



SUCCEED... In Spite Of all perceived obstacles

INDIVIDUAL COACHING PACKAGES

ISO offers four individual coaching packages focused on different levels of engagement and support, all designed to empower you to live and lead with confidence and authenticity.

1. Excellence Starter Package

Description: Ideal for individuals who are focused on one core area (e.g., decision-making, self-discovery, emotional intelligence, strategic visioning). This package includes assessments and actionable strategies to drive productivity.

Features:

- **One Personality/Leadership Assessment with guided feedback** (e.g., DiSC®, Leadership Circle Profile™, etc.)
- **Three (3) Coaching Sessions** (60 minutes each – Virtual)
- **Email Support** (Response within 48 hours)

2. Excellence Driven Growth Package

Description: Ideal for individuals who are focused on 2-3 areas (e.g., leadership and executive presence, individual growth through self-exploration and self-discovery, accountability).

Features:

- **Six (6) Coaching Sessions** (60 minutes each over 3-4 months - Virtual and/or In-Person)
- **One Personality/Leadership Assessment with guided feedback** (e.g., DiSC®, Leadership Circle Profile™, etc.)
- **Action Planning for Personnel and Professional Development**
- **Unlimited Access to Group Coaching Sessions** (first session is free)
- **Email Support** (Response within 48 hours)

3. Excellence Empowered Executive Package

Description: Ideal for individuals who are seeking comprehensive focus across self-discovery, leadership, emotional intelligence, decision-making, etc....

Features:

- **Signature I AM ME: 100% Validated!® Workshop**
- **Personality & Leadership Assessments with guided feedback** (e.g., DiSC®, Leadership Circle Profile™, etc.)
- **12 Coaching Sessions + On Demand** (60 minutes each over 6-8 months)
- **Priority Email and Chat/Text Support** (response within 24 hours)
- **Unlimited Access to Group Coaching Sessions (first three sessions are free)**

4. Excellence Unleashed VIP Package

Description: Ideal for individuals who are seeking long-term coaching support across comprehensive focus areas such self-discovery, leadership, strategic planning, emotional intelligence, decision-making, etc....

Features:

- **Signature I AM ME: 100% Validated!® Workshop**
- **Personality & Leadership Assessments with guided feedback** (e.g., DiSC®, Leadership Circle Profile™, etc.)
- **24 Coaching Sessions + On Demand** (60 minutes each over 12-14 months)
- **Priority Email and Chat/Text Support** (response within 24 hours)
- **Unlimited Access to Group Coaching Sessions at no additional cost**

Add-Ons (Available for All Packages):

- **Facilitation** for organizational leadership planning events
- **I AM ME: 100% Validated!® Workshop** (Individuals & Groups)