

Robert A. Walker & Associates COUNSELING and CONSULTING CENTER



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1/28/21

To Whom It May Concern:
Regarding; Rebecca Parker (D.O.B. 3/12/06)

My name is Katie Ferreira-Aubin, I am Becca's individual therapist. It has been brought to my attention David (dad) is taking Becca on a trip to Texas to visit his new home. My concern with this is not about the trip it is the quarantine she will have to follow when returning in order to return to school. She struggled with distance learning greatly and has been more successful with in person learning. My concern is that she will fall behind during her quarantine that requires distance learning. Another concern is the fact that Becca seems to be the go between for communication between dad and mom (Kim). Children should not be used as a communication tool in any circumstance this only creates more divide.

One more issue I would like to address is in the court document that states Becca has stated to me she would like to move to Texas with her dad. To clarify what Becca has stated to me in sessions is that she feels like she has to choose between her mom and dad. She doesn't want to choose. She has a plan of every month switching from Rhode Island to Texas. To me this is unrealistic financially and emotionally. Her plan does show that she wants it to be half and half with both parents. She does not want to pick, she states she just wants it figured out.

My recommendations are to try to schedule a trip that is possibly around February vacation to her having to do distance learning is limited, and to NOT communicate through Becca. This is unnecessary and hurtful to Becca's mental health. Becca already feels like she has to choose between both parents. If she has to communicate through them how are we to accurately depict if she is telling exactly what the other parent is saying or what she edits to not upset the parent she is supposed to tell. The two parents should communicate on their own.

Sincerely,

Katie Ferreira-Aubin C.A.G.S. LMHC