/>

<http://www.thefa.com/about-football-association/covid-19>

APPENDIX 1

CODE OF BEHAVIOUR

Covid-19 is a highly infectious and dangerous disease. A resumption of contact play is only achievable if those involved create and maintain a controlled environment that minimises the threat of infection.

Risk in sport cannot be completely eradicated but with caution and care these risks can be reduced.

Each player will need to decide when to return to contact football, based on their own circumstances and the arrangements that have been put in place for a safe return. This is particularly the case for players from BAME communities or those with underlying health conditions.

All those returning to competitive grassroots football must adopt the following code of behaviour:

- **Be aware of your own personal health.** If you show any of the Covid-19 symptoms you must stay at home, inform NHS Test and Trace and seek medical advice.
- **Be responsible.** Read the guidance provided by The FA and by your club so that you are aware of the changes to the game and what is expected of you. This will include things like being prepared to wash your own kit, bringing your own labelled water bottle and being aware of changes to meet-up times.
- **Practise good hygiene.** Wash your hands regularly and before, during and after a game.
- **Where possible maintain social distancing.** This won't always be possible in a competitive match environment (for example when tackling an opponent) and that is acceptable. However, before, and after a game you should maintain social distancing.
- **Support NHS Test and Trace.** You're likely to be asked to provide your details so that in the event of a Covid-19 outbreak those potentially infected can be traced. This is to everyone's benefit so please co-

operate.

- **Do not spit.** Spitting and the rinsing out of mouths is now a recognised risk to health and must not be done. Avoid shouting or raising your voice if face to face with other players.
- **After the game.** Be aware that other users may be waiting to use the facilities. Changing rooms and showers are likely to be closed and any socialising must follow the **Government's guidance** on social distancing.